

Spiritual Communion Prayer

My Jesus, I believe that you are present in the most Blessed Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there, and unite myself wholly to You. Never permit me to be separated from You.

Amen.

Prayer to St. Michael

***St. Michael the Archangel, defend us in battle;
be our defense against the wickedness and snares of the devil.
May God rebuke him, we humbly pray;
and do you, O prince of the heavenly host,
by the power of God, thrust into hell Satan and the other evil spirits
who prowl about the world for the ruin of souls.***

Amen.

***The Sub Tuum Praesidium is an ancient prayer
to the Blessed Virgin Mary, the oldest known version.***

***We fly to thy protection,
O holy Mother of God.
Despise not our petitions in our necessities,
but deliver us always from all dangers,
O glorious and blessed Virgin.***

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