

2020 St. Therese of Lisieux Health Ministry Educational Events

Date/Time	Topic	Speaker(s)	Contact Information/Misc
January 2, 2020 11:00-12:00pm	Veterans Benefits, Changes in Pension, General Inform.	Jack Becher	586-264-3543
January 12, 2020 8:00, 9:45, 11:45	"Ask the Pharmacist"	Rachelle Christensen	Rachelle in Gathering Space after each mass
January 23, 2020 5:00pm-8:00pm	Family and Friends CPR	Tammy Lile RN Ascension Nurse Educ.	
February 4, 2020 1:00pm-2:00pm	Overdose Prevention and Awareness/Narcan Admin	Mark Kilgore C.A.R.E SE Michigan	
February 6, 2020 11:00am-12:00pm	Compassionate Self Care, Meditation, Relaxation Tech	Erika Brenckle Ascension Health	
February 17 –April 7, 2020. 10-11:30 & 1-3p	Matter of Balance- 8 Week Series	Area Agency for the Aged- 1b	Two classes each day. Limited to 16 people each session
March 5, 2020 11:00am-12:00pm	Arthritis/ Bone Health /Osteoporosis	Jennifer Rorhborn NP	Stonebridge Ortho Urgent Care Center
March 16-May 11, 2020 5:30p-7:00pm	K-Path Kidney Support Group	Julie Constanzo Fresenius Dialysis Comp.	586-747-7688
March 18 – April 22, 2020 1:00pm-2:30pm	Caregiver Tools- 6 week series	Area Agency for the Aged- 1b	Class size limited to 12 per class
March 22, 2020 After 8:45, 9:45 and 11:00am masses	"Ask Your Pharmacist"	Rachelle Christensen (Pharmacist)	Offering one-on-one consultations with parishioners.
March 25 and 26, 2020 9:00am-1:00pm	AARP Drivers Safety Program	Larry- AARP	
April 2, 2020 10:30a-11:30am	Fraud Victimization	Shelby Twp. Police Dept. Detective Johnson	<i>During Rambling Roses Meeting</i>
April 23, 2020 12:00 pm-1:00pm (Revised date/time)	Health Issues Affecting Older Adults	Margaret Romanoski MSN Ascension Health	SPICES- sleep issues, falls, incontinence, confusion, skin
April 29, 2020 7:00pm-8:00pm	Fraud Victimization	Shelby Twp. Police Dept. Detective Johnson	
May 7, 2020 11:00am-12:00pm	Ten Warning Signs of Alzheimer Disease	Deborah Middlepack Alzheimer Assoc.	
May 21, 2020 1:00pm-2:00pm	Medicare without Makeup	Kyle Crume Senior Health Shop	
June 4, 2020 1:00pm-2:00pm	Diabetes Prevention	Carol Ciamatarro RN Ascension Health	
July 2, 2020 11:00am-12:00pm	Foot and Ankle Conditions	Dr. Giordano	Glenda-office manager 586-580-3728
August, 6, 2020 11:00am-12:00pm	Advance Directive Planning	Shawn Bennis CARE: HFHS	586-524-7671
September 3, 2020 1:00pm-2:00pm	Suicide Prevention	Mary Zimmer RN	586-612-8558
October 7 and 8, 2020 9:00am-1:00pm	AARP Drivers Safety Program	Larry	
October 15, 2020 11:00am-12:00pm	Mental Illness/Opioid Crisis	Selena Schmidt MSN Ascension Health	586-756-1169 248-688-7323
November 5, 2020 11:00am-12:00pm	Kidney Disease	Victoria Lauren	HFHS Dialysis 248-728-2052
December TBD			