

Our Lady of Mount Carmel

Sunday, July 22, 2018
Sixteenth Sunday in Ordinary Time



Served by:

Father Abuchi F. Nwosu, *Pastor*
fatherabuchi@aol.com
Father Peter Oddo, *Weekend Assistant*
Deacon Anthony Barile
Deacon Al Kucinski
Deacon Edward Muller
Dan Salvatore, *Coordinator of Religious Education*
Matthew Arnold, *Music Director*
msarnold@udel.edu
Caroline Mazzola, *Secretary*
Ann Johnson, *Secretary*

Parish Office

203 Newton-Swartwood Road
Newton, NJ 07860
Hours: 9:00am-1:00pm
Phone: 973-383-3566
Fax: 973-383-3831
mtcarmelnewton@gmail.com
www.olmcswartwood.org

Religious Education Office

Hours: 9:00am-1:00pm
Phone: 973-579-2355

Weekend Masses

Saturday: 5:00pm
Sunday: 7:30am / 9:00am / 11:00am

Daily Masses

Monday-Saturday: 8:30am (except Wed.)
Wednesday: 7:00pm
First Friday Mass: 2:00pm
@Homestead Nursing Home
Holy Days: 8:30am / 7:00pm

Eucharistic Adoration

Monday 9:00am-12:00pm

Sacrament of Reconciliation

Saturday 4:15pm-4:45pm

Sacraments of Baptism, Marriage, & Anointing of the Sick

Please contact the office to arrange.

OLMC Joy Club (Just Older Youth)

Patricia Cholasta
973-534-7733

Youth Group

Heather Falotico
olmcyg@gmail.com

Knights of Columbus, Council 9920

William R. Nagy, Grand Knight
Olmckofc9920@gmail.com

“Come away by yourselves to a deserted place and rest a while.”

Sports coaches and sports physiologists know the importance of rest and break. "They explain how rest is a crucial part of conditioning; without it, our muscles will break down." Thus, they recommend a break and rest for the athletes and players as they get prepared for the next round of their competition. Breaks are very healthy and a very vital aspect of human life. Taking occasional break refreshes and energizes the mind. If you're married to an unusually selfish person, a controlling person, a depressed spouse or even if you're just wed to an average sinner, on some days you may say to yourself, "Today, I just need a short break." Even the people who are married to an agreeable person, at times both of them will butt heads. At that point, they probably need to take a little break so that they can look at the situation with fresh eyes and renewed energy.

According to the book of Genesis, God also took a break and rested on the seventh day after the completion of His creation. Jesus also values the importance of break and resting. In today's gospel, we read about the return of the apostles whom He sent on a mission last week. Today they reported exciting stories and experiences from the mission. In fact, it was a successful mission. They were delighted for what they have accomplished and eager to share them with Jesus. At that moment, Jesus suggested a change of pace and of location, to take them away to a quiet place, where they could rest and hopefully recharge their batteries for the next assignment.

The second part of the gospel showed us that the restful place suddenly became a crowded place. Unfortunately, their plan for rest was interrupted by people with needs and demands. Yes, we are all familiar with that kind of experience. We plan something and it doesn't work out. Jesus and His disciples experienced a major interruption to what they were intending. Interruptions are part of all our lives, and as one writer puts it, "God is often to be found in the interruptions." "Jesus responded to the interruption by being completely present to it. He did not try to avoid the crowd or to send them away." He was very compassionate and kind to their needs and demands and so ministered to them accordingly. The lesson of the gospel is that taking break and a vacation are invaluable elements to human happiness, growth and progress. However, Christ is also teaching us to be present to people, to be kind and compassionate even when they turn up unexpectedly and interrupt what we had carefully planned.

—Fr. Abuchi

Mass Intentions for the Week**Saturday, July 21**

MI 2:1-5 / MT 12:14-21

8:30am Bob Froetscher

5:00pm Cornelio Odorizzi

Sunday, July 22

JER 23:1-6 / EPH 2:13-18 / MK 6:30-34

7:30am For the Souls in Purgatory

9:00am Edward Muller, Sr

11:00am Intentions of John Pasternak

Monday, July 23

MI 6:1-4, 6-8 / MT 12:38-42

8:30am Private Intentions

Tuesday, July 24

MI 7:14-15, 18-20 / MT 12:46-50

8:30am Rose Crivelli

Wednesday, July 25 - Feast of Saint James, Apostle

2 COR 4:7-15 / MT 20:20-28

7:00pm Lawrence Nwoye

Thursday, July 26 - Memorial of Saints Joachim and Anne,**Parents of the Blessed Virgin Mary**

JER 2:1-3, 7-8, 12-13 / MT 13:10-17

8:30am Raymond Lisbi

Friday, July 27

JER 3:14-17 / MT 13:18-23

8:30am Peter Biasi

Saturday, July 28

JER 7:1-11 / MT 13:24-30

8:30am Intentions of Frank Roehrig

5:00pm

Sunday, July 29

2 KGS 4:42-44 / EPH 4:1-6 / JN 6:1-15

7:30am

9:00am Deceased Members of Koltek Family

11:00am Robert and Jeanne Caffrey

Please Remember and Pray For the Following

Jennie Apostola, Ann Bott, Ralph Bozza, Samantha Brady, Walter & Concetta Brock Jr., Bradley Burchfield, Dominic Bongiorno, George Carse, Joseph Colon, Fr. Angelus Croce, Ingrid Diaz, Kara Deserto, Doug Ernst Sr., Linda Flynn, Thomasina Gebhard, Richard Hennings, Ava Kljajic, Bruce Konar, Joshua Koontz, Alex Krucinski, Kimberly Lane, Kden LeoGrande, Elizabeth Lacovara, Pete Mahler, Maria Mallozzi, Mary Jo Manno, Deacon Charles Mathias, Susanne Martone, Brett Mershon, Mary Ellen Nienstedt, Stephen Osborn, Margie Palazzo, Jason Parker, Sr., Jerome Pasternak, Lorraine Paxton, Clarence Remke, Peter F. Reynolds, Carol Rock, Bishop Frank Rodimer, Colleen Romano, Olga Romeo, Linda Ross, Joan Royer, Rose Marie Sciascia, Carole Salvatore, John Samsoc, James Scales, Diane Scarince, Greg Schmiditty, Jenna Shammass, Gloria Shope, Carole Sisco, Debbie Smith, Nancy Snook, Stephanie, Richie Sorce, Andrew Sorce, Richard Sorge, Michael Sugar, Dale Swoboda, Roberta Treptau, David & Vince Ventresca, Brooke Zaleski

A GOOD STEWARD

Sunday, July 15 \$ 3,291.50
On Line Giving \$ 250.00

This weekend the second collection is for Catholic Communication Campaign, Black and Indian Missions and Catholic University of America

Thank you for your generosity!

SANCTUARY LAMP

*This Week The Sanctuary Lamp
 Burns for the Intentions of
 Judy Bergeron*

**WOMEN AND MEN OF THE ARMED FORCES**

We ask God the Father, through the intercession of St. Michael the Archangel, to protect all the men and women in our Armed Forces. May they be brought back safely to those whom they love: Larisa Furs, US Navy; Lt. Jason Gieniewski, U.S. Army; Pvt. Daniel Michael Mobilio, Army; Captain Richi M. Pazdzierski, US Army; Captain Jane Petrick, Army; Lt. Daniel T. Pevarnik, Jr., National Guard; Captain Cheryl Ryan, US Army; Seaman Recruit Tyler Joseph Salonia; Michael Valeich, Staff Sergeant; Pvt. Zachary Wharton, Robert Williams, Airman

**Memorial of Saints Joachim and Anne-Parents of the Blessed Virgin Mary-July 26**

O Lord, God of our Fathers, who bestowed on Saints Joachim and Anne this grace, that of them should be born the Mother of your incarnate Son, grant, through the prayers of both, that we may attain the salvation you have promised to your people. Through our Lord Jesus Christ, your son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

Anne: Patron against poverty, grandmothers and grandparents
Joachim: Patron of fathers, grandfathers and grandparents

NEWLY MARRIED

Congratulations to newly married Chris and Amy Mangan who were married on Saturday, July 14. We wish them a Happy life.

"May your marriage always bring glory to God, joy to one another and blessings to your family for many generations to come. May love and laughter fill your hearts and your home throughout all the days of your lives. May you face every challenge hand-in-hand and side-by-side knowing that with God's grace, you will conquer all obstacles together. May the world be forever a better place because the two of you fell in love! In Jesus' name, Amen." —Dave Willis

QUOTE OF THE WEEK

-"God loves each of us as if there were only one of us."
 -"Pray as though everything depended on God. Work as though everything depended on you"

—St. Augustine

Knights Of Columbus ANNOUNCEMENTS

***The Knights of Columbus** are presently holding a raffle to help the less fortunate. There will be 3 prizes drawn to give you a greater chance of being a winner. The three monetary prizes will be 35%, 10%, and 5% of all proceeds collected from ticket sales. Tickets are available at the kitchen-side entrance of the church. "The Knights" thank you for your continued support

***The Knights of Columbus** is a fraternal organization for Catholic gentlemen in union with the Holy See. All Catholic men, 18 and over, are invited to join.

Visit "WWW.KofC.org/joinus" to learn more about the many benefits of membership in the Knights of Columbus.

For more information contact Bill Nagy, at 973-919-8554, or Terry O'Connor, at 201-874-9836.

FIVE REASONS TO ATTEND DAILY MASS!

For many of us, the idea of making Daily Mass is a luxurious thought. We so quickly dismiss the idea without truly contemplating the real benefits of 'sacrificing' a portion of our day. I was one of those people... until I started going to Daily Mass.

1. *30 Minutes of Peace* - We all need a time to unplug from constant stimulation. Go to Mass and leave your phone in the car. You won't regret it.
2. *Moves the Focus AWAY from Ourselves* - Every time a Mass is offered, whether you're there or not, it's a sacrifice offered on YOUR BEHALF. The Mass is for you. Give part of each day for Him.
3. *Making an Act of Faith* - When life gets tough you can always depend on God. God is faithful and going to daily Mass will allow you to see that more clearly.
4. *Dedicated Time for Prayer* - Daily Mass gives us ample opportunity to restructure our prayer life. Mass can teach us that prayer has a lot to do with being thankful, with making penance and with praying for others.
5. *Jesus* - So Jesus said to them, "Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them." - John 6:53-56

— Robert Barbry II

JOY CLUB Meeting Announcement

The next JOY CLUB meeting will be Saturday, July 28th in the hall. Lunch will be served. Come join us for good company and some fun. \$5 for lunch and \$2 dues. If you have any questions or need a ride, please call Patricia (973)534-7733

EUCCHARISTIC ADORATION

At OLMC, we are blessed to have Eucharistic Adoration every Monday morning from 9:00 am till noon. Below are some reasons why you should consider spending some "one on one" time with our Lord.

- ***It deepens our experience receiving Holy Communion*** - Pope Benedict has said "Indeed, an intrinsic connection exists between celebration and adoration: 'No one eats of this flesh' as St. Augustine writes, 'without having first adored it.' Adoration outside Holy Mass prolongs and intensifies what has taken place in the celebration and makes a true and profound reception of Christ possible."
- ***It helps us to be transformed by Jesus*** - In 1989, St. John Paul II said "If we are to experience the Eucharist as the 'source and summit of all Christian life,' then we must celebrate it with faith, receive it with reverence, and allow it to transform our minds and hearts through the prayer of adoration."
- ***It helps us to humble ourselves*** - In the Catechism of the Catholic Church it is written that "Adoration is the first attitude of man acknowledging that he is a creature before his Creator."
- ***It brings us joy*** - St. Padre Pio was once quoted as saying "A thousand years of enjoying human glory is not worth even an hour spent sweetly communicating with Jesus in the Blessed Sacrament."
- ***It greatly pleases Jesus*** - St. Faustina wrote that she heard Jesus saying to her "I desire to bestow My graces upon souls, but they do not want to accept them. You, at least, come to Me as often as possible and take these graces they do not want to accept. In this way, you will console My Heart."
- ***It strengthens us*** - Mother Teresa of Calcutta reminded us that through the Eucharist Jesus "opens the floodgates of His merciful love to the whole world".

ON LINE GIVING OPTIONS

FOR WEEKLY AND ONE TIME GIFTS

Enrolling in Online Giving is a great way to ensure your gifts to Our Lady of Mt. Carmel are received even when you are away or traveling.

Please visit: <https://olmcswartswood.churchgiving.com>

SICK and HOMEBOUND

Anyone who is homebound or sick and needs a priest, please call the office to make arrangements — (973)383-3566