

BULLETIN



April 26, 2020 ~ Third Sunday of Easter

The Parish of St. Charles Borromeo, Resurrection and All Saints

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ANNOUNCEMENTS

1. The Bulletin for this week is found on the Parish website: sbrchurch.org. There is a lovely obituary of Laura Hayden included with this week's bulletin.
2. There was a funeral service for Monique Mandazou of our Parish held at Benta's Funeral Home on Friday, April 24th. Acknowledgements may be made to Monique's children Hannah and Patrick through St. Charles Borromeo.
3. On Monday, April 27th, there will be a private burial for Fr. Lawrence Lucas at St. Raymond Cemetery. Acknowledgements to Fr. Larry's Sister can be made through St. Charles Borromeo Church.
4. On Friday, May 1st, The Bishops of the United States will rededicate our country to the care of Mary, the Mother of the Church, on Facebook at the United States Conference of Catholic Bishops page and probably on EWTN at 3pm EDT.
5. This Sunday our Parish introduces a video homily in Spanish on our website for the 3rd Sunday of Easter, offered by Fr. Mario Serrano, SJ. Please share this information with our Spanish speaking parishioners.
6. There will be a Prayer Service at 1pm EDT on Zoom. The ID is 834 8889 8246 the Password: 355608. If you call by phone the number is 646-558-8656.



RELIGIOUS EDUCATION CORNER, by Mark George, Pastoral Associate

Religious Education information in English

Below are some suggestions of activities that can help you feel the joy of Easter:

Praying together as a family: The familiar, timeworn saying is true: *families who pray together stay together*. That is because shared experiences of prayer quickly become opportunities to express mutual love, forgiveness, and compassion. It is hard to hold on to grudges and cherish resentments when we are on our knees together before the Lord. Prayer not only improves your relationship with God, but it also strengthens the relationship with each other. It is a time when the family can pray for those who are affected by COVID-19, medical personnel who are risking their lives to save others, and for the cessation of the disease. It is a time when the family can pray the Rosary together. Since we are unable to attend Church, we can participate via the media in the Eucharistic celebration.

Cook a meal together: Get the whole family in the kitchen and create a perfect Easter meal. All, knowing you all made it together, will enjoy it.

COVIC-19 Education: Talk to your child/children about the COVIC-19 outbreak, prevention tips and the signs and symptoms of the disease.

Try to keep up with regular routines: Create a flexible schedule and routine for learning at home. Have consistent bedtime for the children and get up at the same time. Structure the day to include time for learning, chores and recreation.

Have physical activities together as a family: Research has shown that exercise is likely to reduce depression, anxiety and stress. Family members need to be involved in an exercise regime such as dancing, walking or working in the garden.

Create the space for family members to talk about their worries: Family members all need to blow off steam when they are cooped up inside. Listening to relaxing music, drawing and reading can be helpful in coping.

Write in a diary: Encourage the children to write down their thoughts. This is a good way to pass the time.

“Face time” with family members: Face Time is another meaningful way to connect with family and friends while practicing “social distancing.” Use it to check in on family members and to socialize, even if over the phone.

Carve out space for each family member: During this time of us spending more time at home, it can leave many on edge. This lack of personal space can cause family conflict especially between siblings. Give family members space when emotions are running high.

BE SAFE



Religious Education information in Spanish

A continuación hay algunas sugerencias de actividades que pueden ayudarlo a sentir la alegría de la Pascua:

Orar juntos en familia: El dicho familiar y antiguo es cierto: las familias que rezan unidas permanecen unidas. Esto se debe a que las experiencias compartidas de oración se convierten rápidamente en oportunidades para expresar amor mutuo, perdón y compasión. Es difícil guardar rencores y abrigar resentimientos cuando estamos de rodillas juntos ante el Señor. La oración no solo mejora su relación con Dios, sino que también fortalece la relación entre cada uno de nosotros. Es un tiempo en que la familia puede rezar por los afectados por COVID-19, el personal médico que está arriesgando sus vidas para salvar a otros, y por el cese de la enfermedad. Es un momento en que la familia puede rezar el Rosario juntos. Como no podemos asistir a la Iglesia, podemos participar a través de los medios de comunicación en la celebración Eucarística.

Cocine una comida juntos: Reúnan a toda la familia en la cocina y cree una comida de Pascua perfecta. Todos, sabiendo que lo hicieron juntos, lo disfrutarán más.

Educación de COVID-19: Hable con su hijo sobre el brote de COVID-19, consejos de prevención y los signos y síntomas de la enfermedad.

Trate de mantenerse al día con las rutinas regulares: Cree un horario flexible y una rutina para aprender en casa. Tenga una hora de dormir constante para los niños y levántese a la misma hora. Estructure el día para incluir tiempo de aprendizaje, tareas y recreación.

Haga actividades físicas en familia: Las investigaciones han demostrado que es probable que el ejercicio reduzca la depresión, la ansiedad y el estrés. Los miembros de la familia deben participar en un régimen de ejercicio como bailar, caminar o trabajar en el jardín.

Cree el espacio para que los miembros de la familia hablen sobre sus preocupaciones: Todos los miembros de la familia deben poder desahogarse cuando están encerrados dentro. Escuchar música relajante, dibujar y leer puede ser útil para hacer frente a la situación.

Escriba en un diario: Anime a los niños a escribir sus pensamientos. Esta es una buena manera de pasar el tiempo.

"Face time" con los miembros de la familia: FaceTime es otra manera significativa de conectarse con familiares y amigos mientras se practica el "distanciamiento social". Úselo para chequear como están los miembros de la familia y socializar, incluso por teléfono.

Haga espacio para cada miembro de la familia: Durante este tiempo de pasar más tiempo en casa, puede dejar a muchos nerviosos. Esta falta de espacio personal puede causar conflictos familiares, especialmente entre hermanos. Dé espacio a los miembros de la familia cuando las emociones se están intensas.

Cuidate.

Obituary of Laura Williams-Hayden



OUR DANCING QUEEN TAKES HER FINAL BOW



LAURA WILLIAMS-HAYDEN

Sunrise: January 27, 1951

Sunset: March 30, 2020

It is with deep sorrow that we announce the passing of Laura Williams-Hayden, whose light brightened every heart and touched every soul of those who knew her. Laura is survived by Adolph Hayden, her husband, Kevin Williams, her son; and countless relatives, friends and neighbors.

Laura was the protégé of dance pioneer and educator Ruth Williams. Upon assuming stewardship of the Ruth Williams Dance Studio in Harlem, Ms. Laura, as she was affectionately known to her students, was instrumental in shaping the careers of many professional dancers. Laura loved each and every one of you. She was incredibly proud of your accomplishments and grateful to be a part of your lives. She would be happy to know what a comfort you've been to her family during this very difficult time.

Laura also was passionate about working with Seniors at St. John Paul II Apartments, as well as at St. Charles Borromeo Resurrection Chapel and All Saints. No matter the situation, Laura always honored people.

Let's cherish the memories of her dazzling smile, generous heart and unwavering love of dance and dancers. Thank you to all her students, teachers, board members, class mothers and volunteers who worked with Laura and were a part of the Ruth Williams Dance Studio. Thank you to her beloved Seniors and church family at John Paul II.

In the weeks ahead, we will announce the date and other details of the memorial honoring the life of Laura Williams-Hayden.

-The Williams-Hayden Family