



**Religious Education Office**  
**St. James of the Marches Church**  
**31 Saint James Place, Totowa, New Jersey 07512**  
**Office: 973-790-4860 Fax: 973-790-4644**



## **FAITH IN ACTION - SERVICE HOURS**

*I shall pass through this world once. Any goodness, therefore, that I can do or any kindness that I can show to any human being, let me do it now. Let me not defer or neglect it for I shall not pass this way again.*

The Sacrament of Confirmation strengthens us through the power of the Holy Spirit who gives us spiritual gifts of wisdom, understanding, right judgment, knowledge, courage, reverence, wonder and awe. We, as Catholics, are expected to use these gifts to help guide us so we can go out and spread the faith and do God's will. Serving others and following the path of Jesus is not always easy. Sometimes you might want to hang out with your friends on a day you committed yourself to doing service hours. Respecting your responsibility is a huge part of becoming a mature Christian. Have fun and use this as an opportunity to explore your community and try different things.

Please dressed appropriately, be on time and do what is asked of you to the best of your ability. Helping others in the community and becoming an active member in the church is a very rewarding experience which will open your heart in many ways. It is a very important part of your faith journey and hopefully something you will continue to do forever.

You need to complete at least 1 activity with a parent and/or sponsor and 1 hour in each of the 5 categories: poor/homeless, the sick/dying, the mentally/physically challenged, give supervision/companionship to the elderly and helping children. Some examples are below. After you complete your service, please fill out a Service Form which is attached and have it signed by the appropriate supervisor with all information required.

Once a year, you will be required to choose a service opportunity that was special to you and share your experience with us. Tell us how it impacted your life, deepened your appreciation of what you have, or maybe brought you closer to your faith. Write a one page reflection essay which is DUE **May 11<sup>th</sup>, 2021**. If you have any questions, you can contact Kathryn DiPasquale (Director of Confirmation) at [gdkdcdmd@optonline.net](mailto:gdkdcdmd@optonline.net).

30 Community Service Hours  
20 Parish Service Hours at St. James  
**50 Total Service Hours**

### **Community Service Hours (30)**

- No more than 5 hours can be from the same service opportunity
- Service eligible all year around and stops end of April for 2<sup>nd</sup> Year Confirmation Students
- School Events – Volunteering at Service Events, helping at Parent Night or Tricky Tray, or participating in school collections for those in need
- Community Events – volunteering at Special Olympics, pet shelters, hospital, nursing homes, food banks, soup kitchens, street fairs, library, organization fundraising events, collections for those in need
- Tutoring, helping a local PAL, coaching, working sporting events

### **Parish Service Hours (20) ~ St. James Church**

- No more than 5 hours can be from the same service opportunity
- Service eligible all year around and stops end of April for 2<sup>nd</sup> Year Confirmation Students
- Participating in Mass as a lector, altar server, greeter, usher, or where needed
- Helping at the Rectory or CCD Office (ex. Raking leaves, stuffing bulletins, office help, church decorating, food drives, etc.)

### **Examples of things that do not apply for service hours:**

Going To Church, Being In a Club or Play, Being On a Sports Team, Doing Chores around the House, Taking Care of a Family Member



## SERVICE PROJECT HOURS FORM

**Name of candidate:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Project:** \_\_\_\_\_

**Time Spent:** \_\_\_\_\_

**Supervisor Signature:** \_\_\_\_\_

**Feeling about the Project:** \_\_\_\_\_

\_\_\_\_\_  
 \_\_\_\_\_

**Name of candidate:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Project:** \_\_\_\_\_

**Time Spent:** \_\_\_\_\_

**Supervisor Signature:** \_\_\_\_\_

**Feeling about the Project:** \_\_\_\_\_

\_\_\_\_\_  
 \_\_\_\_\_

**Name of candidate:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Project:** \_\_\_\_\_

**Time Spent:** \_\_\_\_\_

**Supervisor Signature:** \_\_\_\_\_

**Feeling about the Project:** \_\_\_\_\_

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