“Come to me, all you who labor and are burdened, and I will give you rest.” Mt 11:28
Dear Brothers and Sisters In Christ,

Jesus exclaimed: “Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy, and my burden light.”

Jesus is presented in today’s Gospel as the friend that consoles the weary and the oppressed. This invitation to give and share our hearts to Christ implies a complete trust and dependence on God during any overpowering difficulties and discouragement we face from time to time.

Zechariah in the 1st reading proclaims, “See, your king shall come to you...His dominion shall be from sea to sea, and from the River to the ends of the earth.”

There is no doubt, the humility our Lord manifested in the Gospels is a vital teaching to our discernment and search for the signs of times that we witness in this troubled world. Not because we choose to ignore and suppress our hateful attitude toward others but to take our lamentations, prayers, and sacrifices to God who is Love and Merciful. The gift of freedom and courage that is often misunderstood and often abused need to be replaced. There is a self-destructive consequence that awaits in every economic and political decision we make that affects our global home. Pope Francis spoke of a wisdom that values Sacrifice, Generosity, and Sharing as replacement to “over” consumption, greed, and wasteful manners. This point of view is shared by everyone all over our planet not just from the religious but likewise by our scientists, theologians, and philosophers. (Laudato Si)

There is a great capacity for goodness in each one of us. I am aware of a number of young people out there ready to make a difference, not just watching the injustice, but eager to correct the wrong that we as ecological citizens of this planet have been absorbing for too long. They have the ideals, the heart. Let us help them feed their souls with the Truth, Hope, and inner Peace that only Jesus Christ can give.

And if they get tired, let us carry and accompany them to Christ, “Come to me all you who are weary...and I will give you rest.”

Fr. David Vivero

Queridos Hermanos y Hermanas en Cristo,

Jesús exclamó: “Carguen con mi yugo y aprendan de mí, que soy paciente y humilde de corazón, y sus almas encontrarán descanso. Pues mi yugo es suave y mi carga liviana”.

Jesús es presentado en el Evangelio de hoy como el amigo que consuela a los que están cansados y oprimidos.

Esta invitación a dar y compartir nuestros corazones con Cristo insinúa una confianza y dependencia completa en Dios durante cualquier dificultad abrumadora o desaliento que podemos enfrentar de vez en cuando.

En la primera lectura, Zacarías proclama, “Pues tu rey viene hacia ti... Extenderá su dominio de un mar al otro mar, y desde el Río hasta el fin del mundo”.

No hay duda: la humildad de nuestro Señor manifestada en los Evangelios es una enseñanza esencial para nuestros discernimientos y nuestra búsqueda entre las señales de los tiempos que vemos en un mundo conflictivo. No porque elegimos ignorar y suprimir nuestra actitud odiosa hacia el próximo, sino porque llevamos nuestros lamentos, oraciones y sacrificios a Dios, quien es Amor y Misericordia. El don de libertad y valentía que frecuentemente es malinterpretado debe ser reemplazado. Existen consecuencias auto destructivas que nos esperan en cada decisión económica y política que afecta a nuestra casa global.

El Papa Francisco habló de una sabiduría que valora el Sacrificio, la Generosidad, y el Compartir como reemplazo a el “sobre” consumo, la avaricia, y los modos despilfarrosos. Este punto de vista se comparte entre todos alrededor de nuestro planeta, no solo los religiosos, sino también los científicos, teólogos, y filósofos. (Laudato Si)

Existe una gran capacidad para el bien en cada uno de nosotros. Estoy al tanto de algunos jóvenes que están andando por el mundo, listos para tener una influencia positiva, no solamente viendo la injusticia, sino ansiosos por corregir el mal que nosotros, como ciudadanos ecológicos de este planeta, hemos estado absorbiendo por demasiado tiempo. Ellos poseen los ideales, el corazón. Ayudémonos a alimentar a sus almas con la Verdad, Esperanza, y Paz interna que sólo Jesús puede dar.

Y si se cansan, los cargaremos y acompañaremos a Cristo, “Vengan a mí los que van cansados, llevando pesadas cargas, y yo los aliviaré”.

P. David Vivero
**Gospel Meditation**

**For Your Day**

“We are all familiar with the refrain, “You have put on Christ. In him you have been baptized. Alleluia, alleluia!” In Baptism, we “put on” Christ. In putting on Christ, we put on all that Christ is and represents: hope, faith, and love. We are no longer bound to the sins and failures of the flesh, that part of us that resists God and relies exclusively on human means. It also means that we are not in debt to our past, complete with its sins, failures, regrets, fears, and unfulfilled dreams. There is always hope. In putting on Christ, we put on God’s vision for the world, for all of His children and for us. We have been given a road map to guide our paths and a blueprint to follow for our life’s journey.

There is no need for regret, and we are not tethered to our past. Is there anything in your past that you regret? Any decision or memory that continues to haunt you? We have all made mistakes, and we have this uncanny ability to continue beating ourselves up over things we can no longer do anything about, except learn from them. To put on Christ means that I can now bring God’s unconditional love to my hurtful memories and sinful choices. With each new moment and every new choice, I can start clean and live in freedom.

Imagine adults when the disciples were preaching and baptizing. They came to baptism not really knowing who they were, with pasts that were broken, seeking to live the joy of the Gospel they heard spoken to them and wanting the love they saw witnessed in the lives of those who believed. What tremendous celebrations their baptisms must have been! They could now have the support of a community, full participation in the sacraments of the church, focus for their disordered lives, consolation, healing, and an understanding of what life is really all about.

Our lives are meant to be celebrations of the Spirit we have received in Baptism. How does that joy get expressed in and through you? When we truly understand that we have put on Christ, our burdens can become much lighter. It is odd that so many Christians look like they are carrying the weight of the world on their shoulders. Wouldn’t it be wonderful if those weights could be lifted and joy experienced! ©LPi

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**We Serve...**

**Help Us! SVdP Food Drop Coming!**

Drive by, say Hi to us and leave food donations during our SVDP Food Drop!

Our Vincentian volunteers will be masked and gloved while accepting your donations in the parking lot of All Souls’ Historic Chapel during the following dates and times:

**Saturday, July 18** from 11 am until 1 pm

**and ...**

**Sunday, July 19** from 11 am until 1 pm

Here’s what we’re most in need of:

- Dish Soap
- Laundry Soap
- Hamburger Helper
- Jelly
- Peanut Butter
- Toothbrushes
- Toothpaste

Thank you in advance for your generosity. We look forward to seeing you on Saturday, July 18 or Sunday, July 19 when you drop by for SVDP’s Food Drop!

_Society of St. Vincent de Paul_
4 EASY STEPS TO KEEPING YOURSELF & OTHERS HEALTHY!

All of us need to be extra careful during the Coronavirus outbreak. Here are some simple ways to keep sickness away.

WASH YOUR HANDS
Wash your hands for at least 20 seconds using soap and water. If you can’t wash your hands, use hand sanitizer frequently.

DON’T TOUCH YOUR FACE
Especially around the eyes, nose and mouth. If you must sneeze, use a tissue or your arm.

WEAR A FACE MASK Indoors
Protect yourself and others from the spread of Covid-19 by using a face mask, especially indoors.

KEEP YOUR DISTANCE
Practice social distancing during this epidemic and stay 6 ft apart. Follow the latest guidelines for helping yourself and others stay safe.

Stay Connected While You’re Away.

Now more than ever, it’s important to stay connected within your community. You might not be able to visit our church, but you can still stay in touch; just go to www.parishesonline.com to sign up to receive your church bulletin delivered straight to your inbox. Just search for our church’s name and click Subscribe.
SUNDAY, JULY 5
8:00 AM Sunday Mass..................Church
10:00 AM Sunday Mass (also online).........Church
12:00 PM La Misa (tambien en linea)........Iglesia

MONDAY, JULY 6
8:30 AM Mass (also online)..................Church

TUESDAY, JULY 7
8:30 AM Mass (also online)..................Church

WEDNESDAY, JULY 8
8:30 AM Mass (also online)..................Church

THURSDAY, JULY 9
8:30 AM Mass (also online)..................Church

FRIDAY, JULY 10
8:30 AM Mass (also online)..................Church
12:00 PM Parish Office Closed...........Office

SATURDAY, JULY 11
8:30 AM Mass (also online)..................Church
1:30 PM Confessions (until 2:30pm).........Church
4:00 PM Mass (Eng)..........................Church
6:00 PM Mass (Eng)..........................Church

SUNDAY, JULY 5
8:00 AM Sunday Mass..................Church
10:00 AM Sunday Mass (also online)........Church
12:00 PM La Misa (tambien en linea).....Iglesia

The Parish Office will be closed Friday, July 3rd, in observance of the 4th of July Holiday.
Happy Independence Day to All!

Have a Safe and Happy July 4th!

Seminole County Requires Masks

Wear Your Mask To Church, as of 7/1/20

Seminole County officials have enacted a mask mandate that requires people to wear masks while in public to slow the spread of the coronavirus.

The order says people working, living, visiting or doing business in Seminole County will be required to wear a face covering consistent with CDC guidelines while at all businesses, places of assembly and other places open to the public.

When in a place of assembly, business or other places open to the public in Seminole County, individuals are required to maintain social distancing. Members of the same household do not have to keep six (6) feet of distance between one another.

If social distancing can be accomplished by maintaining at least six (6) feet distance between individuals at an outdoor business, place of assembly, or public place in Seminole County, a mask is not required. If individuals of different households are within six (6) feet of each other, masks must be worn.

Seminole County Medical Director Dr. Todd Husty said while cases are on the rise, the hospitals are not overwhelmed and they want to make sure it stays that way by taking action.

Exemptions

Persons under the age of 2 years; • Persons for whom a Face Covering would cause impairment due to an existing health condition or disability; • Persons working in a business or profession who are not interacting with the public and who are able to maintain social distancing from co-workers; • Persons working in, or patrons of, a business or profession where use of a Face Covering would prevent them from performing the duties or receiving the services of the business or profession; • Persons exercising, while maintaining social distancing; • Persons eating or drinking; • Public safety, fire, and other life safety and health care personnel, as their personal protective equipment requirements will be governed by their respective agencies; and • Persons communicating with someone who is hearing-impaired and must see the mouth of someone wearing a Face Covering in order to communicate.

This holiday gives us time to thank God for the birth of our nation, and give thanks for the gift of life and petition God to preserve our country and rid it of its evils. As we celebrate let us remember to pray that God will strengthen and bless America and make our nation a haven of liberty and justice for all — born and unborn.
Vincentian Reflections

“In today’s Gospel we hear Jesus say: “Come to me, all you who labor and are burdened, and I will give you rest.” Your gift to the Society of St. Vincent de Paul brings peace to those who are overwhelmed with life’s burdens.”

We Give Together
Food Pantry Roundup
We’re grateful for 61 food donations with a retail value of $169. Thank you!

What We’re Most In Need Of
Small Laundry Soap, Small Dish Soap, Canned Pasta, Spam, Canned Mixed Vegetables.

How Can We Help You?
Please call us at 407-330-4400. Confidentiality assured.

How You Help Us:
Thanks to your generosity, we helped Ken and Valerie stay in their home. The parents of two young children are also caregivers to their parents, who live with them. Ken and Valerie have jobs but got behind on bills when the pandemic hit and they were furloughed. We kept them in their home and now both are working again. Please pray for this family that they remain safe and healthy.

Are you able to help us as we help others? Tax-deductible donations may be placed in the St. Vincent de Paul envelope or through online giving or may be mailed to:

Tax-deductible donations can be mailed to:
SVdP, All Souls Catholic Church
301 W 8th Street, Sanford, FL 32771

Coming SVdP Food Drop Weekend
Please bring non-perishables and toiletries to our first SVdP Food Drop on Saturday, July 18 and Sunday, July 19 from 11 AM – 1 PM in the parking lot of the Historic Chapel located on the corner of Myrtle Avenue & 9th Street in Sanford.

News From SVdP Orlando
Your donations of clothing, household items, furniture, and appliances (WE PICK UP LARGE ITEMS FOR FREE) allow St. Vincent de Paul Orlando to regularly provide items to people in need through our Voucher Program. Donate today! Call our Donation Hotline at 888.986.4483 or schedule via svdporlando.org

Stewardship Opportunities

Parish Office Volunteers
Are you a student, retired, or looking to dust off your job skills? Want to do a little work around the office? All Souls is looking for volunteers to help with the phones, greeting parishioners, and general office duties. Administrative skills and bi-lingual proficiency are helpful, but not required. Our staff is warm and our hearts are welcoming.

Call Us Today! 407-322-3795

Share Your Talents
All Souls is in immediate need of volunteers to help us in our Communications mission. If you have a background in any of the fields listed below, please send us your information: bulletin@allsoulsorlando.org
- Writing and/or Editing
- Graphic Design
- Market Research/Data Analysis
- Photography
- Promotions/Events
- Social Media Management
- Audio / Video Production
- Web Design/Production

This is a great opportunity to work with a highly motivated, fun, and focused team of faithful Christians, in bringing Christ to others. Write us Today!

School Athletic Director
All Souls School is looking for an Athletic Director for Grades K-4.

Duties include:
- Organizing teams in various grades and sports.
- Working with the registrar of CYS (Catholic Youth Sports) on registrations and student payments.
- Representing All Souls at games during the sports season.
- Must find coaches for the seasonal sports.

Requirements:
- Fingerprinting and background check must be completed.

For more information please contact the school office 407-322-7090

Voluntarios Para la Oficina Parroquial
¿Eres un estudiante, retirado o buscas revivir tus habilidades laborales? ¿Quieres brindar una mano en la oficina de la parroquia? All Souls está buscando voluntarios para ayudar con los teléfonos, saludar a los feligreses y realizar las tareas generales de la oficina. Se prefieren personas con habilidades administrativas y competencia bilingüe. ¡Llámanos hoy al 407-322-3795!
All Souls Catholic School
Happy Summer From All Souls Catholic School!

As we find ourselves in this unique time in history, specifically with the uprising of COVID cases locally, I looked back to find a bookmark once given to me. I want to share the information from this bookmark with you as it tells us where to look when certain feelings overwhelm us. We know that as children of God, we are not alone and we need not be afraid, but the very words of God are soothing to hear and an excellent reminder of how much we are loved and cared for; especially now.

**In sorrow**  
John 14: 1 - 14

**In worry**  
Matthew 6: 19-34

**In danger**  
Psalm 91

**Feeling alone**  
Psalm 139

**Discouraged**  
Isaiah 40

**Doubtful**  
1 Peter 5:6-7

**Lonely or Afraid**  
Psalm 23

**Down and out**  
Romans 8:31-39

Let us as a community of faith, lift one another up to our Lord for protection, compassion and healing. Blessings to you from all of us at All Souls Catholic School.

All Souls Catholic School
United States Department of Education National Blue Ribbon School of Excellence in Catholic Education.

If you are interested in a Catholic school education for your student, we would love to introduce you to our campus! Please contact our school office and schedule a tour today.

Barbara Schirard  |  Principal  
Mary Moran  |  Asst. Principal  
810 S. Oak Ave., Sanford, FL 32771  
**Phone:** 407.322.7090  
**Fax:** 407.321.7255  
**Website:**  
www.allsoulscatholicschool.org

Are you looking for technology friendly **FREE VPK** for your child? All Souls Catholic School is currently enrolling new students! With a score of 100% on the “readiness Rate” in Seminole County, our VPK students are Kindergarten ready! Call us and come tour our campus.  
**Phone:** 407.322.3795
And The Bible Says...

Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy, and my burden light. - Mt 11:27-30


FAITH FORMATION 2019/2020

All Souls Catholic Church would like to extend God’s blessing to the following children who celebrated First Eucharist on Sunday, June 28th, 2020. Jhaycob Rojas Alverado, Nathaly Alvarado, Tyler Eric Brown, Leytyn Faith Falk, Joshua Brian Herbon, Aelyn Marie Kibling, Sophie Rose Kupier, Celeste Maldonado Santiago, Kinsey Kambel Mantuano, Kennedy Kate Mantuano, and Sofia Marie Petrie, Sophia Alexandria Renee Smith. May you always know the peace of Jesus, the light of his love, and the joy of his life within you.

FIRST EUCHARIST PREPARATION

Parents of those children who will be celebrating on July 26th (or at a later time), please continue to practice with your child the proper way to receive Communion (in the hand). While there is a dispensation for physically attending Mass, families are encouraged to at least celebrate Mass virtually on a regular basis. The virtual Mass is the most opportune time to teach children about what is taking place as it can be explained without disruption.

(Continued on next page)
Our Faith Community
(Continued from previous page)

FORMACIÓN DE LA FE 2019/2020
La Iglesia Católica All Souls quisiera extender la bendición de Dios a los siguientes niños, quienes celebraron su Primera Eucaristía el domingo, 28 de junio del 2020: Jhaycob Rojas Alverado, Nathaly Alvarado, Tyler Eric Brown, Leytyn Faith Falk, Joshua Brian Herbon, Aelyn Marie Kibling, Sophihe Rose Kupier, Celeste Maldonado Santíago, Kinsey Kambel Mantuano, Kennedy Kate Mantuano, Sofia Marie Petrie, and Sophia Alexandria Renee Smith. Que siempre conozcan la paz de Jesús, la luz de su amor, and la alegría de su vida dentro de cada uno de ustedes.

PREPARACIÓN PARA LA PRIMERA EUCHARISTÍA
A los padres de niños que celebrarán su Primera Eucaristía el 26 de julio (o después de esa fecha), por favor continúen practicando con sus hijos la manera adecuada de recibir la Comunión (en la mano). Aunque existe una exención de asistir a la misa física en este momento, se aconseja a las familias que regularmente festejen la misa en forma virtual. La misa virtual es el momento más oportuno para enseñar a los niños lo que está ocurriendo, ya que puede explicarse sin interrupción.

A Message From CCW
Dear Ladies of CCW and all Ladies of the Parish. Peace. Happy Independence Day. The CCW Board is anxiously awaiting the day we can get back to meetings and events. Please stay safe, abide by the CDC rules. God is with us, always.
Eleanor Tolley. President etolley16@gmail.com

Harvest Festival Craft Booth
Donate Your One-Of-A-Kind Crafts or Gently Used Items!
Spending your time cleaning out your house/garage? Maybe we can use your never used or gently used items for the Harvest Festival Basket Raffle Booth. Maybe you are cleaning out your craft area? We can use that for the Craft Booth.

During the current Covid-19 situation, when many families find themselves at home, it might be a good time to go through those closets you’ve been meaning to clean out, or to work with the kids on crafts. Please save some of those gently used or new items you may decide to dispose of, or some of those crafts you may create, for the Basket Raffle or Craft Booth. It’s a great way to be doubly productive while at home, and give yourself a boost!
If you are interested in making donations, Contact Sue Mohr 407-415-1918 or Email us at stc32771@hotmail.com.

Peter’s Pence Collection
The purpose of the Peter’s Pence Collection is to provide the Holy Father with the financial means to respond to those who are suffering as a result of war, oppression, natural disaster, and disease. The proceeds benefit our brothers and sisters on the margins of society. Please be generous. For more information, visit www.usccb.org/peters-pence.

Peter’s Pence Collection oversees the promotion of the Peter’s Pence Collection which will be taken up at all of our Masses on June 28-29th.
Mass Readings & Prayer Intentions

### June-July

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<tr>
<th>4 Sat</th>
<th>5 Sun</th>
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<tr>
<td>Am 9:11-15/Ps 85:9ab and 10, 11-12, 13-14 [cf. 9b]/Mt 9:14-17</td>
<td>Zec 9:9-10/Ps 145:1-2, 8-9, 10-11, 13-14 [cf. 1]/Rom 8:9, 11-13/Mt 11:25-30</td>
<td>Hos 2:16, 17b-18, 21-22/Ps 145:2-3, 4-5, 6-7, 8-9 [8a]/Mt 9:18-26</td>
<td>Hos 8:4-7, 11-13/Ps 115:3-4, 5-6, 7ab-8, 9-10 [9a]/Mt 9:32-38</td>
<td>Hos 10:1-3, 7-8, 12/Ps 105:2-3, 4-5, 6-7 [4b]/Mt 10:1-7</td>
<td>Hos 11:1-4, 8-9/Ps 80:2ac and 3b, 15-16 [4b]/Mt 10:7-15</td>
<td>Hos 14:2-10/Ps 51:3-4, 8-9, 12-13, 14 and 17 [17b]/Mt 10:16-23</td>
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#### Observations

**Independence Day; St. Elizabeth of Portugal**

St. Maria Goretti, Virgin and Martyr

Blessed Emmanuel Ruiz and Companions

St. Gregory Grassi and Companions

St. Augustine Zhao Rong, Priest, and Companions, Martyrs

St. Veronica Giuliani

#### Prayer Intentions

**4 Saturday**

- 8:30am - Chapel
  - Alfredo Bolutano
  - Requested By: Bolutano Family
- 4:00pm - Church
  - Adia Tanin
  - Requested By: Louis Visconti
- 6:00pm - Church
  - Fr. Edmund Szpieg
  - Requested By: Ann & Tim Reilly

**5 Sunday**

- 8:00am - Chapel
  - Mary Ross
  - Requested By: Smith Family
- 10:00am - Church
  - Ramon Goris
  - Requested By: Ancora Family
- 12:00pm - Church
  - Nydia Navazio
  - Requested By: Dulce Maria
- 2:00pm - Chapel
  - Parish Intentions

**6 Monday**

- 8:30am - Chapel
  - Jacob George D’Souza
  - Requested By: Ronald D’Souza

**7 Tuesday**

- 8:30am - Chapel
  - Catherine Baumann
  - Requested By: Palente Family

**8 Wednesday**

- 8:30am - Chapel
  - James Edman
  - Requested By: Valente Family

**9 Thursday**

- 8:30am - Chapel
  - Bienvenida De Trillo
  - Requested By: Minerva Wiegold

**Masses Available in 2020**

We have Masses in 2020 available for reservation (Sunday & Weekday) for a loved one, living or deceased. Please call the Parish office to reserve a Mass for your intentions. Ph: (407)322-3795

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**This Week’s Catholic Resources**

Reliable sources to help you learn more and grow your faith.

**MAGNIFICAT**
Free access to “Magnificat” in English [www.magnificat.com/free](http://www.magnificat.com/free)
Free access to “Magnificat” in Spanish [www.magnificat.com/gratis](http://www.magnificat.com/gratis)

**GIVE US THIS DAY**
Free Access to “Give Us This Day”: [https://giveusthisday.org/Digital](https://giveusthisday.org/Digital)

**LITURGY OF THE HOURS**
Liturgy of the Hours is available through the Divine Office [https://divineoffice.org/](https://divineoffice.org/)

**USCCB RESOURCES FOR CATHOLICS DURING COVID-19**
Prayer resources, catechetical material, reflections, etc. [http://www.usccb.org/about/communications/usccb-president-reflection-and-prayer-during-coronavirus.cfm](http://www.usccb.org/about/communications/usccb-president-reflection-and-prayer-during-coronavirus.cfm)

**PEACE IN PANDEMIC**
A free virtual retreat to explore some themes that arise in times such as these. We are all part of the Mystical Body of Christ. [https://rise.articulate.com/share/AB0bXIDID7a3nlWMW6NaB1FC_ogW61ErO#](https://rise.articulate.com/share/AB0bXIDID7a3nlWMW6NaB1FC_ogW61ErO#)

**CATHOLIC ANSWERS**
Search the world’s largest database of answers about the beliefs and practices of the Catholic faith. Learn more about Catholicism through articles, books, videos and more. [https://www.catholic.com/](https://www.catholic.com/)

**THE REAL PRESENCE ASSOCIATION - SAINTS BIOGRAPHIES**
Read about Saints and gain an understanding of how they dealt with the challenges of their times and in their lives. [http://www.therealpresence.org/archives/Saints.htm](http://www.therealpresence.org/archives/Saints.htm)

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**SIGN UP FOR FLOCKNOTE!**
Get Parish and Coronavirus Updates, School News, and Critical Information

Sign up for Flocknote and get immediate access to the latest news and information. Flocknote is your email and texting direct connection to All Souls Parish. Two ways to sign up:

1) From your mobile phone, text 84576, then in the text box enter ALLSOULS and send.
2) Go to website [https://txallsouls.flocknote.com](https://txallsouls.flocknote.com).

Enter your name, phone and email address in the simple online screen, and you’re done! You’ll instantly be able to receive updates from All Souls groups you’re interested in; Unsubscribe anytime; Your info stays private. No spam, we promise.

Sign up TODAY! and stay on top of rapidly changing events and information - delivered to your email.