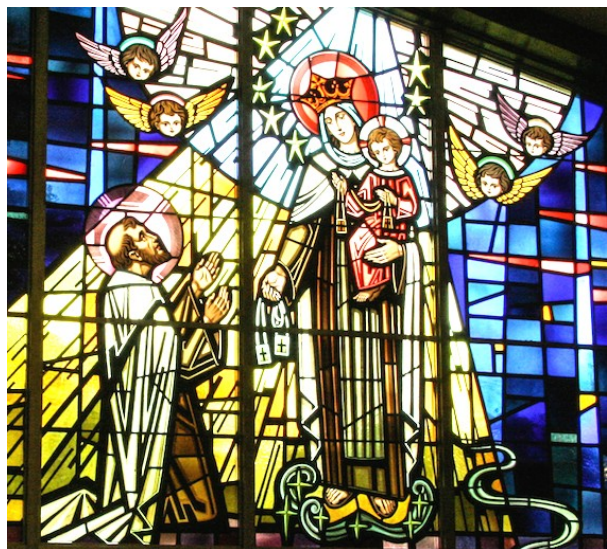


Our Lady of Mount Carmel

Sunday, March 10, 2019
First Sunday of Lent



PARISH STAFF

Father Abuchi F. Nwosu Pastor
fatherabuchi@aol.com
Father Peter Oddo Weekend Assistant
Deacon Anthony Barile
Deacon Al Kucinski
Deacon Edward Muller
Dan Salvatore Coordinator of Religious Education
Caroline Mazzola Secretary
Ann Johnson Secretary

PARISH OFFICE

203 Newton-Swartswood Road • Newton, NJ 07860
Hours 9:00 am - 1:00 pm
Phone 973-383-3566
Fax 973-383-3831
Email mtcarmelswartswood@gmail.com
Web www.olmcswartswood.org

RELIGIOUS EDUCATION OFFICE

Hours 9:00 am - 1:00 pm
Phone 973-579-2355

OLMC JOY CLUB (Just Older Youth)

Patricia Cholasta 973-534-7733

YOUTH GROUP

Heather Falotico olmcyg@gmail.com

KNIGHTS OF COLUMBUS, Council 9920

William R. Nagy Grand Knight
olmckofc9920@gmail.com

WEEKEND MASSES

Saturday 5:00 pm
Sunday 7:30, 9:00 & 11:00 am

DAILY MASSES

Monday-Saturday 8:30 am (except Wednesday)
Wednesday 7:00 pm
First Friday Mass 2:00 pm
@Homestead Nursing Home
Holy Days 8:30 am & 7:00 pm

EUCCHARISTIC ADORATION

Monday 9:00 am - 12:00 pm

SACRAMENT OF RECONCILIATION

Saturday 4:15 - 4:45 pm

SACRAMENTS OF BAPTISM, MARRIAGE & ANOINTING OF THE SICK

Please contact the office to arrange.

Masses for the Week 

Saturday, March 9

IS 58:9B-14 / LK 5:27-32

8:30 am Intentions of S.M. Jr. *by Mazzola Family*

5:00 pm Grabin Family *by Pat & Lester Zaleski*

Sunday, March 10

DT 26:4-10 / ROM 10:8-13 / LK 4:1-13

7:30 am Joe Zukowski, Sr. *by Joe Zukowski, Jr.*

9:00 am Robert Mucha *by Knas Family*

11:00 am Mauro Colonna *by Joe & Charlene Colonna*

Monday, March 11

LV 19:1-2, 11-18 / MT 25:31-46

8:30 am Patricia Sweeney *by Deacon Ed & Mary Lou Muller*

Tuesday, March 12

IS 55:10-11 / MT 6:7-15

8:30 am Recovery of Tyler Rodimer *by Veliz Family*

Wednesday, March 13

JON 3:1-10 / LK 11:29-32

7:00 pm Recovery of Tyler Rodimer *by Veliz Family*

Thursday, March 14

EST. C:12, 14-16, 23-35 / MT 7:7-12

8:30 am Intentions of Christian Veliz *by Veliz Family*

Friday, March 15

EZ 18:21-28 / MT 5:20-26

8:30 am Andrew Oravec *by Ron & Ann Johnson*

Saturday, March 16

DT 26:16-19 / MT 5:43-48

8:30 am Recovery of Tyler Rodimer *by Youth Group*

5:00 pm Tina Stolz *by Boettcher Family*

Sunday, March 17

GN 15:5-12, 17-18 / PHIL 3:17-4:1 / LK 9:28B-36

7:30 am Robert P. Hardy *by Parish Staff*

9:00 am Koltek Family *by Knas Family*

11:00 am Michael Sugar *by Pat & Lester Zaleski*

PLEASE REMEMBER TO PRAY FOR THE FOLLOWING

Jennie Apostola, John Barrett, Lucy Barrett, Ann Bott, Walter & Concetta Brock Jr., Bradley Burchfield, Dominic Bongiorno, Joseph Colon, Fr. Angelus Croce, Stephanie Cuomo, Ingrid Diaz, Kara Deserto, Doug Ernst Sr., Linda Flynn, Donna Gatto, Richard Hennings, Eva Kieger, Ava Kljajic, Ziggy Knop, Bruce Konar, Joshua Koontz, Alex Krucinski, John Kucinski, Kden LeoGrande, Pete Mahler, Maria Mallozzi, Mary Jo Manno, Deacon Charles Mathias, Susanne Martone, Brett Mershon, Bob Metroke, Mary Ellen Nienstedt, Stephen Osborn, Margie Palazzo, Jason Parker, Sr., Jerome Pasternak, Lorraine Paxton, Clarence Remke, Peter F. Reynolds, Carol Rock, Tyler Rodimer, Colleen Romano, Olga Romeo, Linda Ross, Rose Marie Sciascia, Carole Salvatore, Diana Salvatore-Hiler, John Samsoc, Greg Schmiditty, Gloria Shope, Marianne Skrocki, Debbie Smith, Nancy Snook, Stephanie, Richie Sorce, Andrew Sorce, Gene Streeter, Dale Swoboda, Roberta Treptau, David & Vince Ventresca, Brooke Zaleski, Virginia Zaleski

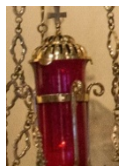
A GOOD STEWARD

Sunday, March 3	\$2,763.00
Online Giving	\$375.00
European Relief Online 2/24	\$90.00

***There will be a second collection this weekend for the Diocesan Assessment**

Thank you for your generosity!

This Week the Sanctuary Lamp Burns for the Healing of Fr. William Kiel



WOMEN AND MEN OF THE ARMED FORCES

We ask God the Father, through the intercession of St. Michael the Archangel, to protect all the men and women in our Armed Forces. May they be brought back safely to those whom they love: Major Brandon Bennett, NJ Army National Guard (Federal); Larisa Furs, US Navy; Lt. Jason Gieniewski, US Army; Pvt. Daniel Michael Mobilio, Army; Captain Richi M. Pazdzierski, US Army; Captain Jane Petrick, Army; Lt. Daniel T. Pevarnik, Jr., National Guard; Captain Cheryl Ryan, US Army; Seaman Recruit Tyler Joseph Salonia; Michael Valeich, Staff Sergeant; Pvt. Zachary Wharton, Robert Williams, Airman



Partners in Faith

We have received our annual rebate for your contributions to the Partners in Faith campaign of the Paterson Diocese. This year we received \$1,762.13, which brings our rebate total to \$39,928.94 since the campaign started. Your generous donations to this worthy cause has truly benefitted our parish. We will put this money towards the repairs in the church and the parish office. Thank you for fulfilling your commitment to this campaign.

Total parish shared amount as of December 31, 2017: \$3,322.78, December 31, 2016: \$5,565.40, December 31, 2015: \$7,040.99, December 31, 2014: \$7,404.77, and December 31, 2013: \$14, 832.87.

What are you doing for Lent this year?
(Our Sunday Visitor)

Ask Catholics what they're doing for Lent this year, and they'll probably tell you that they are giving up a favorite food, a favorite pastime or anything else they really love but isn't essential in their lives.

Giving up something for Lent fosters self-discipline and tempers our desires. It is a form of fasting. it is a form of penance. It promotes spiritual growth. If you're giving up something for Lent, that's great. But think about the possibility of doing something positive to bolster your spiritual life and make the world a better place. Look for ways that can increase your knowledge of your faith, strengthen your spiritual life or perform special acts of mercy and kindness at home, at work, in your parish or in your community.

Lenten prayers and devotions

*Begin each morning with the prayer: "Lord, I offer you this day and all that I think, and do, and say." *Attend Daily Mass as often as possible. *Pray the Sorrowful Mysteries of the Rosary. *Make the Stations of the Cross at home or in a parish celebration. * Read scripture for 10 minutes every day. * Pray the Seven Penitential Psalms (Psalm 6, 31, 50, 101, 129 and 142). * Spend some time in quiet prayer before the Blessed Sacrament. * Abstain from meat for an extra day or two each week. *Keep a Lenten journal with your spiritual insights, special intentions, people you want to pray for, hurts and disappointments that you want to offer up and progress reports on your Lenten resolutions

Lent 2019

Confession

Every Monday, March 11 – April 8
7:00 PM – 8:30 PM and at all Parishes in the Diocese.



Lenten Meatless Soup Suppers

Every Friday at 6:00 PM during lent.

Stations of the Cross

Begins at 7:00 PM following the Meatless Soup Supper.

Our annual **Lenten Meatless Soup Suppers** are held each Friday during lent. Dinner starts at 6PM with **Stations of the Cross** beginning at 7PM. A free donation is suggested – all proceeds will go to the Church. Sign-up sheets are at the side doors. Set-up and clean-up help is needed. Please call Dina (973)579-1908 if you have any questions or would like more information on this Our Lady of Mount Carmel tradition.

Stations of the Cross

The Stations of the Cross are a 14-step Catholic devotion that commemorates Jesus Christ's last day on Earth as a man. The 14 devotions, or stations, focus on specific events of His last day, beginning with His condemnation. The stations are commonly used as a mini pilgrimage as the individual moves from station to station. At each station, the individual recalls and meditates on a specific event from Christ's last day. Specific prayers are recited, then the individual moves to the next station until all 14 are complete.

Telling the story of the suffering, death and resurrection of Jesus was an important part of the early Christian's experience. In the late 4th century, people began making pilgrimages to the Holy Land, where they would follow the path that Jesus took to Calvary. During the Middle Ages, when outbreaks of war made it impossible for people to travel to the Holy Land, people created a Via Dolorosa, or "Sorrowful Way," in their towns and villages. They erected paintings or sculptures depicting the Passion of Christ along a processional route or inside a church. By the mid-18th century, the number of stations was fixed at 14 and the devotion known as the Stations of the Cross, also called the Way of the Cross, became widespread.

**JOY Club Announcement
(Fellowship for Parishioners over 55)**

Our next JOY CLUB meeting will be **Tuesday, March 19 at 12pm** in the Church Hall. Lunch will be served. Come join us for good company and some fun. \$5 for lunch and \$2 dues. If you have any questions or need a ride, please contact Patricia (973)534-7733

Bible Study

OLMC is conducting a Lenten bible study in the community center. Lester Zaleski's group will start on Monday March 11 at 6:30 PM, and Deacon Al's group will start Wednesday March 13 at 7: PM. We will meet for about 90 minutes. Lester can be contacted at 383-5189, and Deacon Al at 383-4158

Chronic Pain

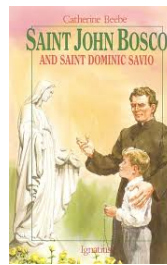
Introduction for education and support Saturday, March 16th, 10:00 am to 11:30 am or 12:00 pm to 1:30 pm. Welcome to stay for both. Invite friends experiencing pain. For more information please visit www.acpa.org or call Lester Zaleski at (973)383-5189.

Don Bosco Columbiettes # 7784

The Don Bosco Columbiettes are now taking orders for Easter Palm Crosses. This fresh Palm Cross is handmade with 10 fan sets of 6 palm hoops, 2 plastic lilies and a bow. The bottom of the of the wooden lath is cut at an angle for easy ground insertion. All crosses are individually wrapped in a clear poly bag. Palm Crosses outer dimensions: 26" x 14" and the cost is \$10.00. **Advanced Orders Only.** For additional information, please call Miriam Montagne at (201)230-1273. Palm Crosses will be available for pick-up the weekend of April 6th-7th at the Community Center (directly across the street from St. Joe's Church). Please mail your orders by March 23rd along with payment to: **Don Bosco Columbiettes #7784, PO Box 412 Newton, NJ 07860**



Saint Dominick Savio – March 10



So many holy persons seem to die young. Among them was Dominic Savio, the patron of choirboys.

Born into a peasant family at Riva, Italy, young Dominic joined Saint John Bosco as a student at the Oratory in Turin at the age of 12. He impressed Don Bosco with his desire to be a priest and to help him in his work with neglected boys. A peacemaker and an organizer, young Dominic founded a group he called the Company of the Immaculate Conception which, besides being devotional, aided John Bosco with the boys and with manual work. All the members save one, Dominic, would, in 1859, join Don Bosco in the beginnings of his Salesian congregation. By that time, Dominic had been called home to heaven.

As a youth, Dominic spent hours rapt in prayer. His raptures he called "my distractions." Even in play, he said that at times, "It seems heaven is opening just above me. I am afraid I may say or do something that will make the other boys laugh." Dominic would say, "I can't do big things. But I want all I do, even the smallest thing, to be for the greater glory of God."

Dominic's health, always frail, led to lung problems and he was sent home to recuperate. As was the custom of the day, he was bled in the thought that this would help, but it only worsened his condition. He died on March 9, 1857, after receiving the Last Sacraments. Saint John Bosco himself wrote the account of his life.

Some thought that Dominic was too young to be considered a saint. Saint Pius X declared that just the opposite was true, and went ahead with his cause. Dominic was canonized in 1954.

Like many a youngster, Dominic was painfully aware that he was different from his peers. He tried to keep his piety from his friends lest he have to endure their laughter. Even after his death, his youth marked him as a misfit among the saints and some argued that he was too young to be canonized. Pope Pius X wisely disagreed. For no one is too young—or too old or too anything else—to achieve the holiness to which we all are called.

Saint Dominick Savio is the Patron Saint of choirboys and juvenile delinquents.



“Do not lead us into temptation but deliver us from the evil ones.”

Temptation comes in different ways and at different times in our lives. Sometimes people get tired of trying and then give in to temptation. When we are tempted, the tempter or the evil one helps us to rationalize everything and to find reasons, arguments and logic to support our desires.

And nobody is immune from being tempted. Those who are close to God are constantly tempted.

The book of Job provides us a good example of how good people can be tempted. Job lost everything he had. Besides his loss, he also suffered a terrible skin disease. At this lowest moment in his life, he was very vulnerable to temptation. Job's wife even asked him to curse God and then die. Instead he responded positively, "We accept good things from God; and should we not accept evil?" Job never cursed as directed by his wife and said nothing sinful. Because of Job's faithfulness till the end of his trial, God blessed him and rewarded him abundantly. And there are times in our lives we are like Job, when we feel God has gone from our life and probably not answering our prayers. We might be tempted to do many things, be tempted to give up praying, be tempted to give up our relationship with people or be tempted to do wrong things. Those lowest moment in our lives is the time to stay close to God and ask for His grace and strength.

Today's gospel presents to us the account of Jesus' temptation. He had fasted for 40 days, hungry and so vulnerable. In the first temptation, the tempter suggests to Jesus, 'If you are the Son of God, command this stone to turn into a loaf of bread.' In other words, use your power and influence, not for others but for your own satisfaction, comfort and convenience. "In the second temptation, the tempter urges him to use his intelligence and his charisma to gather round him the rich and powerful from every nation, and, eventually, to become a great political leader. In fact, it was the temptation to seek world attention and become a political messiah, a temptation to fame and fortune and empire-building." All through the gospel, Jesus is portrayed as a servant. He also encouraged the apostles instead of seeking for greatness, each of them must humble themselves and strive to be servant to others. Since Jesus resisted the first and second temptation, the devil presses again for the third and final attack. "The third temptation of Jesus (according to Luke) is to go to the very top of the temple in Jerusalem and take a flying leap from there. A stunt like this will surely attract a horde of followers and prove to Jesus personally whether God cares about him or not. The very thought of it is fascinating. Jesus, however, promptly puts the idea completely out of his mind as he remembers and relishes God's word: 'You must not put the Lord your God to the test.'"

Why do we read the story of Jesus' temptation on the first Sunday of Lent? According to Dr. Scott Hahn, "Because like the biblical sign of forty (see [Genesis 7:12](#); [Exodus 24:18](#); [34:28](#); [1 Kings 19:8](#); [Jonah 3:4](#)), the forty days of Lent are a time of trial and purification. Therefore, Lent is to teach us what we hear over and over in today's readings. "Call upon me, and I will answer," the Lord promises in today's Psalm." During these 40 days of Lent, may you resist temptation and continue to do something that will bring you closer to Christ and also to give up something that may keep you from a good relationship with Christ. I encourage you to pray often. You may get tired or be tempted to give up what you promised to do for lent, but do not give up your good works and all the good things you planned on this Lent.

—Fr. Abuchi



QUOTE OF THE WEEK

“In the spiritual life, you must take one step forward each day in a vertical line, from the bottom up.”

—Padre Pio