



# *Pastor's Message*

May 10, 2020

In the Gospel for this Sunday, Jesus shared with His disciples, “Do not let your hearts be troubled. You have faith in God; have faith also in me.”

What causes our hearts to be troubled, leading to the loss of faith in God? Some causes are worry, anxiety, discontent, confusion and agitation. Indeed, when one or more of those overtake us, a “troubled heart” occurs. And, when you have a troubled heart, those around you can probably feel the pain too.

Try not to lose faith in God! Certainly, more times than you may wish to remember, it seems like faith in God did not make a difference. But, I am certain even though you believe your faith was pointless, God was beside you, giving you extraordinary strength and grace to do what you had to do.

God, our Creator, made us with a “heart” which is not meant to be so troubled. God created us to have a heart which is free of such paralyzing hardship. Put your faith in God. Be healed of the trouble overwhelming you right now.

Peace,  
Fr. Marc