



## Introduction to Ignatian Prayer & the Spiritual Exercises

May 21 - 24, 2021

*All conferences and Morning Prayer are in the Conference Center. Mass and Eucharistic Adoration are in the Chapel. Meals and spiritual direction/Confession are in the Dining Hall/Administration Bldg.*

### Friday, May 21

3:00 – 5:00 p.m. Registration  
5:00 – 5:45 p.m. Dinner  
6:00 – 6:45 p.m. Conference #1—**Introduction / *Lectio Divina***

### Saturday, May 22

8:00 – 8:45 a.m. Breakfast  
9:00 – 9:10 a.m. Morning Prayer  
9:15 – 10:00 a.m. Conference #2—**Meaning of Life** (First Principle and Foundation)  
10:00 – 11:00 a.m. Personal Prayer & Reflection  
11:15 – 11:45 a.m. Mass  
12:00 – 12:45 p.m. Lunch  
12:45 – 2:15 p.m. Rest / Free time  
2:15 – 3:00 p.m. Conference #3—**Sin / Capital Vices**  
3:00 – 5:00 p.m. Personal Prayer & Reflection / Fr. Mark available for spiritual direction & Confession  
5:00 – 5:45 p.m. Dinner  
6:00 – 7:00 p.m. Eucharistic Adoration with Rosary / Benediction

### Sunday, May 23

8:00 – 8:45 a.m. Breakfast  
9:00 – 9:10 a.m. Morning Prayer  
9:15 – 10:00 a.m. Mass  
10:15 – 11:00 a.m. Conference #4—**Using the Imagination in Prayer / Acquired Contemplation**  
11:00 – 12:00 p.m. Personal Prayer & Reflection  
12:00 – 12:45 p.m. Lunch  
12:45 – 2:15 p.m. Rest / Free time  
2:15 – 3:00 p.m. Conference #5—**Rules for Discernment of Spirits, Part I**  
3:00 – 5:00 p.m. Personal Prayer & Reflection / Fr. Mark available for spiritual direction & Confession  
5:00 – 5:45 p.m. Dinner  
6:00 – 7:00 p.m. Eucharistic Adoration with Benediction

### Monday, May 24

8:00 – 8:45 a.m. Breakfast  
9:00 – 9:10 a.m. Morning Prayer  
9:15 – 10:00 a.m. Conference # 6—**Rules for Discernment of Spirits, Part II**  
10:00 – 11:00 a.m. Personal Prayer & Reflection  
11:15 – 11:45 a.m. Mass  
12:00 – 12:45 p.m. Lunch  
1:00 p.m. Check out

OLPH  
*A Sacred Encounter, A Moment of Grace*