

Our Lady of Mount Carmel

Sunday, February 12, 2017
Sixth Sunday in Ordinary Time



Weekend Masses

Saturday: 5:00pm
Sunday: 7:30am / 9:00am / 11:00am

Daily Masses

Monday-Saturday: 8:30am (except Wed.)
Wednesday: 7:00pm

First Friday Mass: 2:00pm
@Homestead Nursing Home
Civic Holidays: 9:00am
Holy Days: 8:30am / 7:00pm

Eucharistic Adoration

Monday 9:00am-12:00pm

Sacrament of Reconciliation

Saturday 4:15pm-4:45pm

Sacraments of Baptism, Marriage, & Anointing of the Sick

Please contact the office to arrange.

Youth Group

Heather Falotico
olmcyg@gmail.com

Golden Angels Senior Ministry

Margie Palazzo
973-948-6104

Knights of Columbus, Council 9920

Terrence O'Connor, Grand Knight

Served by:

Father Abuchi F. Nwosu, *Pastor*
fatherabuchi@aol.com
Father Peter Oddo, *Weekend Assistant*
Deacon Anthony Barile
Deacon Edward Muller
Allison Murphy, *Music Director*
olmcmusicministry@gmail.com
Dan Salvatore, *Coordinator of Religious Ed.*
Caroline Mazzola, *Secretary*
Ann Johnson, *Secretary*

Parish Office

203 Newton-Swartzwood Road
Newton, NJ 07860
Hours: 9:00am-1:00pm
Phone: 973-383-3566
Fax: 973-383-3831
mtcarmelswartzwood@gmail.com
www.olmcswartzwood.org

Religious Education Office

Hours: 9:00am-1:00pm
Phone: 973-579-2355
olmcccd@gmail.com

Should I be angry?

“Harboring anger is an understandable reaction to life’s hurts and offenses, but resentment takes a horrible toll on our relationships, health, and fellowship with God.”

As Jesus continued His sermon on the mount in today’s gospel, He clearly said, “You have heard it said, ‘Do not murder, but I say that everyone who is angry with his brother will be liable to judgment.’” This tells us how anger affects us and our relationship with God. Besides, “the long-term physical effects of uncontrolled anger include increased **anxiety**, high blood pressure and headache.” Anger can devastate marriages, separate children and parents, and poison other relationships. If anger is prolonged, one may begin to seek vengeance. That’s why St. Paul encouraged believers to deal with anger quickly before it could take a toll on their lives: “Be angry, yet do not sin.” Do not let the sun set upon your anger” (Ephesians 4:26). Even Jesus warns, “If you are offering your gift at the altar and there remember that your brother has something against you, leave your gift there before the altar and first be reconciled to your brother before returning to offer your gift.”

“Anger that is selfish, undisciplined, and vindictive is sinful and has no place even temporarily in the Christian life. But anger that is unselfish and is based on love for God and concern for others not only is permissible but commanded. Genuine love cannot help being angered at that which injures the object of that love.” There is indeed awesome power in forgiveness. It is in fact God’s solution for bitterness, resentment, and hostility. **Forgiveness** transforms anger and hurt into healing and peace. You and I need the freedom found only through sincerely and completely forgiving others.

—Fr. Abuchi

Mass Intentions for the Week**Saturday, February 11**

GN 3:9-24/MK 8:1-10

8:30am For Persecuted Christians

5:00pm Frances Curulli

Sunday, February 12

SIR 15:15-20 / 1 Cor 2:6-10/ MT 5:17-37

7:30am Residents of Homestead Nursing Home

9:00am For Parishioners and Their Families

11:00am Respect For Life

February 13

GN 4:1-15, 25 / Mk 8:11-13

8:30am Paul Arce

Tuesday, February 14 (Memorial Of Saints Cyril, Monk and Methodius)

GN 6:5-8; 7:1-5, 10/ Mk 8:14-21

8:30am Duncan Fitton

Wednesday, February 15

GN 8:6-13, 20-22 / MK 8:22-26

7:00pm Bob Froetscher

Thursday, February 16

GN 9:1-13 / MK 8:27-33

8:30am Donatus Nwosu

Friday, February 17

GN 11:1-9 / Mk 8:34-9:1

8:30am Intentions of Miranda

Saturday, February 18

HEB 11:1-7 / Mk 9:2-13

8:30am Helen Bergman

5:00pm Ida Grimes

Sunday, February 19

LV 19:1-2, 17-18 / 1 Cor3:16-23/ MT 5:38-48

7:30am Souls in Purgatory

9:00am Respect for Life

11:00am Priests of Patterson Diocese

Please Remember and Pray For the Following

Ann Bott, Walter & Concetta Brock Jr., Lindsey Brooke, Joseph Colon, Terry Comex, Carmine Curulli, Ingrid Diaz, Doug Ernst, Sr. Thomasina Gebhard, Richard Hennings, Les Humienny, Ava Kljajic, Bruce Konar, Joshua Koontz, Kden LeoGrande, Charles Longo, Pete Mahler, Mary Jo Manno, Susanne Martone, James B. Nienstedt, Mary Ellen Nienstedt, Sister Peggy Noone, John Samssock, Stephen Osborn, Margie Palazzo, Jerome Pasternak, Connie Pyne, Maryanne Quara, Peter F. Reynolds, Colleen Romano, Sal Romano, Carol Rock, Joan Royer, Rose Marie Sciascia, Carole Salvatore, James Scales, Diane Scarince, Greg Schmiditty, Rose Marie Sciascia, Gloria Shope, Carole Sisco, Debbie Smith, Nancy Snook, Richie Sorce, Andrew Sorce, Michael Sugar, Dale Swoboda, Roberta Treptau, Rosalie Turton, David & Vince Ventresca, Pat Zaleski, Virginia Zaleski

A GOOD STEWARD

Sunday, February 5

\$3822.00

Thank you for your generosity!

The second collection this week is for the Diocesan Assessment. Please be as generous as possible.

SANCTUARY LAMP

This week the Sanctuary Lamp burns for
Duncan Fitton

**WOMEN AND MEN OF THE ARMED FORCES**

We ask God the Father, through the intercession of St. Michael the Archangel to protect all the men and women in our Armed Forces. May they be brought back safely to those whom they love: Larisa Furs, US Navy; Lt. Jason Gieniewski, U.S. Army; Pvt. Daniel Michael Mobilio, Army; Captain Richi M. Pazdzierski, US Army;

Captain Jane Petrick, Army; Lt. Daniel T. Pevarnik Jr., National Guard; Captain Cheryl Ryan, US Army; Seaman Recruit Tylor Joseph Salonia; Michael Valeich, Staff Sergeant; Robert Williams, Airman

NOVENA TO ST. VALENTINE

St. Valentine was a holy priest of Rome who was martyred under the Emperor Aurelian in 270. He cooperated in the Saviour's Redemption "by bearing the cross after Him." "Having made the sacrifices of his life for Him, he finds it again" for "victorious in his terrible fight" God "crowns him in heaven with glory and honor."

O **Holy** Martyr, St. Valentine, pray for the **Faithful**, who are so persevering in celebrating thy memory. The day of Judgment will reveal to us all thy glorious merits. Oh! intercede for us, that we may then be made thy companions at the right hand of the Great Judge, and be united with thee eternally in heaven.

Charitable Statements

If you'd like to receive a copy of your charitable statements for 2016, please call the office.

St. Paul's Inside The Walls**Inside the Walls this February**

Advocati Christi
presents

Professor Robert P. George
Conscience and It's Enemies:
Why Moral Truths Matter

Wednesday, February 15th from 7-8pm
Presentation is opened to the public - \$15.00
For more information please visit their website
www.insidethewalls.org

Night With The New Jersey Devils

Save the Date: March 25, 2017

Please Help Support Our Lady of Mt. Carmel

The NJ Devils are hosting a game on Saturday, March 25th. Tickets are \$45 and come with a free gift from the NJ Devils. Each ticket purchased helps directly support Our Lady Of Mt. Carmel.

Tickets will need to be purchased by Sunday March 5th. If you have any questions, please e-mail Heather at olmcyg@gmail.com.

—Thank You

AUXILIUM SCHOOL**PART TIME CAREGIVERS NEEDED!**

The Auxilium School is looking for part-time caregivers with flexible hours to work in our Infant/Toddler program. We are looking for responsible, nurturing, committed individuals to join our staff. CPR/FA certified preferred. Some additional training may be required. Please fax your resume to us at (973) 383-3214 or email us at Schooloffice@campauxilium.org

HOMESTEAD EUCHARISTIC MINISTERS

We are in dire need of volunteers to take the Eucharist to the residents of the Homestead Rehab & Health Care Center in Newton. If you are a Eucharistic Minister and can help out one Sunday every 5 weeks, please contact Dan Salvatore at 973-579-1908.

THANK YOU**A very special Thank You to the parishioners of Our Lady of Mt. Carmel**

Thank You for your kindness and support. My time here over the years were enjoyable.

God Bless everyone at Our Lady of Mt. Carmel

—Kathy Modrow

RELIGIOUS EDUCATION

The next Confirmation gathering will be **February 12th** in the Community Center from 7:00 to 8:30 pm.

The following children's Mass will be **February 19th** at 11 am. Grade 4 will actively participating.

Just A Reminder

In observance of **President's Day**, there are no **CCD** classes on February 19th.

Attention Youth Group and all Church members: Please see the youth group bulletin board for all upcoming youth group events. The board is located in the entry way to the hall. For more information on the youth group and upcoming events, please email olmcyg@gmail.com.

LEGACY GIFTS

Lord reminds us of the abundant blessings that come from a generous heart. "Give and gifts will be given to you; a good measure, packed together, shaken down, and overflowing, will be poured into your lap. For the measure with which you measure will in return be measured out to you."

When you give your time, talent and financial resources to our parish, it strengthens our faith community in so many wonderful ways!

Did you know that there are also opportunities to make a legacy gift to Our Lady of Mount Carmel that will touch the lives of parishioners for generations to come? Please prayerfully consider remembering our parish in your will and estate plans. For more information, call our parish at 973-383-3566 or contact our diocesan development office at 973-777-8818, ext 215 for further assistance and to discuss options that might work for you. Thank you so much for all you do for Our Lady of Mount Carmel — now and in the future!