



**Confirmation Religious Education Program**  
**St. James of the Marches Church**  
**32 Saint James Place, Totowa, New Jersey 07512**  
**Office: 973-790-0288 Fax: 973-790-7064**



**CONFIRMATION SAINT NAME FORM**

Due no later than January 4<sup>th</sup>, 2022

At Confirmation, you deepen your commitment to the Church and to your faith. Choosing a saint name for Confirmation is a very important step in your Sacramental Preparation. It is an acknowledgement that the Holy Spirit will change you through the grace of this Sacrament. In Scripture, Jesus changed the name of some of his disciples to signify that their role had been changed and that they were becoming, in a sense, a new person with a new identity. Just like you on the day of Confirmation. For example, Abram became Abraham (Genesis 17:5), Sarai became Sarah (Genesis 17:15), and Simon became Peter (Matthew 16:18). So, as a symbol of this change, you get to choose a new name. You see, at Baptism, your parents choose your Baptismal name, which became your new Christian identity in the Church through the waters of Baptism. Now, you get to choose your Confirmation Name. When the Bishop asks you what your Saint name is, he will be recalling your baptismal name as a sign of your new identity.

According to the guidelines given by the Most Reverend Bishop Sweeney, Confirmation names should either be an approved Catholic Saint or the candidate’s baptismal name, assuming it is a Catholic Saint Name. When choosing a saint name, you should choose someone who exemplifies a quality, characteristic or special quality of holiness that you wish to have, somebody whose life you want to emulate, or somebody you have something in common with. Choose a saint that inspires you, a spiritual role model that can help guide you throughout your faith journey and one you wish to emulate. By researching saint names, you will come to realize that they failed and succeeded, struggled as we all do, had faults and gifts like us, but they strived to live a virtuous and holy life and were faithful disciples with an extraordinary faith in God. Ask yourself what kind of person you want to become, then pray about your decision, research a saint name, and ask your parents and priests for help. **REMEMBER IT MUST BE A CATHOLIC SAINT’S NAME.** If you aren’t sure, then please ask. Websites that might be helpful to you are:

- [www.roman-catholic-saints.com](http://www.roman-catholic-saints.com)
- [www.americancatholic.org/Features/Saints/patrons.asp](http://www.americancatholic.org/Features/Saints/patrons.asp)
- [www.catholic.org/saints/](http://www.catholic.org/saints/)
- [www.catholic-saints.info](http://www.catholic-saints.info)
- [www.ewtn.com/catholicism/saints](http://www.ewtn.com/catholicism/saints)

After you choose you Saint name, please fill out this form and hand it in with your essay on January 4<sup>th</sup>, 2022. Write a one page essay and include a picture if you wish, be creative and have fun. Questions to discuss would be: Why did you choose this saint’s names for Confirmation? When and where was your saint born? What did your saint do for a living and why were they considered to be a saint? What struggles did they go through and what made them special?

Candidate’s Full Name: \_\_\_\_\_

Confirmation Saint Name: \_\_\_\_\_

\_\_\_\_\_  
Candidate’s Signature

\_\_\_\_\_  
Parent’s Signature