# ALL SAINTS PARISH LIBRARY JANUARY/FEBRUARY 2017

After This Life: What Catholics Believe About What Happens Next, Fr. Benedict J. Groeschel, C.F.R. "Recognizing that anxiety and fear are the most common personal problems brought to him during nearly forty years of psychological counseling, Father Benedict Groeschel knows first hand that most people prefer to avoid the issue of mortality entirely. Himself the victim of a hit-and-run accident in 2004, after which he had no vital signs for thirty minutes, Groeschel masterfully explains how consoling and uplifting the truths surrounding death, judgment, Hell, purgatory, and Heaven really are. Learn to live each new day with confidence based on the mercy and love of Our Savior, Jesus Christ, who spoke often of death and the last judgment through his parables."-Amazon

Mother Angelica Her Grand Silence: The Last Years and Living Legacy, Raymond Arroyo "If you thought the "...Grand Silence" was going to be a prayerful and peaceful account of a contemplative's last years of life, you will be amazingly surprised at the actual drama that was unfolding during Mother Angelica's last years at Our Lady of the Angels Monastery, It is admirable how frank that Mother and the Sisters are in informing the stories that are included in this very, very interesting final-years biography. The recorded spiritual battles prompt us to consider the perpetual mysteries of faith; the recorded personal difficulties remind us that we share a common humanity and that we are called to prayer for those with whom we share the same foibles. With journalistic precision, considerable drama, a bit of humor, and an occasional pull at the heartstrings, Raymond Arroyo gives all of us more reason to love and appreciate Mother Angelica and her Sisters." -Amazon

## "I'm Not Being Fed!" Discovering the Food that Satisfies the Soul, Jeff Cavins

"In I'm Not Being Fed: Discovering the Food that Satisfies the Soul, Jeff Cavins explores the reasons why many Catholics have left the Church for evangelical Christianity. He responds to the most commonly-heard complaint of these former Catholics — that they simply were not being "fed" by their Church and that they longed for a more personal, "spiritually nourishing" relationship with Jesus. I'm Not Being Fed charitably explores why Catholics leave the Church and how to answer their common objections, especially objections to the Eucharist. After presenting the story of his own return to the Church, Cavins builds a case for the unique character of the Catholic Church as the true Church of Christ. I'm Not Being Fed presents the Catholic Church as a place of spiritual nourishment for everyone."-Amazon

## The Truth is Out There: Brendan & Erc in Exile Vol. 1, Catholic Answers

"Brendan and Erc are just your average interplanetary mailmen trying to find their way in the galaxy. But one day, while piloting cargo through the far reaches of space, they suddenly find themselves on a journey they didn't expect: a journey to the truth. The Truth Is Out There combines the visual excitement and quirky humor of graphic novels with solid popular philosophy and theology. The result is a book in which everyone from teens to adults can find accessible answers to questions about God, the soul, true happiness, and much more and have fun doing it! And because Brendan and Erc start their journey at the very beginning, readers don't have to possess any kind of faith to appreciate the thoughtful ideas and arguments they'll encounter. If you just have an open mind (and a sense of adventure) you will come away from these pages with a clearer sense of life's purpose, and a better understanding of the reasons for believing in God, Jesus, and the Church. And if you're already a believer, The Truth Is Out There will deepen your knowledge of the Faith and sharpen your skills at defending it."-Amazon

**DVD--***Miracles From Heaven*- In this inspiring true story, a mother (Jennifer Garner) searches for hope and a cure when she discovers her daughter has a rare disease. (PG)

### Three Days: The Search for the Boy Messiah, Chris Stepien

"In the Bible we are told Jesus was lost in the Temple for three days when he traveled to Jerusalem for Passover with Mary and Joseph. Why did he stay behind? What did he do? Who did he meet? Where did he sleep? Was he ever in danger? This Biblical novel is a compelling tale about 12-year-old Jesus, based on the second chapter of Luke's Gospel. This book will grip your imagination as you explore the Temple and experience the drama of ancient Hebrew traditions with the boy Messiah. It's a story for the child in all of us."--Amazon

## Resisting Happiness, Matthew Kelly

"Are you happy? It may be the wrong question. Most of us think we are relatively happy, while at the same time knowing that we could be happier -- maybe even a lot happier. Ordinary people and the finest philosophers have been exploring the question of happiness for thousands of years, and theories abound. But this is not a book of theory. *Resisting Happiness* is a deeply personal, disarmingly transparent look at why we sabotage our own happiness and what to do about it.

What is resistance? It's that sluggish feeling of not wanting to do something that you know is good for you. It's the inclination to do something that you unabashedly know is not good for you. It's the desire and tendency to delay something you should be doing right now. It is resistance that stands between you and happiness. In these pages you will learn not only what it is, but how to recognize and conquer it in your own life."--Amazon