

St. Therese of Lisieux
Video Discussion Questions

After watching each video, use the questions below for discussion.

The Mass: A Life Giving Prayer

1. The Mass is about someone. Who?
2. How should you enter the church for Mass?
3. What are the 2 major parts of the Mass?
4. What does “Amen” mean?
5. Do you know the Creed?
6. What does Eucharist mean?
7. Do you know the words to the “Holy, Holy, Holy”, “Our Father” or “Lamb of God”? If not, see below.

The Bread of Life: Celebrating the Eucharist

1. What do you do to stay healthy?
2. What does God give us to keep our soul healthy?
3. What happens to the bread and wine, during Mass?
4. What happened when the grape was cut from the vine? Why did this happen? Who is our vine?

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.

For the kingdom,
the power and the glory are yours
now and for ever.

Holy, Holy, Holy Lord God of hosts.
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.

Lamb of God, you take away
the sins of the world,
have mercy on us.
Lamb of God, you take
away the sins of the world,
have mercy on us.
Lamb of God, you take
away the sins of the world,
grant us peace.