

P R A Y E R

August 27, 2020

Daily Prayer

Guide us, Lord, to a healthier lifestyle. Give us the strength to make wise food choices in a nation that is focused on food. Remind us to exercise regularly and to find the time to relax. Help us to cope with our burdens of worry, anxiety and stress – especially in today’s climate. Enable us to care for our bodies with love. Amen.

Matthew 24:42-51

Jesus said to his disciples:

“Stay awake!

For you do not know on which day your Lord will come.

Be sure of this:

if the master of the house

had known the hour of night when the thief was coming,

he would have stayed awake

and not let his house be broken into.

So too, you also must be prepared,

for at an hour you do not expect, the Son of Man will come.

“Who, then, is the faithful and prudent servant,

whom the master has put in charge of his household

to distribute to them their food at the proper time?

Blessed is that servant whom his master on his arrival finds doing so.

Amen, I say to you, he will put him in charge of all his property.

But if that wicked servant says to himself, ‘My master is long delayed,’

and begins to beat his fellow servants,

and eat and drink with drunkards,

the servant’s master will come on an unexpected day

and at an unknown hour and will punish him severely

and assign him a place with the hypocrites,

where there will be wailing and grinding of teeth.”