

FIRST COMMUNION YEAR 1 PROGRAM DETAILS

(These are projected dates that are tentative and subject to change as the parish implements the re-opening process due to COVID-19.)

1. SEEK – Keryma Component (*gathered on-site*)

- a. 4 weeks of consecutive meetings designed for PARENTS & CHILD. SEEK will provide a kerygmatic experience which will inspire the family (parent & child) and jumpstart this years' formation journey, while creating space to get to get to know God more intimately.
 - i. 4 consecutive Monday evenings starting on **September 27th**

2. Children's Class Component (*gathered on-site*)

- a. As a part of our Catholic heritage, Catholics have always gathered to learn and grow with one another. Children will meet with their assigned Catechist and experience prayer, explore church traditions, hear Bible stories, and study the lives of our community of saints with their peers.
 - i. This will begin with the SEEK component (4 consecutive weeks) and follow with a once a month gathered classroom experience. Parents will meet on site with their 'Parent Coach' while their child is in their own class.
 - ii. ROOT – 2 home based classes per month led by parents. Root is a foundational catechetical experience focusing on the Creed for children. Families will grow into a deeper understanding of their faith as they lead their children through the contents of the first part of the Catechism of the Catholic Church. **January – March.**

3. Parent Coach Component (*gathered on-site & home- based classes*)

- a. Accompaniment is a key concept St. Norbert includes as a part of your family's faith formation. We will place the parents of each child within a small group with a Parent Coach who will support them in leading the home classes from the provided materials.
- b. Parents will meet 1x/ month in person (same day & time that your child is meeting with their Catechist – Classroom Component) and 1x/ month virtually (Zoom, Google Meet, phone call, etc.).

4. Parish Life Component (*gathered on-site*)

- a. Families will attend Mass together and then gather with their Small Group 1x/ month following the Sunday liturgy. (*Timeframe TBD*). The Office of Family Life & Formation will provide the entire family catechesis and fun activities to help the children understand and engage in liturgical celebrations. **December – April**

5. First Communion Retreat Component (*gathered on-site*)

- a. **Saturday, April 2nd 2022**