

SUNDAY, MARCH 12, 2017 - SECOND SUNDAY IN LENT
JESUS CALLS US TO FAST

The second great Lenten challenge Jesus gives us on Ash Wednesday is His call to **fast**. Jesus says, “*When you fast, you are not to look glum as the hypocrites do*”. Matthew 6:16

Fasting and abstinence from meat have been the tradition and law of the Church through the centuries. Today, the Church asks us to choose ways of **fasting** tailored to our own situation. In a way, that makes **fasting** harder. It is easier to **fast** if the church will only tell us exactly what to do. The Church asks us to take on more personal responsibility for our personal **fasting** decisions. But still we must **fast!**

The present law calls us to observe Fridays, especially these Fridays of Lent, as days of penance. We should not eat meat on Friday. For Lent, we should not eat between meals and we should take modest meals, especially on Fridays. Ash Wednesday and Good Friday are the most sacred of these days. But if personal health makes this impossible, we should **instead** do some acts of charity or penance. Here is where personal responsibility comes in. For example, people sometimes ask for a Friday dispensation in Lent because they must participate in a festive function, (e.g. St. Patrick’s Day this year on Friday). We ask them **instead** to do a special act of charity, thus deciding on a different form of **fasting** rather than just ignoring our responsibility to **fast**.

There are ways of **fasting** besides giving up meat or food. There are Lenten traditions to give up smoking, alcohol or sweets. These practices combat habits that may damage our health and exercise a certain bad control in our lives.

The Church encourages us to not eat between meals during Lent. Doctors also say this is good for our health. Many of us know how hard that is. But we can try to turn that discomfort into a prayer by telling Jesus we are making this sacrifice for love of Him and for love of people who need our help. That little prayer, that kind of thinking can help us see how we should do more to help people. When we feel deprived by our **fasting**, even a little, try to remember people who are deprived every day not by their choice, but by very difficult circumstances in their lives. Our **fasting** is only a small suffering. It frees us, even a little, from pampering ourselves so that we will recognize and help fight the serious suffering of other people. **Fasting** can help us in our struggles with addictive behaviors that can often weigh us down and imprison our minds and hearts.

Fasting, whether it is giving up food, walking away from too much TV or the internet; whether it be controlling our tongues from foul language or gossiping; by using money we save when we fast for more generous almsgiving; or giving our entertainment time instead to people we love or who need us; or giving this time to God in prayer and reading the bible – in whatever form – our **fasting** has the purpose of turning our bodies and hearts towards Jesus in more prayer, in greater alms giving generosity, in service, and, very importantly, in coming home to Jesus in the Sacrament of Reconciliation, in Confession, so that He may forgive our selfishness and sin as we forgive others.

Please embrace **Fasting for Lent!** It will free you up and bring you closer to Our Lord and to your brothers and sisters who need you very much. May our Lenten **Prayer, Almsgiving** and **Fasting** all lead us to come to one of our Saturday afternoon or Monday evening Confessions to “*Be Reconciled to God*” 2 Cor. 5:20, before we celebrate the Easter Triduum.

God Bless, Father Herb

Rice Bowls are in the Narthex. Please bring one home for your family. Return it with your Lenten sacrifice in Holy Week or Easter.

Daylight Savings Time Begins This weekend, March 12th – Have You Set Your Clocks Forward One (1) Hour on Saturday Night?

WORDS OF TITHING FROM THE PEWS:

From the Pastor: Like many things in life, giving is a learned habit. As we give of our time, talent and financial resources to support God’s good works in our parish, we learn the joy of this spiritual practice. As we experience the blessing of giving, we find ourselves giving more.

Words of Tithing from the Pews: Tithing has been my blessing. Returning to God part of my income made me realize that I must give more of my time to people around me. Doing this has been rewarding here and hopefully hereafter.

Sunday Collections This February (4Weekends): \$64,947.76

Sunday Collections Last February (4Weekends): \$68,533.24

This is a \$3,585.48 decrease.

Faith Direct Parishioners: 105

Thank you for your Tithing sacrifices!

MASS ATTENDANCE

Mass attendance for March 4/5: 1662

THE RITE OF ELECTION & THE RITE OF CONTINUING CONVERSION

Last Sunday at the 10:30 AM Mass, our parish celebrated “The Rite of Sending for Election” and we sent our 4 Catechumens, Jamie Carvajal, Karan Chan, William Long & Bukette Guarino to Bishop Serratelli for the “Rite of Election”. The Bishop declared our Catechumens to be **the elect**, prepared by our RCIA team and chosen by God for Baptism, First Communion & Confirmation at our April 15 Easter Vigil.

This weekend at the 12:00 Noon Mass, we celebrate “The Call to Continuing Conversion” with our 7 baptized candidates, Joyce Greco, Beverly Merrill, David Phillips, Jeffrey Nicholson, Lisa Tracy, Catherine Clayton-Smith & Sean Gust.

We have candidates who are baptized Christians who have decided to become members of the Catholic Church. On Pentecost Sunday, they will be received into the Catholic Church and receive First Communion and Confirmation. Our other candidates will receive Confirmation or First Communion and Confirmation at Pentecost.

Please continue to pray for our Catechumens and Candidates for the rest of Lent as they finish preparing for Easter and Pentecost.

SCRIPTURE READINGS MARCH 13-19

MONDAY	Daniel 9: 4b-10 Gospel: Luke 6: 36-38
TUESDAY	Isaiah 1: 1, 16-20 Gospel: Matthew 23: 1-12
WEDNESDAY	Jeremiah 18: 18-20 Gospel: Matthew 20: 17-28
THURSDAY	Jeremiah 17: 5-10 Gospel: Luke 16: 19-31
FRIDAY	Genesis 37: 3-4, 12-13a, 17b-28a Gospel: Matthew 21: 33-43, 45-46
SATURDAY	Micah 7: 14-15, 18-20 Gospel: Luke 15: 1-3, 11-32
SUNDAY	Exodus 17: 3-7 Romans 5: 1-2, 5-8 Gospel: John 4: 5-42

SANCTUARY LAMPS & FLOWERS



You may have the Sanctuary Candles in the Church, Chapel or Adoration Chapel burn in memory of a loved one (\$10.00 donation), roses at the Tabernacle (\$10.00 donation), or flowers at the altar (\$50.00 Donation). Please call or stop into the rectory office.

March 12-18, 2017

Sanctuary Lamp in the Church is for Mike Mandel Family
Sanctuary Lamp in Mary’s Daily Chapel is for the Priests of our Parish

Sanctuary Lamps in the Adoration Chapel are for Special Intentions of Dolores Brandao, Marge Martin, Evelyn Cosgrove, Lucille Bonfanti

WHAT KIND OF FASTING IS THE LORD ASKING FOR US?

“This is the kind of fasting I have chosen... to share your food with the hungry and to provide the poor with shelter” Isaiah 58:7
The season of Lent is approaching when God showed His greatest love for us in Jesus. It’s at this time when we feel we want to align ourselves more closely with the Suffering Jesus. Perhaps we can do that by following the suggestion of the Prophet Isaiah through our Lenten Christian Service Project, which has become a tradition for our parish.

The Good Samaritans are again sponsoring a “Simple Soup-er Meal” on four Fridays during lent... March 24th and April 7th from 5:00 – 7:00 PM in the Church Hall. We invite you and your family to share at least one, or both of these meals and ask that you kindly make a good-will offering. All donations will be used to purchase items for the children who are in the New Jersey Battered Women’s Shelter in our area. Besides helping these children by participating in this meal, we remind ourselves that many needy people do not even have this simple meal to share.

Let us come together as a parish and let this be “the kind of fasting we have chosen”.

RANDOM ACTS OF KINDNESS DURING LENT

Our Holy Father, Pope Francis, has asked us to become more aware of the many small and sometimes unnoticed opportunities we have to extend kindness and mercy to others...walking the extra mile...going out of our way. This can begin with our family, friends, and neighborhood and beyond.

Each weekend during Lent, before Mass, baskets and note paper will be on tables as you enter church. Take a minute to briefly jot down a Random Act of Kindness you have done or received and place it in the basket. You may also write your Random Act of Kindness at home on a 3x3 paper and bring it to church. When the gifts of Bread and Wine are brought to the altar, our Acts of Kindness will accompany them. This is a beautiful way to keep focused on Jesus during Lent and serve as a reminder that He is always in our midst in the presence of others.

MASS INTENTIONS FOR- MARCH 13-19

MONDAY, March 13th	6:45AM – People of the Parish 8:00AM – Michael Heuler (2 nd Anniv.), Larry Hale (3 rd Anniv.) Alfred Tufano 7:00PM – Salvatore DeFilippo
TUESDAY, March 14th	6:45AM – Kathleen Tillyer 8:00AM – Stephen Kopki, Special Intention for Patrick Gelson 7:00PM – Gail Colligan, Marie B. Petrone, Theresa DiFalco
WEDNESDAY, March 15th	6:45AM – Anthony Chiocco (3 rd Anniv.) 8:00AM – Rita & Cresenzo DiLella 7:00PM – Stephanie Travers
THURSDAY, March 16th	6:45AM – Special Intention for the Deacons of the Parish 8:00AM – Msgr. Vincent Molloy 7:00PM – Patricia Zakur
FRIDAY, March 17th-St. Patrick, Bishop	6:45AM – Thomas Cerniglianro 8:00AM – Nick & Peg Brady, Andres Beiga 7:00PM – Members of the Tillyer Family
SATURDAY, March 18th-St. Cyril of Jerusalem, Bishop & Doctor Of the Church	8:00AM – Edward Tuite, Stephanie Travers 5:30PM – Gladys Moran, Catherine Slater, Marie Hammer & Frank Perrone 7:00PM – Xiomara Alvarez Ortiz, Clara Lopez, Molinares, Mejia & Barros Romero
SUNDAY, March 19th – Third Sunday of Lent	7:30AM –Timoty Kulig, Gloria DaCruz, Marie Lucibello 9:00AM – William Wright, Art Grant 10:30AM – Donovan & Politi Families, Ruth & Paul Coro, Special Intention for Marie Lentini 12:00PM – Ybaldina Helena Mendes, Rev. Msgr. Patrick Brown, Special Intention for Francisco Pinili 7:00PM – Carmen Pasquale, Charles Khouri, Special Intention for Irma Rodriguex

MARTHA MINISTRY- FRIDAY, MARCH 10 – TEAM 2

Mary Ellen Dinsmore, Pat Sherlock, Lucille Sherwood, Marge O’Hara, Jeanette Coyle

FOOD PANTRY COLLECTION FOR EASTER

NEXT WEEKEND -MARCH 18/19 – PLEASE HELP US!

Thank you, our faithful parishioners, for your continued generosity to our Food Pantry! Our next collection will be **March 18/19**. This will be our **Easter** food pantry collection. We need: juice, condiments, canned soups, coffee, cookies, cold cereal, pasta, prepared spaghetti sauce, canned tomatoes, mac and cheese, side dishes, jelly, pancake mix & syrup, personal care products, cleaning products, laundry detergent & paper products.

To ensure that our food pantry families enjoy a wonderful Easter dinner, please also donate traditional food items you would serve and enjoy for Easter such as canned white and sweet potatoes, canned gravy, canned green beans, canned carrots and packaged desserts. We will also be collecting **frozen turkeys & fresh & canned hams**, but please bring them to the Rectory during regular business house. Please **do not leave them in the Narthex!**

Money donations are welcome; please put your donation in an envelope marked “Food Pantry” and drop it in the regular collection basket. Thank you all!

THIS WEEK IN OUR PARISH MARCH 12-18

SUNDAY, MARCH 12TH

9:00AM – Children’s Gospel Program – Church Hall
10:30AM – Food Pantry Client Shopping - School
12:00PM – CYO Basketball – Parish Center
4:30PM – Indian Community – Church/Church Hall
5:30PM – 10th Grade Class - Chapel
5:30PM – Bingo – Parish Center

MONDAY, MARCH 13TH

10:30AM – Troy Hill Nursing Home – Fr. Yojan
10:30AM – Parish Staff Meeting – Rectory
1:00PM – ASA Reconciliation – Fr. Babu
4:15PM – Monday CCD - School
6:00PM – CYO Basketball – Parish Center
7:00PM – RCIA – Rectory

7:00PM – Reconciliation (Penance) – Church

8:00PM – Baptism Preparation Class

TUESDAY, MARCH 14TH

8:30AM – Adult Lenten Faith Formation – Church Hall
10:00AM – Peanut’s Playgroup – Church Hall
4:00PM – Children’s Choir – Church/Church Hall
6:00PM – CYO Basketball – Parish Center
7:00PM – Ministers of Holy Communion Training - Church
7:30PM – Book Club – Church Hall
7:30PM – Adult Lenten Faith Formation – Rectory

WEDNESDAY, MARCH 15TH

6:00PM – CYO Basketball – Parish Center
7:00PM – Boy Scouts Troop 72 - Cafeteria
7:30PM – Bible Sharing – Church Hall

THURSDAY, MARCH 16TH

6:00PM – CYO Basketball – Parish Center
7:00PM – Grace Before Meals – Youth Room/Cafeteria
7:30PM – Adult Choir – Church/Church Hall
8:30PM – Men’s Basketball – Parish Center

FRIDAY, MARCH 17TH

11:00AM – Care One Mass
6:00PM – CYO Basketball – Parish Center
6:00PM – Begin Again - Convent
9:00PM – CYO Coaches Basketball – Parish Center

SATURDAY, FEBRUARY 18TH

8:30AM – Polish School – School
1:00PM – CYO Basketball – Parish Center
4:00PM – Penance – Church
5:30PM – Food Pantry Collection - Narthex
7:30PM – AA – Church Hall
8:00PM – Indian Community Sports – Parish Center

EXTRAORDINARY MINISTERS OF HOLY COMMUNION

We will be training new Extraordinary Ministers of Holy Communion on Tuesday, March 14th at 7:00 PM in the church. We will train for service in church as well as service to the sick and home bound.

Please call Deacon Bob at 973-887-5057 for more details.

PERPETUAL ADORATION



We need adorers for the 12 Noon on Saturdays & Sundays and 4:00 PM on Wednesdays. Please consider spending time with Jesus, truly present in the Blessed Sacrament. Substitutes are also needed. The spirit of sacrifice is the spirit of Christianity. Jesus sacrificed everything. Will you make a sacrifice of your time for Him? Call Kim at 973-886-6334.

For everything there is a season and a time for every purpose under heaven...

...a time to born

...a time to die

Marie Petrone, Lucy Venadas, Terry DiFalco

...a time to heal

Fr. Leo Carey, Fr. Ron Sordillo,

Noah Lorencovitz, Amy Hodge, Ray Vena, Dolores Brandao,

Maria Luciano, Pat Gelson, Luz Osorio

...a time to love

“...and a time of peace.” Ecclesiastes 3:11

SAINT PETER’S GOLDEN AGE-MARCH 20-11AM

Saint Peter’s Golden Age will meet at the Community Center on **Monday, March 20, 2017** at 11:00 AM – All are welcome!

We will be having a trip to the Sands in Pennsylvania on Thursday, March 30th. For more information, call Joe or Jackie at 973-335-1209.

A PROGRESS REPORT FOR OUR MOVING FORWARD GROWING STRONGER TOGETHER PROGRAM

Our parish’s increased offertory giving program is still in progress all this month. Hopefully you first received a mailing from our parish with a brochure reviewing our parish ministries, our parish’s current financial statement and a letter from Father Herb (with a decent picture of him). If you didn’t receive this mailing, please call the rectory so that we can send it to you. It may be that we don’t have you registered as a parishioner or there may be some mistake with your address information.

We are so proud to thank our faithful parishioners who spoke at the Masses about their commitment to our parish and its ministries. Gino Blanco spoke at all 5 Sunday Masses on Sunday, February 26th while Terry Smail spoke at our Saturday 5:30 PM Mass. Miguel Ferrer and his wife, Maritza, spoke at our 7:00 PM Spanish Mass on Saturday evening. We thank each of them for their beautiful witness about our parish and its important place in their own lives.

Father Herb spoke at our Masses about this necessary parish effort to significantly increase our recently declining parish collection income so that we can faithfully fulfill our responsibilities as a ministering, serving parish community as well as responding to the need to keep our very special parish church and our other buildings and the church grounds in good repair, especially the church itself.

We ask everyone to please continue praying to our Lord Jesus and His Mother Mary, for good results in our efforts to increase our parish collection income so that we can Move Forward and Grow Stronger Together.

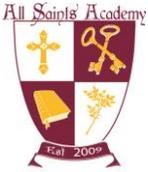
We also make the point as Father Herb said to us in the pulpit, that we ask you to increase your own collection offering every week only if you possibly can. We emphasize this again – **ONLY if you possibly can**.

If you have already made your commitment to increase your weekly collection offering, please begin doing that for us now. Thank you.

If you are in our electronic giving program with Faith Direct and you are increasing your collection offering, please call 1-866-507-8757 or email Faith Direct at info@faithdirect.net using our parish code NJ745 to notify them of your increased collection offering so that the change will be made exactly as you have decided. Thank you.

If you haven’t already turned in your Commitment Card, you will be receiving mailings this month giving you another opportunity to conveniently make and record your giving decision and return the Commitment Card to our parish.

Thank you for your generosity to our parish, for your participation in our parish ministries and for your prayers. We ask Our Lord to always keep our parish “Moving Forward and Growing Stronger Together”.



ALL SAINTS ACADEMY CORNER

All Saints Academy is hosting a "Happy Camper - S'more Fun with Books" Scholastic Book Fair in the school library at 189 Baldwin Road, Parsippany. There will be a great assortment of books for children of all ages as well as plenty of books for adults such as cooking and crafting selections. The Book Fair will be open at the following times: Monday, March 13th 8:30am - 8:00am Tuesday and Wednesday, March 14th & 15th - 8:30 - 3:00pm Thursday, March 16th 8:30am - 6:00pm The Book Fair Family Night will be on Monday, March 13th from 6:00-8:00pm with a story from a special Guest Speaker at 7:15. pm. Stop by and browse the lectures! Please contact our school office to schedule an appointment to visit us and tour our school. All Saints Academy is a nationally recognized STEM school of the Diocese of Paterson. Our school offers a comprehensive, multi-curricular, rigorous academic program, centered on values-based education. A strong and loving Catholic identity permeates the environment. A spirit of faith, respect and joy are evident in our school. In addition to religious instruction, students model Christian ideals through cooperative activities, spiritual and liturgical celebrations, participation in Sacraments, and service outreach. An active parent organization lends partnership and support to the school community. The Early Childhood Center offers classes for three and four year old children. The elementary and middle school classes include kindergarten through grade eight. Contact our school principal, Mrs. Judy Berg, at 973-334-4704, to schedule a tour and classroom visit. www.allsaintspar.org

MAY 2017 100TH ANNIVERSARY OF MARY'S FATIMA APPARITIONS - JOURNEY TO FATIMA MAY 21-31, WITH MSGR. HERB - VISIT LISBON, FATIMA, PORTUGAL & SUNNY SPAIN

We make a pilgrimage to Fatima with Msgr. Herb for the 100th anniversary of the May 1917 apparitions by Our Lady of Fatima. Flying to Lisbon, we go to Fatima for 2 days with Mass and candlelight processions for our petitions and in thanksgiving. Then on to Spain to Seville and the sunny Costa Del Sol (optional to the Rock of Gibraltar), Granada, Avila and Madrid to fly home. It has just been announced that Pope Francis will visit Fatima for the 100th Anniversary on May 13, only a week before our visit. So this is a most special time to visit Our Lady of Fatima. Call or stop at the Rectory for your colorful 4 page daily travel brochure - 973-334-2090. Call the travel agency, Nuovo Tours at 973-882-0021 or Toll Free - 1-844-686-8688

CONGRATULATIONS!

We extend our congratulations to Rovaeni Fernando and her family for earning a spot on the College of Education and Human Services Dean's List for the semester at Montclair State University.

BIBLE SHARING-THIS WEDNESDAY, MARCH 15

Our Lenten Season Bible Sharing continues on March 15th at 7:30 PM in the Church Hall. We will be sharing the Mass readings for Lent and all are invited to attend.

CRS RICE BOWL-ENCOUNTER NUTRITION



We encounter Evelina in Zambia as she and other mothers in her community learn new ways to provide nutritious meals for their growing children and families. How do we ensure that those who are hungry have not only food but true nourishment? Visit crsricebowl.org for more information

CHILDREN'S CHOIR-TUESDAY, MARCH 14

Boys and girls in grades 3-8 are invited to join the Children's Choir. The next practice will be on Tuesday, March 14th at 400 PM in the church.

HAPPENINGS AT SAINT ANN CHURCH - APRIL 28

They are sponsoring a trip on April 28 to Sight & Sound Millennium theater in Lancaster, PA to see "Jonah". Cost is \$124/pp which includes shopping at Kitchen Kettle Village, Sight & Sound show, dinner at Shady Maple smorgasbord and transportation. Bus leaves St. Ann's parking lot at 10AM and return at 10:30 PM. For tickets, call Ginny at 9730884-1986. Seats sell out quickly. Deadline is March 26.

ALTAR SERVERS MARCH 18/19, 2017

- 5:30PM - Marinelli, Go, Colantoni
- 7:30AM - Torres
- 9:00AM - Regalado, Chen, Chen
- 10:30AM - Slevin, Komaraeddy
- 12:00PM - Paraan, Abrenica, Manappuram
- 7:00PM - Ippolito, Yturbe



BINGO - MARCH 12
POWERBALL # 1 \$415
TEAM B - BARBARA RYAN

DISPENSATION FOR THIS FRIDAY, MARCH 17TH



On Wednesday, February 22, 2017, Bishop Arthur J. Serratelli, Bishop of Paterson sent the following directive:

"I hereby grant a dispensation from the laws of fast and abstinence to all Roman Catholics living in or visiting this diocese on Friday, March 17, 2017.

This dispensation is given with strong recommendation that the faithful honor both Saint Patrick and this holy season of Lent by some special work of charity or exercise of piety in place of abstinence." Happy Saint Patrick's Day!

OUTREACH CORNER

A woman on Vail Road needs a ride to 12:00 Noon Mass. If you can help, please call the Rectory at 973-334-2090.

A woman needs a ride to church. If you can help, please call the Rectory at 973-334-2090.

A woman wants to receive Holy Communion. If you are a commissioned Extraordinary Minister of Holy Communion and are able to visit her, please call the Rectory - 973-334-2090. Thank you.

A parishioner needs a ride to the doctor. If you can help, please call the Rectory at 973-334-2090.

K OF C ALL YOU CAN EAT PANCAKE BREAKFAST NEXT SUNDAY, MARCH 19 - 8:30AM - NOON

The Knights of Columbus are sponsoring an All You Can Eat Pancake Breakfast on Sunday, March 19th from 8:30 AM - 12:00 PM at All Saints Academy Cafeteria. All net proceeds will be used to support our seminarian Elmer Nieto Cruz in his studies for the priesthood. \$7/Adult, \$5/Seniors, \$3/Children 4-10 and \$0/under 4.



Please visit www.facebook.com/spayouthministry

Hablando español en San Pedro Apóstol

domingo, 12 de marzo de 2017 – 2^{do} Domingo de Cuaresma

Horario de las Misas:

lunes a viernes: 6:45 y 8:00 a.m.

sábado: 5:30 p.m. y 7:00 p.m. en español

domingo: 7:30, 9:00, 10:30 a.m., 12 m. y 7:00 p.m.

Intenciones de las Misas: Por favor, notificar a la oficina parroquial (973-334-2090) con una semana de anticipación. El donativo para las intenciones es de \$10.00.

Confesiones:

sábado: 4:00 a 5:00 p.m.

lunes: 7:00 a 8:30 p.m.

(en todas las parroquias de la diócesis)

Mensaje del párroco:

Jesús dice: “Cuando ayunes”

Nuestro segundo desafío para la Cuaresma

El segundo reto de Cuaresma que Jesús nos da el Miércoles de Ceniza es el llamado a **ayunar**. Jesús dice: “*Cuando ustedes hagan ayuno, no pongan cara triste, como los que dan espectáculo y aparentan palidez.*” Mateo 6, 16.

El **ayuno** y la abstinencia de la carne han sido la tradición y la ley de la Iglesia a través de los siglos. Hoy en día, la Iglesia nos pide escoger formas de **ayuno** que se ajusten a nuestra propia situación. En cierto modo, éso hace el **ayunar** más difícil. Es más fácil ayunar, si la Iglesia nos dice exactamente qué hacer. La Iglesia nos invita a asumir una mayor responsabilidad por nuestras decisiones al **ayunar**. ¡Pero aún así debemos **ayunar**!

Actualmente la ley que nos pide guardar los viernes, especialmente estos viernes de Cuaresma, como días de penitencia. No debemos comer carne los viernes. Durante la Cuaresma, no debemos comer entre comidas y debemos consumir comidas modestas, sobre todo los viernes. El Miércoles de Ceniza y el Viernes Santo son los días más sagrados. Pero si por razones de salud es imposible hacer ésto, debemos hacer alguna otra obra de caridad o penitencia **en su lugar**.

Aquí es donde entra en juego la responsabilidad personal. Por ejemplo, las personas a veces piden dispensas para un viernes de Cuaresma, porque deben de ir a alguna festividad (ej. el día de San Patricio este año cae un viernes). Les pedimos que hagan un acto especial de caridad, o elegir una forma diferente de **ayuno**, en lugar de ignorar la responsabilidad totalmente. Hay otras formas de **ayunar**, además de ofrecer el no comer carne o ciertos alimentos.

Hay tradiciones de dejar de fumar, consumir alcohol o dulces, durante la Cuaresma. Estos hábitos combaten las prácticas que pueden dañar nuestra salud y ejercer cierto mal control en nuestras vidas.

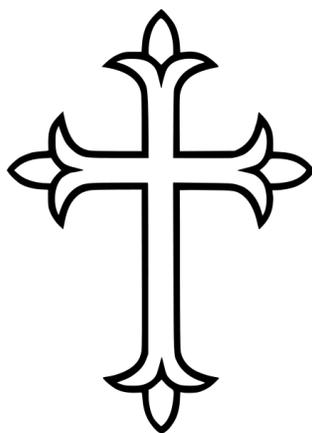
La Iglesia nos exhorta a no comer entre comidas durante la Cuaresma. Los médicos dicen que ésto es usualmente una buena práctica para nuestra salud. Muchos de nosotros sabemos lo difícil que es. Pero convertimos esa molestia en oración, diciéndole a Jesús que lo hacemos por amor a El o por amor a personas que necesitan de nuestra ayuda. Esa pequeña oración, ese tipo de pensamiento, puede ayudarnos a ver cómo debemos hacer más por ayudar a otras personas. Cuando nos sentimos privados por nuestro **ayuno**, aunque sea un poco, trate de recordar a aquellos que están privados, no por su elección, sino por las difíciles circunstancias de la vida. Nuestro **ayuno** es sólo un pequeño sacrificio. Nos libera, aunque un poco, de consentirnos en exceso; para que podamos reconocer y ayudar a combatir el grave sufrimiento de los demás. El **ayuno** puede ayudarnos en nuestra lucha contra conductas adictivas en nuestras vidas, que muchas veces nos agobian y encarcelan nuestras mentes y corazones.

El **ayuno**, ya sea dejando de comer algunos alimentos, dejando el exceso de televisión o internet, controlando nuestras lenguas de lenguaje obsceno o chismeando, utilizando el dinero que ahorramos cuando ayunamos para limosnas más generosas, o dedicando nuestro tiempo de entretenimiento a las personas que amamos o que nos necesitan, o dedicando este tiempo a Dios orando y leyendo la Biblia – en cualquier forma – nuestro **ayuno** tiene el propósito de convertir nuestros cuerpos y corazones a Jesús en más oración, en limosnas más generosas, en servicio, y muy importante, acercándonos más a Jesús en el Sacramento de la Reconciliación, en la Confesión, para que El pueda perdonar nuestro egoísmo y pecado como también nosotros perdonamos a los demás.

¡Por favor, abrace el **ayuno durante la Cuaresma**! Lo liberará y acercará más al Señor, y a sus hermanos y hermanas que lo necesitan mucho. Que nuestra **oración de Cuaresma, limosna y ayuno** nos conduzcan a uno de nuestros sábados por la tarde o lunes por la noche de Confesión, a “*Dejaos reconciliar con Dios*” 2 Cor. 5,20, antes de celebrar el Triduo Pascual.

Dios los bendiga, *Padre Herb*

Los Platos de Arroz están en la entrada de la iglesia. Por favor lleve uno para su familia. Devuélvalos con su sacrificio Cuaresmal en Semana Santa o el Domingo de Pascua. **El horario de verano comienza el próximo domingo, 12 de marzo – Recuerde adelantar sus relojes una (1) hora, el sábado por la noche.**



THE ROSARY/ALTAR SOCIETY

**IS TAKING ORDERS FOR GRAVESITE PALM CROSSES
THE COST WILL BE \$8.00 PER CROSS**

PLEASE RETURN BY MARCH 20TH

NAME: _____

ADDRESS: _____

PHONE NO.: _____

OF CROSSES _____ **@ \$8.00 EACH FOR A TOTAL OF \$** _____

MAKE CHECKS PAYABLE TO: THE ROSARY/ALTAR SOCIETY

Please place your checks in the collection basket or send to the Rectory addressed to the Rosary/Altar Society.

The crosses will be available for pick-up in the Narthex after Mass starting on March 25-26 and April 1-2.

Any questions, please call Liz Dennis at 973-335-4091



Celebrating Lent and Preparing for Easter
Our Masses First

- Monday – Friday– 6:45 and 8:00 AM and 7:00 PM
Saturday Mornings – 8:00 AM
- Weekend Masses:

Saturday Afternoons – 5:30 PM. Saturday Evenings – 7:00 PM in Spanish
Sunday Mornings – 7:30, 9:00, 10:30 AM and 12:00 Noon
Sunday Evenings – 7:00 PM

Our Confessions - “Be Reconciled to God.” 2Corinthians 5:20

- Monday Evenings – 7:00 PM
In our parish and in every parish in the Diocese for your convenience
- Saturday Afternoon – 4:00 PM

Our Lenten Devotions and Events

- Every Day – All the Time – Our Adoration Chapel in the Convent Building
Spend time – 1 hour if you can - with Jesus in the Blessed Sacrament
Call Kim at 973-886-6334 or stpeteradores@optonline.net
- Fridays Evenings – Stations of the Cross – English – 7:30 PM
Stations of the Cross – Spanish – 8:15 PM
- Fridays of Lent –March 24 & April 7
5:00 – 7:00 PM – Simple Soup-er Meal – Church Hall
Free Will Donation for Charity

- Friday, March 17, 2017 – Saint Patrick’s Day

Dispensation from the Friday Fast and Abstinence . Please do a special work of charity or exercise of prayer in place of abstinence to honor Saint Patrick and this Holy Season of Lent.

You can enjoy your corned beef and cabbage!

Repent and believe in the Gospel - Ash Wednesday

- Friday, March 31, 2017 – Fish ‘n’ chips Dinner
5:00 – 8:00 PM School Cafeteria (Visit the parish website to Register or see the bulletin)
Adults \$15. Children Under 10 years - \$10 – Under 3 – eat free

- Tuesdays – February 28 – April 11 (7 Tuesdays)
Adult Faith Formation – Living the Commandments and the Beatitudes: For Lent and Beyond with Deacon Peter Cistaro
After the 8:00 AM Mass (Church Hall) Evenings -7:30 PM (Rectory)

- Every Wednesday Beginning March 8 – 7:30 – 9:00 PM
Bible Study – Lenten Mass Readings
Call Deacon Bob – 973-887-5057 or email – ralife8@aol.com

On Your Own Every Day

- Parish Random Acts of Kindness. At weekend Mass, jot down a Random Act of Kindness you did or received during the week. Please put it in the basket at Church. Our Random Acts of Kindness papers are brought to the altar with the gifts of Bread and Wine and the Collection Offering
 - Operation Rice Bowl Prayers and Donations
Encounter Lent
Pray each day with our app!
Visit crsricebowl.org/app to learn more.
- Join “Best Lent Ever” – a free email program based on Matthew Kelly’s book “Resisting Happiness”
Sign up – BestLentEver.com/Lent
“Don’t give Up Chocolate for Lent”

Visit our Parish Website in Lent for more details:
www.saintpetertheapostle.org

Have a great and Holy Lent this Year!

Reserved for Open House Flyer