

# When and Where to Pray

**God is always with us, (24/7) listening and ready to have a conversation!**

We need to teach and remind our children that we can pray to God anywhere and at any time.

- God is always ready to listen and help
  - God is at school
  - God is at home
  - God is at practice
  - God is on the bus
  - God is at the park
  - God is on the playground
- **God is EVERYWHERE and always WITH US**
- **We can and should pray to God many times throughout the day**
  - To thank God
  - To ask for help
  - To share our feelings
  - To ask for guidance
  - To pray for others
  - To ask for forgiveness
  - To praise God's presence in all we experience
- **We can and should pray to God at specific times each day to create a special time that we spend with God**
  - In the morning when we wake up
  - In the evening before we fall asleep
  - Before we eat a meal
  - A time during the day when we can be quiet and still to listen and reflect
- **We can and should create a quiet and private space at home that we can focus upon our time in conversation (prayer) with God**
  - In any room or location that does not have distractions
    - We may have an electric candle close by
    - We may have a journal to write our thoughts to and from God
    - We should have a Bible present to read and reflect upon Scripture

