



Pastor's Message

May 31, 2020

Letting go of the past is difficult. So many of us are burdened with baggage we should have discarded from our lives long ago.

Here's a story I read which may help illustrate the point:

Two monks were traveling together down a partially flooded road. A heavy rain was still falling. Suddenly coming around a bend they met a lovely woman. She was unable to cross the partially flooded intersection because she had to walk with a cane.

The first monk said, "My lady, if you wish I can carry you across to the other side." "Yes, please do so," she said. Then, he lifted her in his arms and carried her to the other side of the intersection. Immediately, thereafter off she went to her destination, secure with her cane in hand.

Now, the second monk did not speak to the first monk the rest of the way they were traveling. Until, he could no longer restrain himself. He exclaimed, "You are a monk...it was so wrong for you to carry that woman across the partially flooded road at the intersection! Why did you do that? You should not have done so! That was absolutely a bad decision!"

The first monk looked at him with disappointment, and said, "My brother, I carried and left the lovely woman to continue on her way, but unfortunately you are the one still carrying her."

Don't torture yourself anymore. Isn't it time to let go of what you are carrying for too long? Enough is enough.

Remember, no matter how long you brood over about the past, you are not going to let go of it, until you say to yourself, "If it's in the past, then it's over...I can't let it control me. I will make today better, so my tomorrows will be brighter."

Fr. Marc