

CHAPTER 15 HOPE AND FAITHFULNESS

SCRIPTURE

*Do not ask me to leave you! For wherever you go, I will go.
Based on Ruth 1:16*

WE BELIEVE

Sin separates us from God and makes us people in exile. We come closer to God by making good moral decisions and following the teachings of our faith.

FAITH WORDS

Precepts of the Church The Church's teachings about our obligations

Virtue A habit or firm disposition to do good

Through the Holy Spirit, we receive **virtues**, or spiritual powers, which help us to do good and avoid sin. **Virtues** help us to believe in God, trust in God's promises, and show our love for God by living as Jesus taught.

Virtues are often called habits. The more we practice virtues, the more natural they seem to us and the easier they are to live out.

Theological Virtues: (These virtues help us become more holy.)

Faith – helps us believe in God

Hope – allows us to trust in God's promises

Charity – prompts us to show our love for God and others

Moral or Cardinal Virtues: (These virtues help us avoid sin.)

Prudence – habit of making good judgments and decisions

Justice – the practice of treating others fairly

Fortitude – the courage to do what is right

Temperance – the habit of living in moderation and controlling desires