



# Be Light

## THEMES

YEAR  
1

*Belonging*

*A year from wanderer to seeker*

YEAR  
2

*Believing*

*A year from seeker to believer*

YEAR  
3

*Becoming*

*A year from believer to disciple*

YEAR  
4

*Beatitude*

*A year from disciple to apostle*

YEAR  
5

*Be Light*

*A year for evangelizing spouses  
& family missionaries*

## 5 YEAR MARRIAGE ENRICHMENT PROGRAM

Be Light is a five year Marriage Enrichment (Mystogia) movement that draws married couples closer together in Christ while being transformed into family missionary disciples within their own communities. This path not only supports newly married couples during the fundamental first five years of their marriage but also helps all married couples in a community to open their hearts to the powerful way God remains present to them and in the Holy bond of Matrimony. The five year sequence builds upon the opportunities for growth and fulfillment that takes place over and over again in the intimate and personal way Christ encounters married couples in their interactions together. Each month for five years, we will release new testimonies, podcasts, and music videos.



witness to love

FREE REGISTRATION  
[www.witness to love.org/belight](http://www.witness to love.org/belight)