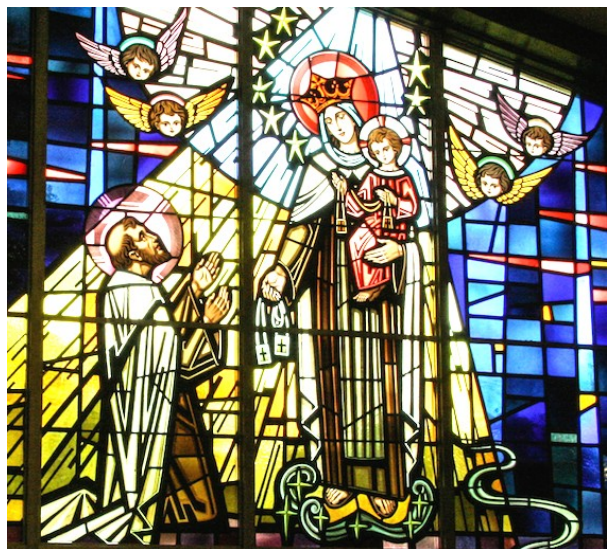


Our Lady of Mount Carmel

Sunday, June 30, 2019
Thirteenth Sunday in Ordinary time



PARISH STAFF

Father Abuchi F. Nwosu Pastor
fatherabuchi@aol.com
Father Peter Oddo Weekend Assistant
Deacon Anthony Barile
Deacon Al Kucinski
Deacon Edward Muller
Dan Salvatore Coordinator of Religious Education
Caroline Mazzola Secretary
Ann Johnson Secretary

PARISH OFFICE

203 Newton-Swartswood Road • Swartswood, NJ 07860
Hours 9:00 am - 1:00 pm
Phone 973-383-3566
Fax 973-383-3831
Email mtcarmelswartswood@gmail.com
Web www.olmcswartswood.org

RELIGIOUS EDUCATION OFFICE

Hours 9:00 am - 1:00 pm
Phone 973-579-2355

OLMC JOY CLUB (Just Older Youth)

Patricia Cholasta 973-534-7733

YOUTH MINISTER

Aneesha Begraft mtcarmelyouths@gmail.com

KNIGHTS OF COLUMBUS, Council 9920

Vincent Kornmeyer Grand Knight
olmckofc9920@gmail.com

WEEKEND MASSES

Saturday 5:00 pm
Sunday 7:30, 9:00 & 11:00 am

DAILY MASSES

Monday-Saturday 8:30 am (except Wednesday)
Wednesday 7:00 pm
First Friday Mass 2:00 pm
@Homestead Nursing Home
Holy Days 8:30 am & 7:00 pm

EUCCHARISTIC ADORATION

Monday 9:00 am - 12:00 pm

SACRAMENT OF RECONCILIATION

Saturday 4:15 - 4:45 pm

SACRAMENTS OF BAPTISM, MARRIAGE & ANOINTING OF THE SICK

Please contact the office to arrange.

Masses for the Week 

Saturday, June 29 - Memorial of Saints Pater and Paul, Apostles

ACTS 12:1-11 / 2 TM 4:6-8, 17-18 / MT 16:13-19

8:30 am Intentions of Barbara Froetscher
by Barbara Froetscher
5:00 pm Raymond Liobe
by Cassie Liobe

Sunday, June 30

1 KGS 19:16B, 19-21 / GAL 5:1, 13-18 / LK 9:51-62

7:30 am Danielle Nazzaro- Ida & Howard Grimes
by Marie & Lou Nazzaro
9:00 am Rudolph Spatarella
by Suzanne Wallace
11:00 am Eugene Streeter
by Lester & Pat Zaleski
In Thanksgiving for the 49th Anniversary of Rich & Elsie Allen

Monday, July 1

GN 18:16-33 / MT 8:18-22

8:30 am Nancy Derbyshire & Paul DiGasbarro
by Valerie Derbyshire

Tuesday, July 2

GN 19:15-29 / MT 8:23-27

8:30 am Msgr. Robert M. Diachek
by Parish Staff

Wednesday, July 3 – Feast of Saint Thomas, Apostle

EPH 2:19-22 / JN 20:24-29

7:00 pm Duncan Fitton
by Parish Staff

Thursday, July 4

GN 22:1B-19 / MT 9:1-8

9:00 am Peace in Our Nation
by Parish Staff

Friday, July 5

GN 23:1-4, 19; 24:1-8, 62-67 / MT 9:9-13

8:30 am Mary Parkyn
by Parish Staff

Saturday, July 6

GN 27:1-5, 15-29 / MT 9:14-17

8:30 am Joachin E. Ezeilo
by Parish Staff
5:00 pm Gordon Jennings
by Boettcher Family

Sunday, July 7

IS 66:10-14C / GAL 6:14-18 / LK 10:1-12, 17-20

7:30 am Deceased Members of Muller and Weisser Families
by Deacon Ed & Mary Lou Muller
9:00 am Eugene Streeter
by Mary Case
11:00 am Mr. & Mrs. Earl Worman
by Worman Family

PLEASE REMEMBER TO PRAY FOR THE FOLLOWING

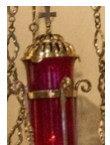
Jennie Apostola, John and Lucy Barrett, Ann Bott, Walter & Concetta Brock Jr., Bradley Burchfield, Ted Cassera, Joseph Colon, Olivia Compton, Fr. Angelus Croce, Stephanie Cuomo, Ingrid Diaz, Kara Deserto, Doug Ernst Sr., Donna Gatto, Richard Hennings, Eva Kieger, Ava Kljajic, Bruce Konar, Joshua Koontz, Alex Krucinski, John Kucinski, Kden LeoGrande, Pete Mahler, Maria Mallozzi, Mary Jo Manno, Deacon Charles Mathias, Susanne Martone, Bob Metroke, Deacon Ed Muller, Bill Nagy, Mary Ellen Nienstedt, Stephen Osborn, Margie Palazzo, Jason Parker, Sr., Lorraine Paxton, Clarence Remke, Peter F. Reynolds, Carol Rock, Colleen Romano, George Romano, Olga Romeo, Linda Ross, Rose Marie Sciascia, Carole Salvatore, John Samsock, Greg Schmiditty, Gloria Shope, Marianne Skrocki, Debbie Smith, Stephanie, Richie Sorce, Andrew Sorce, Dale Swoboda, Roberta Treptau, David & Vince Ventresca, Brooke Zaleski

A GOOD STEWARD

Sunday, June 23	\$3,077.00
Online Giving	\$250.00
South and Latin American	\$533.00
Mission	
Clothing Drive	\$214.80

Thank you for your generosity!

This Week the Sanctuary Lamp Burns for Anthony Barile



WOMEN AND MEN OF THE ARMED FORCES

We ask God the Father, through the intercession of St. Michael the Archangel, to protect all the men and women in our Armed Forces. May they be brought back safely to those whom they love: Major Brandon Bennett, NJ Army National Guard (Federal); Larisa Furs, US Navy; Lt. Jason Gieniewski, US Army; Pvt. Daniel Michael Mobilio, Army; Captain Richi M. Pazdzierski, US Army; Captain Jane Petrick, Army; Lt. Daniel T. Pevarnik, Jr., National Guard; Captain Cheryl Ryan, US Army; Seaman Recruit Tyler Joseph Salonia; Michael Valeich, Staff Sergeant; Pvt. Zachary Wharton, Robert Williams, Airman



July 4th - Independence Day

Please join us for Mass at 9:00 AM on Thursday, July 4th, to Thank God for our Freedom!



God, we stand today as our forefathers have stood before You in times gone by, celebrating our history and reveling in all the great things that our country has achieved.

On this day, we rejoice in the favor You have graciously given us. We thank You for the blessings of liberty, for this generation and for the generations to come. We thank You for our independence, peace and for all those who have bravely given their lives in the defense of freedom and justice. We thank You!

Knights of Columbus Announcements



The Knights of Columbus, Our Lady of Mt. Carmel Council # 9920 will once again award a tuition and/or supplies assistance Memorial Scholarship Award to a member of Our Lady of Mt. Carmel Parish for the academic year 2018-2019, in memory of Brother

Knight, Joseph A. Lacovara. Applications are available on the table by the CCD office. Please read the instructions carefully and return the application by noon July 15, 2019. If there are any questions, please ask one of the Knights, or email olmckofc9920@gmail.com, or wrnagy@ptd.net.

PARISH 50TH ANNIVERSARY - 2020

On December 7, 1970, Our Lady of Mount Carmel Parish became independent from St. Joe's Parish. Next year, 2020 will be the 50th Anniversary of our parish. We are going to be celebrating with Bishop Serratelli the Anniversary Mass on September 20, 2020 at 11 AM.



Wine and Cheese Gathering

There will be no Wine & Cheese Gathering for the months of July & August. The Club will resume in September. More information will be posted later.



Come to Our Parish Feast Day - July 14

July 16 is the memorial of Our Lady of Mt Carmel. It is the feast day of our parish. In honor of our Lady, our feast will be celebrated on Sunday, July 14 and the brown scapular of our Lady of Mt. Carmel will be vested for interested parishioners. Since our parish is blessed with good cooks and bakers, we are going to have a pot luck lunch. There are sign-up sheets at the doors of the Church. Please plan on joining our beautiful parish community to celebrate and to socialize on **Sunday, July 14 at 11 am Mass followed by pot luck lunch. We'll be showing a film to learn about Our Lady of Mt. Carmel during dessert. There will be food and crafts for the kids.**



SAVE THE DATE

OLMC Parish Tricky Tray 2019

We will be holding our annual Tricky Tray on Friday, August 30, 2019. As you might know, this is our biggest fundraiser of the year which benefits the entire church a great deal. We need volunteers to assist the Tricky Tray team. Please call the office or contact Kelly Kays (201)317-7881 kellymariekays@yahoo.com or Kaitlin Voris (973)903-2176 ksheehyk@gmail.com if you can volunteer. We will have more information for you in the coming weeks.

SACRAMENTAL NEEDS

Ministry to the Sick: Please call the parish office for a priest visit to the physically handicapped, aged, hospitalized, sick and shut in.

Sacrament of Reconciliation: The Sacrament of Reconciliation is celebrated individually every Saturday afternoon at 4:15pm or by individual appointment with Fr. Abuchi at any time.

Baptisms: Parents may contact the parish before or after their child's birth. The Sacrament of Baptism is celebrated every Sunday at the 11 am Mass or after. We also accommodate other days. You will be invited to attend a Pre-Baptismal session either before or after the birth of your child.

Sacramental Marriage ~ The couple should contact the office several months before the desired date for the marriage to insure proper preparation for this Sacrament. Those who are civilly married may also contact the priest to help them convalidate their marriage in the Church.

Preparing to Receive Our Lord in the Eucharist

We can start preparing to receive the Eucharist before we step into Mass by dressing neatly and modestly. When we dress modestly, it demonstrates to our Lord that we desire to show reverence toward Him. The Mass is a banquet where Heaven meets Earth, with God present at all times. Why would you dress immodestly in front of our Lord at His banquet?

Before 1957, it was required by the Church that Catholics fast from midnight before receiving Holy Communion. Pope Pius XII changed the fasting laws to abstaining for three hours from food, but water was acceptable to drink. Paul VI, in 1964, declared that we needed to abstain for only one hour. Thus, before we receive Communion, we need to abstain from food for one hour at the very least. If we are able to abstain for three hours or even from midnight, we should attempt to do so. Of course, those who are ill or in danger of death are exempt from this fast.

Before we receive Christ, we must examine our conscience and ask ourselves if we are free of mortal sin. If we have mortal sin on our soul, then we cannot receive Communion, for it is a sin to receive Him in that state. We can receive Him only in the state of grace. Venial sin does not prevent us from receiving the Eucharist, but it does prevent us from receiving more of the graces that we receive from Communion.

St. Paul says in 1 Cor. 11:27-28 that we should not receive in an unworthy way: "Whoever, therefore, eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty of profaning the body and blood of the Lord. Let a man examine himself, and so eat of the bread and drink of the cup." As St. Paul says, to receive the bread of our Lord in the state of mortal sin defiles the Eucharist. He says we must examine ourselves before we receive Christ, making sure our souls are clean, so we do not commit this offense. Thus, we must receive Holy Communion worthily by being in the state of grace.

Continued

When we receive the Eucharist, we should spend time praying and meditate on Christ's sacrifice and the beauty of the Eucharist. We can spend that time thanking the Lord, asking Him for blessings or help in being able to love and obey Him more, or simply adoring Him.

RELIGIOUS EDUCATION NOTICE

Bishop Serratelli has approved Fr. Abuchi's request that, going forward, the Sacrament of Confirmation will be administered to our OLMC eighth Grade students instead of in Grade 10 as in the past.

This coming year (2019) will be a transitional year since we will be Confirming the 8th, 9th and 10th Grade students together in one group.

Because the preparation for Confirmation is a two-year process, all students who are to be Confirmed must attend at least two consecutive years of instruction. For example, this means that, if a student enrolls in our Grade 8 Program, but he/she did not attend Grade 7, either here at OLMC or at another parish, he/she will have to receive another year of instruction before being Confirmed.

Tentatively, all Confirmation classes will be held during Sunday morning CCD class time in the OLMC Community Center, and follow the CCD schedule, which will eliminate the need to meet on Sunday evenings.

As a condition for Bishop Serratelli's approval allowing us to Confirm Grade 8 students, he has insisted that every student must be an active member of our parish Youth Group, beginning in Grade 7.

In the coming weeks, we will be providing you with more details regarding this transition process.

--Dan Salvatore, OLMC CRE

Parish Membership: Our Parish family invites all of its members to participate fully in our spiritual and social life. Every family moving into the parish is requested to register. If you move to another parish, or change your address, please notify us.



The road to a true discipleship is a bumpy one and at times unpleasant. And becoming a good disciple is not by our own terms but according to God's terms

Jews and Samaritans were each other's worst enemies during the time of Jesus. St. Luke the evangelist tells us in today's gospel how our Lord set His face to go to Jerusalem as His ministry in Galilee was coming to an end. The Samaritans had welcomed Jesus and His disciples in their territory. However, as soon as they learnt that Jesus and His disciples were heading to Jerusalem, their warm admiration turned into hatred and the heartfelt welcome turned into rejection. In fact, Jesus and his entourage were tossed out. Consequently, some of Jesus's disciples wanted to resort to violence against the Samaritans. Jesus rebuked their call to violence and accepted rejection on this leg of his journey as He did at the start of His Galilean ministry. At this point, Jesus wanted to teach them when faced with rejection in the ministry, resorting to resentment and violence should never be a true mark of a good discipleship.

As they continued their travel, Jesus also encountered future disciples. However, His exchange with these men will make us wonder if Jesus is discouraging His future disciples. He was so blunt and forthright in spelling out the hardships it would take to follow Him. His response to each of three individuals were different and a little strict. Far from pressuring them to join His group, He even seemed to discourage them. The first was advised to count the cost before joining, as Christ had no fixed abode. His words to the second seem quite harsh too. "Let the dead bury their dead," the man heard. Perhaps his father was not yet dead, and the eldest son would not leave the family home until after his father's death. "The lesson is that if we are faced with a radical option and do not take it at once, it is less likely that we will do so later." His reply to the third was also uncompromising: "No one who puts his hand to the plough and looks back is the right kind of person for the kingdom of God." "The fragile wooden ploughs of that time were in danger of breaking if they struck any of the stones that littered the fields. Therefore, the ploughman had to keep his eyes on the ground ahead at all times." In this He illustrated that a future disciple has to demonstrate a total and consistent commitment and never waver or look back.

The fact is that Jesus does convey a great sense of urgency for becoming a true disciple. There is no time to haggle over terms and conditions. Consent and loyalty must be unconditional. We have to say a total 'Yes.' As priests, there are times we struggle accepting parish assignment especially working in difficult areas. But our ordination promise reminds us to accept in total obedience and of course, with no reservation any place we are assigned. The apostles abandoned the security of an established lifestyle in order to be with Jesus. Future disciples have to do the same. When following Jesus, there is nothing like *I will follow you but on my own terms. I will follow you, if the cost is not too high. I will follow you if I am comfortable and it is convenient, I will follow you but only if I like it and so forth.* The question is: Are you ready to be a true disciple?

- Fr. Abuchi



QUOTE OF THE WEEK

"Humble yourselves, therefore, under the mighty hand of God so that at the proper time He may exalt you, casting all your anxieties on Him, because He cares for you. Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour."

-Saint Peter