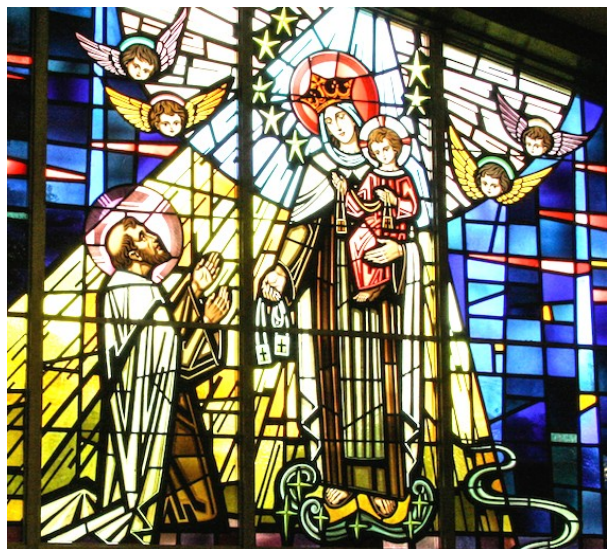


# Our Lady of Mount Carmel

Sunday, July 21, 2019  
Sixteenth Sunday in Ordinary time



## PARISH STAFF

Father Abuchi F. Nwosu ..... Pastor  
fatherabuchi@aol.com  
Father Peter Oddo ..... Weekend Assistant  
Deacon Anthony Barile  
Deacon Al Kucinski  
Deacon Edward Muller  
Dan Salvatore ..... Coordinator of Religious Education  
Caroline Mazzola ..... Secretary  
Ann Johnson ..... Secretary

## PARISH OFFICE

203 Newton-Swartswood Road • Swartswood, NJ 07860  
Hours ..... 9:00 am - 1:00 pm  
Phone ..... 973-383-3566  
Fax ..... 973-383-3831  
Email ..... mtcarmelswartswood@gmail.com  
Web ..... www.olmcswartswood.org

## RELIGIOUS EDUCATION OFFICE

Hours ..... 9:00 am - 1:00 pm  
Phone ..... 973-579-2355

## OLMC JOY CLUB (Just Older Youth)

Patricia Cholasta ..... 973-534-7733

## YOUTH MINISTER

Aneesha Begraft ..... mtcarmelyouths@gmail.com

## KNIGHTS OF COLUMBUS, Council 9920

Vincent Kornmeyer ..... Grand Knight  
olmckofc9920@gmail.com

## WEEKEND MASSES

Saturday ..... 5:00 pm  
Sunday ..... 7:30, 9:00 & 11:00 am

## DAILY MASSES

Monday-Saturday ..... 8:30 am (except Wednesday)  
Wednesday ..... 7:00 pm  
First Friday Mass ..... 2:00 pm  
@Homestead Nursing Home  
Holy Days ..... 8:30 am & 7:00 pm

## EUCCHARISTIC ADORATION

Monday ..... 9:00 am - 12:00 pm

## SACRAMENT OF RECONCILIATION

Saturday ..... 4:15 - 4:45 pm

## SACRAMENTS OF BAPTISM, MARRIAGE & ANOINTING OF THE SICK

Please contact the office to arrange.

*Masses for the Week* 

**Saturday, July 20**

EX 12:37-42 / MT 12:14-21

**8:30 am For Peace in the Families** *by Parish Staff*

**5:00 pm Alfonso Scudato** *by George & Peggy Shammass*

**Sunday, July 21**

GN 18:1-10A / COL 1:24-28 / LK 10:38-42

**7:30 am Jennie Apostola**

*by Deacon Ed & Mary Lou Muller*

**9:00 am Ralph Pepe** *by JoAnn Lacovara-Friel*

**11:00 am Eugene Streeter** *by Bill & Charlene Nagy*

**Monday, July 22 – Feast of Saint Mary Magdalene**

SGS 3:1-4B / JN 20:1-2, 11-18

**8:30 am In Memory of Edward Muller, Sr.**

*by Deacon Ed & Mary Lou Muller*

**Tuesday, July 23**

EX 14:21—15:1 / MT 12:46-50

**8:30 am Susan McGovern**

*by Parish Staff*

**Wednesday, July 24**

EX 16:1-5, 9-15 / MT 13:1-9

**7:00 pm Jerry Pasternak**

*by Jim & Lisa Murray*

**Thursday, July 25 – Feast of Saint James, Apostle**

2 COR 4:7-15 / MT 20:20-28

**8:30 am Rose Crivelli**

*by Marie & Lou Nazzaro*

**Friday, July 26 – Memorial of Saints Joachim and Anne, Parents of the Blessed Virgin Mary**

EX 20:1-17 / MT 13:18-23

**8:30 am Intentions of Anthony Inglima, Sr.**

*by Carol*

**Saturday, July 27**

EX 24:3-8 / MT 13:24-30

**8:30 am Peter Biasi**

*by Ron & Ann Johnson*

**5:00 pm Susan Voge**

*by Cassie Liobe*

**Sunday, July 28**

GN 18:20-32 / COL 2:12-14 / LK 11:1-13

**7:30 am John Inglima**

*by Carol*

**9:00 am Eugene Streeter**

*by Long Family*

**11:00 am Jennie Apostola**

*by Pat & Lester Zaleski*

**PLEASE REMEMBER TO PRAY FOR THE FOLLOWING**

John and Lucy Barrett, Ann Bott, Walter & Concetta Brock Jr., Bradley Burchfield, Ted Cassera, Joseph Colon, Olivia Compton, Fr. Angelus Croce, Stephanie Cuomo, Ingrid Diaz, Kara Deserto, Doug Ernst Sr., Donna Gatto, Richard Hennings, Eva Kieger, Ava Kljajic, Bruce Konar, Joshua Koontz, Alex Krucinski, John Kucinski, Kden LeoGrande, Pete Mahler, Maria Mallozzi, Mary Jo Manno, Deacon Charles Mathias, Susanne Martone, Bob Metroke, Deacon Ed Muller, Bill Nagy, Mary Ellen Nienstedt, Stephen Osborn, Margie Palazzo, Jason Parker, Sr., Lorraine Paxton, Clarence Remke, Peter F. Reynolds, Carol Rock, Colleen Romano, George Romano, Olga Romeo, Linda Ross, Rose Marie Sciascia, Carole Salvatore, John Samsok, Greg Schmiditty, Gloria Shope, Marianne Skrocki, Debbie Smith, Stephanie, Richie Sorce, Andrew Sorce, Dale Swoboda, Roberta Treptau, David & Vince Ventresca, Brooke Zaleski

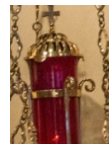
**A GOOD STEWARD**

<b>Sunday, July 14</b>	<b>\$3,210.82</b>
<b>Online Giving</b>	<b>\$250.00</b>
<b>Diocesan Assessment</b>	<b>\$647.00</b>
<b>Online Giving</b>	<b>\$70.00</b>

*Thank you for your generosity!*

*\*There's a second collection next weekend for the Catholic Communications Campaign, Black and Indian Missions, Catholic University of America*

*This Week the Sanctuary Lamp Burns for the Intentions of Steve Meyer and Family*



**WOMEN AND MEN OF THE ARMED FORCES**

We ask God the Father, through the intercession of St. Michael the Archangel, to protect all the men and women in our Armed Forces. May they be brought back safely to those whom they love: Major Brandon Bennett, NJ Army National Guard (Federal); Larisa Furs, US Navy; Lt. Jason Gieniewski, US Army; Pvt. Daniel Michael Mobilio, Army; Captain Richi M. Pazdzierski, US Army; Captain Jane Petrick, Army; Lt. Daniel T. Pevarnik, Jr., National Guard; Captain Cheryl Ryan, US Army; Seaman Recruit Tyler Joseph Salonia; Michael Valeich, Staff Sergeant; Pvt. Zachary Wharton, Robert Williams, Airman



**Don't take Summer vacation from God**

The summer is already here. Of course, it is a great time. There are vacation plans, Sunday brunch, holidays, family reunions, and trips to the lake, beach or mountains. It's summer and everyone gets to play. Kids are off from school and sleep in, you read your summer novel, you meet friends for dinner, and it feels like everyone can breathe a sigh of relief from routine and busy schedules.

It's tempting to schedule weekend getaways and forget about church. But Church doors will always be open and there is daily Masses and Sunday Masses. People will say it doesn't hurt to miss a week or two. And while weekly Mass attendance doesn't make you holy, or earn you points with God, it is our best hope for growth in grace. And it does draw you closer to God. What's the purpose of vacation if not to reconnect with family? What's the purpose of summer activity if not to connect with friends and loved ones? And our relationship with God is no different. Use the blessing of slower schedules, beautiful weather and longer days to nurture your relationship with God too. Summer offers us so many opportunities to grow in our faith. If you take advantage of it, you may just find you have a better summer than you ever imagined you would!

We wouldn't expect our bodies to stay healthy if we binged on sugar or never exercised. We can't expect our souls to stay healthy either when we don't feed our spirits the Word of God and experience Him in Eucharistic celebration. As you enjoy your Summer break, please make some time and join us to pray together at weekday Masses and Sunday Masses.

**AVOIDING GOSSIP**

The most dangerous part about gossip is that it steals another person's reputation. A reputation is very fragile. When you gossip, you are helping to destroy something extremely valuable. If you think it's time for you to decide you don't want to have any part of gossip, here are some tips on how to do it.

**Don't listen to others when they gossip.** Gossip grows an audience. You simply being there listening to it adds to its appeal. If someone starts to tell you something gossipy, try to change the subject or say, I'm sorry, but I don't feel comfortable talking about this person when they're not here to defend themselves. Not only will you break the gossip chain, but you also will gain the trust of other people, as someone who won't spread rumors.

**Think before you speak.** Before you repeat something you've heard about another person, think: does this really do any good for me to spread this information? Or am I just trying to be in the know? Is the information even true? Could I be hurting someone by telling this, even if it's true? If the person you are talking to is not part of the problem, or part of the solution, there's no need to tell them anything.

**JOY Club Announcement****(Fellowship for Parishioners over 55)**

Our next **JOY CLUB** meeting will be **Saturday, July 27 at 12pm** in the Church Hall. Lunch will be served. Come join us for good company and some fun. \$5 for lunch and \$2 dues. If you have any questions or need a ride, please contact Patricia (973)534-7733.

**Salvatore A. Romano, Sr. Memorial Blood Drive**

OLMC will be hosting the Salvatore A. Romano, Sr. Memorial Blood Drive on Sunday, July 28<sup>th</sup> from 8:00 AM - 1:00 PM in the Church Hall. On the day of donation, eat a healthy breakfast, drink plenty of fluids and bring photo ID. Walk-Ins welcome! Or to schedule an appointment go to [REDCROSSBLOOD.ORG](http://REDCROSSBLOOD.ORG). Search by sponsor keyword: "Our Lady of Mt. Carmel" or call 1-800-RED-CROSS.

**SAVE THE DATE****OLMC Parish Tricky Tray 2019**

We will be holding our annual Tricky Tray on Friday, August 30, 2019. As you might know, this is our biggest fundraiser of the year which benefits the entire church a great deal. We need volunteers to assist the Tricky Tray team. Please call the office or contact Kelly Kays (201)317-7881 [kellymariekays@yahoo.com](mailto:kellymariekays@yahoo.com) or Kaitlin Voris (973)903-2176 [ksheehyk@gmail.com](mailto:ksheehyk@gmail.com) if you can volunteer. We will have more information for you in the coming weeks.

**Manna House**

Our sincere thanks to our OLMC Manna House volunteers who provided a nutritious lunch to the needy at Manna House in Newton on Monday, July 15<sup>th</sup>. Our parish's assigned day to serve is always the third Monday of every month. The hours of service are from 10 a.m. until 1 p.m. It's a perfect Corporal Work of Mercy. We have a need for more volunteers. Kindly contact Dan Salvatore at [dan958@embarqmail.com](mailto:dan958@embarqmail.com), or at 973-579-2355 or Bill Nagy at [wrnagy@ptd.net](mailto:wrnagy@ptd.net). For more information.

**Feast of Saint Mary Magdalene - July 22**

The feast day of St. Mary Magdalene is considered one of the most mystical of feasts and it is said that of all the songs of the saints, that of Mary Magdalene is the sweetest and strongest because her love was so great. That love was praised by Jesus

Himself who said that because much was forgiven her, she loved much. Where she is buried, no one knows. Legend has her dying in Provence, France, in a cavern where she spent her last days.

St. Mary Magdalene was the first recorded witness to the resurrection of Jesus, His most ardent and loving follower. She had stood with Mary at the foot of the Cross on that brutal Good Friday afternoon and had been by the side of Mary during these difficult hours. On Easter morning, she went with the other women to the tomb and it was there, in the garden near the tomb, that Jesus appeared to her. It was she who brought the news of the Resurrection to the Apostles and Peter and John raced to the tomb to see what had happened.

She was from Magadala, a small fishing town on the Sea of Galilee, between Capernaum and Tiberias. She was known to be a "great sinner," a woman of the streets who heard Jesus speak of the mercy and forgiveness of God and changed her life completely. Her witness to the Resurrection moved Peter and John to go see for themselves: "I have seen the Lord and these things He said to me." Jesus had chosen her to bring the news to them and she simply told them what had happened.

She has always been the example of great love and great forgiveness, one of those close to Jesus who grasped the truth of God's love for human beings and spent her life bearing witness to that love.

**Patron Saint of:** penitent sinners, penitent women, converts, people ridiculed for their piety, perfumers, pharmacists, reformed prostitutes

**Come and spend some time with me**

This is a personal invitation to you from Jesus. Jesus waits for us in this sacrament of love. If Jesus were actually visible in church, everyone would run to welcome him, but he remains hidden in the Sacred Host under the appearance of bread, because he is calling us to faith, that we many come to him in humility.

"The Blessed Sacrament is the 'Living Heart' of each of our churches and it is our very sweet duty to honor and adore the Blessed Host, which our eyes see, the Incarnate Word, whom they cannot see." (Pope Paul VI, Credo of the People of God)

Just as you can't be exposed to the sun without receiving its rays, neither can you come to Jesus exposed in the Blessed Sacrament without receiving the divine rays of his grace, his love, his peace.

**DIocese of PATERSON**

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777 Valley Road  
Clifton, New Jersey 07013

(973) 777-8818 fax (973) 777-8976

July 2019

Office of  
**THE BISHOP**

Dear Friends in Christ,

This month, our parishes are asked to take up a special national collection for three distinct and important causes.

As the world is becoming more secular, the Catholic voice needs to be heard clearly and proudly. The Catholic Communications Campaign supports efforts to proclaim the Gospel in the United States and abroad through the use of social media and other avenues. Our Church is called to evangelize, and your support of the Catholic Communications Campaign does just this by promoting the joy of our faith to many across the globe.

Like the Catholic Communications Campaign, the Black and Indian Mission Collection also serves as a great tool for ongoing evangelization efforts. Your generosity supports the pastoral work of those who bring the Catholic faith to Indian reservations, urban centers and Alaskan Native parishes and mission schools. Your prayers and your financial support make a world of difference.

As Catholic University of America is the national university of the Catholic Church, it educates clergy, religious and young men and women throughout the country. Your participation in this month's collection helps underwrite the financial aid program at Catholic University so that it continues to be a viable option for those who would not otherwise be able to attend.

These collections, though diverse in their outreach, are examples of great Catholic work that impact many of our brothers and sisters in Christ. Your generous support will help strengthen these efforts, and so I hope you will participate in this collection when it is taken in your parish.

Faithfully yours in Christ,

+ *Arthur J. Serratelli*

Most Reverend Arthur J. Serratelli, S.T.D., S.S.L., D.D.  
Bishop of Paterson



## “Martha, Martha, you are anxious and worried about many things”

Last week the parable of Good Samaritan illustrated the true meaning of love of neighbor. It emphasizes the need for us to be hospitable even to strangers. Travelers and strangers expect hospitality and kindness during their travel. Vast majority of people will never be in a hurry to forget someone who once was hospitable to them. But for a foreigner or a visitor it means a lot. Even in the book of Hebrews we are reminded, "Remember to welcome strangers in your homes. For by doing so some people have welcomed and entertained angels without knowing" (Hebrews 13:2).

Today's readings instruct us again on how to be hospitable to all people. In our first reading, Abraham gave us a concrete example of hospitality. He and his wife served their visitors without any reservation. But quite unknown to them, they were entertaining those sent by God. Because of their hospitality, the childless couple were rewarded with a son. Today's gospel not only speaks about hospitality but also sheds light on how to find balance when we work or care for others. We are familiar with Jesus' friendship with Lazarus and his sisters Martha and Mary. "And it is to their home that Jesus retreats, perhaps along with several of His disciples, after a recent mission endeavor. The mission has gone well, but they are also exhausted, and need a place to recharge and refocus, before continuing their mission." We also know it is always good to take a break from work and relaxing with close friends makes it even more beautiful. And that is what Jesus did. Martha and her sister Mary became a host for this short time off for Jesus. And of course, to be a proper host someone must do the shopping, the food preparation, the serving, the cleaning up, and handle the logistics of these houseguests—even if they are dear and intimate friends. And that someone is Martha. Obviously, Martha was overwhelmed with the work of hosting to the extent of causing her to snap. For her, it's not fair and it's not right. And so, she stormed into the front room to set things right, to scold Mary—and in some ways, to scold Jesus too. "Lord, do you not care that my sister has left me to do all the work by myself? Tell her to help me."

Jesus resisted to get involved but only wanted Martha to reconsider the value of sitting and listening to him, as well as the value of working and toiling for him. Both are important, and both must be kept in balance. Jesus loves both of these sisters. But where does this reading leads us? There is probably a bit of Martha and Mary in each of us too. Which one is your most prominent character feature? If you are a Mary most of the time, it is important to remember at some point, we all must get off the floor where we have been hearing the words of Jesus, at Mass or in sacred scripture and put them into concrete action. The work of the kitchen, the service and action for God and neighbor, is sacred and important. But if you are a Martha most of the time, remember that taking a break, recharging your batteries, taking care of your own soul, and spending quiet time listening to Jesus in readings are also important as one's work and accomplishments. To fail in that balance is to risk becoming weary in well-doing, and to become angry and bitter in the very service that was meant to bring you, and the world, deep joy. "All work and no play makes Jack a dull boy; all play and no work make a Jack a mere toy."

–Fr. Abuchi



### **QUOTE OF THE WEEK**

*"Faith is to believe what you do not see; the reward of this faith is to see what you believe."*

**–St. Augustine**