

4th Sunday in Ordinary Time

January 31, 2016



INTENTIONS FOR THE WEEK OF JANUARY 31, 2016

Tabernacle Lamp & Altar Candles	-----
Altar Bread & Altar Wine	Rose Castagna

MASSES FOR THE WEEK OF FEBRUARY 1, 2016

Monday, February 1	7:00am	Ann Lambro
	12:05pm	Helen Chiodo
Tuesday, February 2	7:00am	Adeline Annese
	12:05pm	Andrew Gallopo
Wednesday, February 3	7:00am	Paul Pham
	12:05pm	Celine Mancini
Thursday, February 4	7:00am	Rob Andrew Critelli
	12:05pm	Al Vocaturo
Friday, February 5	7:00am	Kay Rizzuto
	11:00am	Marilyn Esposito
	12:05pm	Anne Hutton
Saturday, February 6	7:00am	Roy Viola, Sr.
	5:00pm	Living & Deceased members of the Conlan & Dowd families
Sunday, February 7	7:30am	Healing intention for David Reinknecht
	9:00am	Theresa Arbolino Harold Weasner Joseph Gordano, Jr.
	10:30am	Thomas P. Lang
	12:00pm	All Scouts and their Leaders

GOD'S PLAN FOR GIVING

Tithing Income Last Week	\$4,437.00
Income Same Week Last Year	\$15,135.66
Pave the Way	(1/24/16) \$32.00

Please Pray for the Sick, Especially for: Eileen MacMillian, Brian Piper, Fr. William Santeliz, Rita Coakley, Mary Ellen Scardo, Elizabeth Krajewski, Diane Carlson, Julianna Byank, Robbie & Christopher Rozyla, James Fitzpatrick

GUIDELINES FOR NAMES LISTED HERE: For privacy reasons, all names must be submitted by immediate family members only. We will also place names on our Prayer of the Faithful Announcement from the pulpit for 3 weeks. Twice annually (January & July 1st) Fr. Marc will clear the list. If you wish to have a person relisted on either list, simply call the parish office.

ANGELS STILL NEEDED

Are you in a position to help a young boy or girl continue his or her Catholic Education? Economic hardships are placing several students in jeopardy of having to leave our school. You can be the "wings" to lift them up in these troubled times. If you can help, make your contributions payable to St. Therese School and send them to the rectory labeled "Angel Tuition Fund" but please make checks payable to St. Therese. Thank you!

If you would like to make a donation, please contact the rectory for more information!!
You can also make a donation to the Angel Tuition Fund
in memory of or in honor of a loved one!!

SHOP RITE GROCERY & PHARMACY CARDS



Did you know that St. Therese purchases the cards at a 5% discount? When you purchase the cards at face value, St. Therese earns the 5%.

You can use the ShopRite Card to purchase ANY of the Gift Cards at ShopRite's Gift Card Central where you will find a spectacular selection of gift cards from popular retail stores, restaurants and others!

LENT 2016

Ash Wednesday, February 10th
 Mass & Ash Schedule: 6:30am, 8:30am, 12:05pm, 4:30pm (Liturgy of the Word only) and 7:30pm
Lenten Confession available every Monday evening from 7:00pm-8:30pm
 Feb 15, 22 & 29, March 7, 14 & 21
 plus Saturdays from 4:00pm-5:00pm

SAVE THE DATES

Friday **Traditional Stations of the Cross** 4pm
 February 19 & 26 March 4 & 11
 Friday **Soup & Stations** 6pm
 February 19 & 26 March 4 & 11

Parish Retreat

Sunday, February 28th, 29th and March 1st
 Times TBD

Special Mass with the Anointing of the Sick
 Saturday March 5th 11:00am

The Living Stations

Friday March 18th at 7:30pm & Sunday March 20th at 7:30pm
 Details on all events to follow!!

Preparing for Lent



HOST FAMILIES NEEDED FOR N.E.T. RETREAT TEAM

We are in need of parishioners that are willing to house 2 or possibly 3 N.E.T. Retreat Team members when they visit us on Thursday, March 10th. The N.E.T. Team is a group of 18 to 24 year old young men and women that will be giving a retreat to our Confirmation Candidates. The team members would need to be picked up at our school approximately 10:00 pm on Thursday and returned to the church by 9:00 am on Friday, March 11th. A snack at night, a place to sleep, breakfast in the morning and transportation from and to the school / church is all that is needed. They are a wonderful, spiritual group of young adults. We would be so grateful if you could help out. If so, please contact Michael Harding at 973-252-2465. Thank you!

WEDNESDAY EUCHARISTIC ADORATION



Throughout the year, Jesus' Real Presence is celebrated for 12 hours, from 7:30am to 7:30pm in the Adoration Room/Children's Prayer Room at St. Therese, through exposition of the Blessed Sacrament, and culminating with Evening Prayer and Benediction. Come and be blessed!

Stay for an hour or even a few minutes. You'll be glad you came!

EVENING PRAYER & BENEDICTION

7:00pm – 7:45pm in the church. You're invited for Evening Prayer from the Liturgy of the Hours (also known as Vespers) and Benediction. We will provide an easy to follow "script".

END OF YEAR STATEMENTS

To save postage and printing expenses, we ask that you **REQUEST** your financial statements for your Charitable Contributions for 2015. If you would like a financial statement for your taxes, please contact the rectory:

stthereseoffice@optonline.net stthereseinfo@optonline.net
or call 973-584-8271 ex 712.

**STATEMENTS WILL ONLY BE
PRINTED WHEN REQUESTED AS
PER DIOCESAN GUIDELINES.
THANK YOU FOR YOUR ASSISTANCE!!**

OPEN HOUSE

There will be an Open House at St. Francis Residential Community on Wednesday, February 17th from 1:30-3:30pm. 122 Diamond Spring Road, Denville, NJ. For more information, please call 973-627-5000.

PREPARING FOR LENT AND ASKING; "HOW CAN I PRAY?"

Try the *Daily Examen* from Loyola Press: A Jesuit Ministry!

A great way to pray is to look for God's presence in your life. More than 400 years ago [St. Ignatius of Loyola](#) encouraged prayer-filled mindfulness by proposing what has been called the Daily Examen. It is a technique of prayerful reflection on the events of the day in order to detect God's presence and to discern his direction for us. Try this version of St. Ignatius's prayer.

Become aware of the presence of God. Review the day with gratitude. Gratitude is the foundation of our relationship with God. Walk through your day in the presence of God and note its joys and delights.

Pay attention to your emotions. Reflect on the feelings you experienced during the day. Ask what God is saying through these feelings.

Choose one feature of the day and pray from it. Ask the Holy Spirit to direct you to something during the day that *God* thinks is particularly important. It may be a vivid moment or something that seems insignificant.

Look toward tomorrow. Ask God to give you light for tomorrow's challenges.

St. Ignatius encouraged people to talk to Jesus like a friend. End the Daily Examen with a conversation with Jesus. Ask forgiveness for your sins. Ask for his protection and help. Ask for his wisdom about the questions you have and the problems you face. Do all this in the spirit of gratitude.

To learn more about Ignatian spirituality visit:

<http://www.loyolapress.com/how-can-i-pray-try-the-daily-examen.htm>

<http://www.loyolapress.com/ignatian-spirituality-examen-and-ignatian-prayer.htm>

Catholic Schools Week - 2016

Sunday, January 31– Celebrating the Parish
8th Grade Pin and Ring Mass – 9:00AM
Open House 12:30 – 2:00PM program

Monday, February 1 – Celebrating the Community
Fr. Marc – Vocation Talk – 10:00AM (K-4), 10:30 (5-8)
School-wide service project – Merry Heart Assisted Living

Tuesday, February 2 – Celebrating the Student
Open House - 9:00 – 11:00AM

Wednesday, February 3 – Celebrating Vocations
Wax Museum – 10:00 – 11:30AM

Thursday, February 4 – Celebrating the Nation
**Flag raising and prayer service outdoors – Roxbury police, fire,
EMT invited – 9:00AM**
Volleyball games- 1:00 – 2:15PM

Friday, February 5 – Celebrate Faculty, Staff and Volunteers
Staff Luncheon and Mass for volunteers – 11:00AM

**For more information, please contact
Lisa Hirschfeld, Principal 973-584-0812**

BAKE SALE



The Youth Group will be hosting a Bake Sale on Valentine's Day weekend. There will be many delicious treats to choose from! All proceeds from this sale will offset the cost of the Youth Group's activities throughout the year! Your support is appreciated!

ST. THERESE PARISHIONERS HELP CHILDREN IN KENYA

“Greetings! The food supplies have been delivered and supplied to the schools. May I sincerely on behalf of the kids appreciate the support accorded to the program by the St Therese family. The program has been playing quite a vital role in improving academic and health standards of the disadvantaged and poor kids of the rural area of St Cecilia and neighborhood. Please do extend our regards and appreciation to the parishioners of St. Therese. Thanks and God's blessing, Michael Maundu ”

LENTEN REGULATIONS

FAST AND ABSTINENCE

The specific discipline of the Church of the United States regarding penitential days is as follows:

- The days of fast and abstinence are ASH WEDNESDAY and GOOD FRIDAY.
- The other Fridays of Lent are days of abstinence.
- The Fridays of the year, outside of Lent are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance. This may be physical mortification or acts of religion, charity, or Christian witness.
- Those between the ages of 18 and 59 are obligated to fast; by this obligation the individual is permitted only one full meal in the day. At the age of 14, people are obligated to abstain. The law of abstinence forbids the eating of meat, but not eggs, milk products, or condiments of any kind even though made from animal fat. The obligation to observe the laws of fast and abstinence (unsubstantially or as a whole) is a serious obligation.

Ministry Schedule

Please find a substitute whenever you are unavailable to serve. Remember to sign in.

Any changes or updates? Contact Mary Rotella at rotellam51@gmail.com.

Feb. 6 th & Feb. 7 th 5th Sunday in Ordinary Time	5:00pm	7:30am	9:00am	10:30am	12 noon
Extraordinary Ministers of Holy Communion	D. Kendzior D. Kendzior G. Panula M. Rotella L. Schaefer J. Tekula	R. Dul P. Hefferan M. Istvan D. Preuss I. Preuss M. Recchia	R. Kiesche R. Kiesche P. M ^c Donnell K.A. Mulligan S. Penney J. Butler	D. Medini B. O'Connor R. O'Connor A. Serpa A. White E. Wolan	E. M ^c Carthy A. Mazzoni K. Mydosh F. Park J. Park C. Thomas
Lectors	A. Oswald	S. Babic	M. Harding	R. Tarnacki	F. Vos
Altar Servers	A. Buczynski J. O'Rawe M. O'Rawe	B. Istvan J. Istvan	A. Nowel E. Uhlman A. Yudoff	A. Zammito E. Cmielewski J. Frazer	R. Block F. Kenyon J. Moore
Nursing Home	R. Dul & sub needed				
Shop Rite Gift Cards	R. Kenny S. Krzysik	D. Moog D. Caruso	G. Pasquale B. Robles	E. Turiansky E. Thomas	C. Sagui K. Poline
Soup Kitchen	Note for Cooks: Aluminum pans are available for use in the closet in the APR.		Servers: M. Lawrence Family, L. McMahon, C. Ramos Cooks: M. Medina, G. Finckenor, D. Miranda, M. Tully		

