



BULLETIN

August 08, 2021, ~Nineteenth Sunday in Ordinary Time

The Parish of St. Charles Borromeo, Resurrection and All Saints

Fr. Timothy Wiggins ~ Pastor -Telephone Number ~ 212-281-2100

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ANNOUNCEMENTS

The Bulletin for this week is found on the Parish website: sbrchurch.org.

Attention All Parishioners, going forward please **Do Not** put any tape, staples, glue, or stickers on your offering envelopes. This makes it extremely difficult for the outside company that we use to scan your envelopes for a true reading of your offerings. Also, you must **write in the amount you are giving, or you will not get the proper credit for your contributions.**

All of those wishing to attend Mass, both at SCB & RES must continue to call the Church office or register via the website before Fridays @ 3:30PM

The Knights of Peter Claver, Inc, and the Ladies Auxiliary welcome Catholic men and women of our Parish (and outside our Parish) to join the oldest historically African American Catholic fraternal organization in our country. The initial meeting will be held at St. Charles Borromeo in Harlem on Saturday, August 14th, at 12 Noon. Please see the flyer attached to this weekend's bulletin for a fuller explanation of the activities of the Knights of Peter Claver and the Ladies Auxiliary.

The weekly Parish Prayer on ZOOM will take place this Sunday at 1pm. The ZOOM link is: <https://us02web.zoom.us/j/89343849873?pwd=Y3Fna2N3eDNGVndOS0VFTUUxdWVSUT09>
Meeting ID: 893 4384 9873 /Passcode: 248326 / Telephone: 646- 558- 8656



Founded in 1909, the **Knights of Peter Claver, Inc.** is the oldest and largest historically African-American Catholic lay organization in the United States. Since its inception, membership has been open to and inclusive to Catholics regardless of race or ethnic origin.

You may be familiar with our service work within the Church; as we are actively engaged in many charitable, civic, and social endeavors throughout the community. We strive to follow the example of selfless and endearing love and service administered by St. Peter Claver, our Patron Saint who ministered and gave care to African slaves arriving on the shores of Columbia.

We partner and collaborate with numerous educational, community and health organizations throughout the country, with a strong focus on academic enrichment and tutoring; the eradication of poverty; sickle cell, breast cancer, and diabetes awareness, research, and support services; and many other worthy causes.

We also place a high value on prayer and fellowship in order to bond as a Claver family. We hope that you will consider joining. We want to personally extend an invitation to you to bring your talents, skills, and resources to our family by becoming a member of the Knights of Peter Claver and Ladies Auxiliary.

You can join the Knights of Peter Claver, Inc. by completing a short online application by [clicking here](#) or visiting www.kofpc.org/info. Upon completing an application, you will become a member of the local organizing group that will help shape your Council and Court.

If you have any questions about the Knights of Peter Claver, Inc. please feel to email:

nsdofficer@yahoo.com

Marvin Bardo

Knights of Peter Claver
Northern States District Deputy

kim.procter@kofpc.org

Kim Procter

Knights of Peter Claver Ladies Auxiliary
Northern States District Deputy



TRIUMPH: Transforming your Mental Health through Prayer and Healing



If you or someone you know is struggling with **stress, anxiety, or loss**, we invite you to contact us about the TRIUMPH research study at Columbia University Irving Medical Center.

We are working with **Black Churches** in New York City to identify community members who are at risk of experiencing depression. **Community Health Workers** from each church will conduct a screening survey that lasts about 15 minutes to assess your eligibility for the study. Adults ages **18 and older** who live in the 5 boroughs of NYC are eligible to participate.

This study is being led by Drs. Sidney Hankerson and Olajide Williams from the Columbia University Irving Medical Center. All study activities are being conducted **virtually through Zoom or telephone**.

Participants that are enrolled in the study are eligible to receive a Target Gift Card.

Please contact us to learn more. **Please include your name, church affiliation, telephone number and best time to reach you in your message.**

Email: psy_triumph@cumc.columbia.edu

Phone: (646) 774-6459



Mass Intentions
FOR THE WEEK 

Sunday, August 8th ~ Saturday, August 14th

Nineteenth Sunday In Ordinary Time

1 Kgs 19:4-8, Eph 4:30- 5:2, Jn 6:41-51

Sunday 7:45 Mass – SCB

+Hazel Barnes Martin

Sunday Spanish Mass) 9:30AM -RES

+Mary Vitale

Sunday 10:00AM Mass – SCB

Sharifa Cummings ~ In Thanksgiving & Blessings

Doris Hunter ~ Birthday Blessings

Sunday 11:15AM - Mass-RES

+Angelicia Cruz

08/09-Monday- Weekday

Dt 10:12-22, Mt 17:22-27

8:30am-+Mrs. Edvige Tarantino

08/10-Tuesday- St. Lawrence, Deacon & Martyr

2 Cor 9:6-10, Jn 12: 24-26

8:30am- +Edward Simmons

08/11 -Wednesday- Saint Claire, Virgin

Dt 34:1-12, Mt 18:15-20

6:30pm- *Available*

08/12- Thursday -Weekday

Jos 3:7-10a, 11, 13-17, Mt 18: 21-19:1

8:30am- *Available*

RES-7:00pm- +Ynovi Rodriquez (Spanish)

08/13- Friday- Weekday

Jos 24:1-13, Mt 19:3-12

8:30am- *Available*

**08/14- Saturday-Saint Maximillian Kolbe,
Priest & Martyr**

Jos 24:14-29, Mt 19:13-15

8:30am – +John Martin Young



Fr. George Okeahialam, MSP

~ NINETEENTH SUNDAY IN ORDINARY TIME ~

In our readings last week, Jesus laid emphasizes on the fact that we should look for the Bread of eternal life, the Bread of Heaven which produces spiritual life in us. Jesus makes the claim which only God can make I am the bread of life. The bread which Jesus offers is none else than the very life of God. This is the true bread which can truly satisfy the hunger in our hearts. In the first reading of today from 1 Kings 19:4-8, the angel gives Elijah food to enable him to reach the mountain of God. In the gospel from John 6:41-51, Jesus declares again, 'I am the living bread which has come down from heaven. Anyone who eats this bread will live forever; and the bread that I shall give is my flesh, for the life of the world.' Our Lord Jesus is the living bread which sustains us in our time. May we always hunger for the bread which comes from heaven and find in it nourishment and strength we need to love and serve Him wholeheartedly.

Another important message that runs through the three readings is the problem of 'tongue lashing'. St. Paul writes in Ephesians 4:30, "Do nothing to sadden the Holy Spirit". We either sadden or gladden the spirit by the use of our tongue. Our tongue control not only our bodies but even the movement of the spirit (James 3:2). Therefore, never let evil talk pass your lips; say only the good things men need to hear, things that will really help them" (Eph 4:29). Let us "Get rid of all bitterness, all passion and anger, harsh words, slander, and malice of every kind" (Eph 4:31). Also, we must control our tongues so that "seldom is heard a discouraging word." For example, the great Elijah began to speak death, negativity, and defeat. Shortly, he changed from a one-man army into a victim of depression. Furthermore, we should guard against murmuring and complaining (James 6:41). This misuse and abuse of the tongue deprived the Israelites of entering the promised land (see Nm 14:1-24). It also prevented the Jews from receiving Jesus' great revelation of Himself as "the Bread of Life" (Jn 6:48). The tongue is like a valve that can either open up or shut off our hearts. Let us pray for the grace to control our tongues!

Let us continue to be mindful of the increase of the Delta Variant of Covid-19 in our cities. The Delta Variant of Covid-19 was declared a "variant of concern" by the World Health Organization in May. It also made clear that this variant is more transmissible and causes more severe illness. Therefore, we continue to appeal to all parishioners to be cautious of this strain and to get vaccinated to protect themselves and others. Remember to keep our deceased parishioners and their families in your prayers this week. Remember to keep some of our parish families who lost their loved ones in your prayers.

Fr. George Okeahialam , MSP



DÉCIMO NOVENO DOMINGO DEL TIEMPO ORDINARIO

En nuestras lecturas de la semana pasada, Jesús enfatizó el hecho de que debemos buscar el Pan de vida eterna, el Pan del Cielo que produce vida espiritual en nosotros. Jesús hace la afirmación que solo Dios puede hacer: yo soy el pan de vida. El pan que ofrece Jesús no es otro que la vida misma de Dios. Este es el verdadero pan que verdaderamente puede satisfacer el hambre de nuestro corazón. En la primera lectura de hoy de 1 Reyes 19: 4-8, el ángel le da comida a Elías para que pueda llegar al monte de Dios. En el evangelio de Juan 6: 41-51, Jesús declara nuevamente: "Yo soy el pan vivo que ha bajado del cielo. Cualquiera que coma este pan vivirá para siempre; y el pan que yo daré es mi carne, para la vida del mundo." Nuestro Señor Jesús es el pan vivo que nos sostiene en nuestro tiempo. Que siempre tengamos hambre del pan que viene del cielo y encontremos en él el alimento y la fuerza que necesitamos para amarlo y servirlo de todo corazón.

Otro mensaje importante que recorre las tres lecturas es el problema del "latigazo con la lengua". San Pablo escribe en Efesios 4:30, "No hagas nada para entristecer al Espíritu Santo". Entristecemos o alegramos el espíritu con el uso de nuestra lengua. Nuestra lengua controla no solo nuestro cuerpo, sino incluso el movimiento del espíritu (Santiago 3: 2). Por lo tanto, nunca dejes que las malas palabras salgan de tus labios; di sólo las cosas buenas que los hombres necesitan oír, cosas que realmente les ayudarán "(Efesios 4:29). "Eliminémonos de toda amargura, de toda pasión e ira, de las palabras duras, de la calumnia y de toda malicia" (Efesios 4:31). Además, debemos controlar nuestra lengua para que "rara vez se oiga una palabra desalentadora". Por ejemplo, el gran Elías comenzó a hablar de muerte, negatividad y derrota. En poco tiempo, pasó de ser un ejército de un solo hombre a ser víctima de la depresión. Además, debemos guardarnos de murmurar y quejarnos (Santiago 6:41). Este mal uso y abuso de la lengua privó a los israelitas de entrar en la tierra prometida (ver Nm 14: 1-24). También impidió que los judíos recibieran la gran revelación de Jesús de sí mismo como "el pan de vida" (Jn 6, 48). La lengua es como una válvula que puede abrir o cerrar nuestro corazón. ¡Oremos por la gracia de controlar nuestras lenguas!

Sigamos siendo conscientes del aumento de la Variante Delta de Covid-19 en nuestras ciudades. La variante Delta de Covid-19 fue declarada una "variante preocupante" por la Organización Mundial de la Salud en mayo. También dejó en claro que esta variante es más transmisible y causa una enfermedad más grave. Por lo tanto, seguimos haciendo un llamamiento a todos los feligreses para que sean cautelosos con esta cepa y se vacunen para protegerse a sí mismos y a los demás. Recuerde mantener a nuestros feligreses fallecidos y sus familias en sus oraciones esta semana. Recuerde mantener en sus oraciones a algunas de nuestras familias parroquiales que perdieron a sus seres queridos.