

The Catholic Company presents



Boring Homily? Here's a helpful tip

Do you ever struggle to pay attention to the homily at Mass? Here's help.

The homily is an opportunity to have the mysteries of our faith explained to us through Christ's priest.

However, as soon as the homily begins, our minds often wander—especially if the preaching feels dry and boring.

In *The How-To Book of the Mass: Everything You Need to Know but No One Ever Taught You*, Mike Dubruiel offers tips on how to listen for God's voice in the homily at every Mass. One tip he gives is to listen for a specific word that stands out to you:

“Listen to every homily at Mass expecting that God will speak a ‘word’ to you. No matter how poor the presentation, or how long or short it is, if we expect to hear a ‘word’ from God, we will—and we will hear a great homily at every Mass!”

Mike Dubruiel explains that keeping our ears open for a word or phrase that speaks directly to us will help us pay attention to every homily we hear. As a result, we'll always experience some sort of message, simple or profound, that we will be able to carry forth into the world when we leave Mass.

For more advice on how to deepen your experience of the Mass, [check out Mike Dubruiel's *The How-To Book of the Mass*, sold here.](#)