



# Pastor's Message

July 7, 2020

Our Catholic Church has “Precepts.” A precept is “a general rule intended to regulate behavior or thought.” In the Roman Catholic Catechism, there are five. They are the following:

1. “You shall attend Mass on Sundays and holy days of obligation and rest from servile labor. (Catechism #2042).

Note: “servile” is an uncommon word, not often utilized in our society. In this context it defines resting from those works and activities which could impede such a sanctification of the Sunday and holy days of obligation.

2. You shall confess your sins at least once a year. (Catechism #2042).
3. You receive the Sacrament of the Eucharist, at least during the Easter season. (Catechism #2042).
4. You shall observe the days of fasting and abstinence established by the Church. (Catechism #2043).
5. You shall help to provide for the needs of the Church. (Catechism #2043).”

As good members of the Church, may we observe the aforementioned precepts. The Church does not provide them to burden us. Instead, she does so to enrich all we say and do as followers of Jesus Christ in the world.

Peace,  
Fr. Marc