

CTKCS Field Days

May 4-8

Starting May 4th through May 8th we will be having Field Week. Each day will be given to different grades for them to submit pictures or videos to share with our CTK family. Each day will be a different exercise the students can do to be active. There are also other activities the students may do for their days. As long as the kids are active and having fun then that is all that really matters. Students are encouraged to wear a CTK Spirit Shirt for their pictures/videos!

Grades Pre-K, K, 1st - you are up on Monday...
Jumping Jacks and dance to a song!

Grades 2 & 3 - Your turn on Tuesday...
Burpees and Animal race (hop like a frog or bunny etc.)!

Grades 4 & 5 - Walk it on Wednesday...
Sit-Ups and crabwalk!

Junior High - Top it off on Thursday...
Push-Ups and wheelbarrow exercise

Family Friday!
Free Day with the Family
(choose an activity that everyone in your family can do)

**IMPORTANT: ALL PICTURES OR VIDEOS MAY BE POSTED TO OUR
FACEBOOK PAGE. PLEASE SEND TO
DISTANCELEARNING@CTKCS DAPHNE.ORG.**