



Pastor's Message

May 20, 2020

As a very young child, I had two irrational fears. Later in childhood, I realized they were too ridiculous to have occupied my mind!

First, I was fearful while I stood on a chair as my mother washed my hair, at any second, since I was bent over the kitchen sink, I will be going down the drain with the soapy water! That's nuts!

The second fear was at night, when it was time to go into bed to sleep. When I got into bed, I was very reluctant to let my arm hang over the side of the bed, because I believed there was a dark, scary monster living beneath the bed, ready to pull me under! That's nuts too!

Nevertheless, fear doesn't affect only young children. As an adult, many of the fears which could occupy our mind are absolutely irrational. Some are outright ridiculous. Indeed, the quote from the great journalist and author, Rudyard Kipling, is applicable to remember. "Of all the liars in the world, sometimes the worst are our own fears."

Stop the fears in your mind, if there are any! Rid them of their power to paralyze your attempt for healthy and content thoughts. It has been proven over and over again, fears can only bring tears.

And, remember you are never, ever alone. The Lord God loves you. Such an act of faith in God should be more than enough to help you slowly rid the mind of your irrational and ridiculous fears.

Nolite timere!

Peace,
Fr. Marc