

# Our Lady of Mount Carmel

Sunday, November 24, 2019  
Our Lord Jesus Christ, King of the Universe



## PARISH STAFF

Father Abuchi F. Nwosu ..... Pastor  
fatherabuchi@aol.com  
Father Peter Oddo ..... Weekend Assistant  
Deacon Anthony Barile  
Deacon Al Kucinski  
Deacon Edward Muller  
Dan Salvatore ..... Coordinator of Religious Education  
Caroline Mazzola ..... Secretary  
Ann Johnson ..... Secretary

## PARISH OFFICE

203 Newton-Swartzwood Road • Swartzwood, NJ 07860

Hours ..... 9:00 am - 1:00 pm

Phone ..... 973-383-3566

Fax ..... 973-383-3831

Email ..... [mtcarmelswartzwood@gmail.com](mailto:mtcarmelswartzwood@gmail.com)

Web ..... [www.olmcswartzwood.org](http://www.olmcswartzwood.org)

## RELIGIOUS EDUCATION OFFICE

Hours ..... 9:00 am - 1:00 pm

Phone ..... 973-579-2355

Email ..... [olmcced@gmail.com](mailto:olmcced@gmail.com)

## OLMC JOY CLUB (Just Older Youth)

Patricia Cholasta ..... 973-534-7733

## YOUTH MINISTER

Aneesha Begraft ..... [mtcarmelyouths@gmail.com](mailto:mtcarmelyouths@gmail.com)

## KNIGHTS OF COLUMBUS, Council 9920

Vincent Kornmeyer ..... Grand Knight  
[olmckofc9920@gmail.com](mailto:olmckofc9920@gmail.com)

## WEEKEND MASSES

Saturday ..... 5:00 pm

Sunday ..... 7:30, 9:00 & 11:00 am

## DAILY MASSES

Monday-Saturday ..... 8:30 am (except Wednesday)

Wednesday ..... 7:00 pm

First Friday Mass ..... 2:00 pm

@Homestead Nursing Home

Holy Days ..... 8:30 am & 7:00 pm

## EUCCHARISTIC ADORATION

Monday ..... 9:00 am - 12:00 pm

## SACRAMENT OF RECONCILIATION

Saturday ..... 4:15 - 4:45 pm

## SACRAMENTS OF BAPTISM, MARRIAGE & ANOINTING OF THE SICK

Please contact the office to arrange.

*Masses for the Week* 

**Saturday, November 23**

1 MC 6:1-13 / LK 20:27-40

8:30 am Nelson Tirado *by C. Tirado*

5:00 pm Josephine Scudato *by Brady Family*

**Sunday, November 24 - The Solemnity of Our Lord**

**Jesus Christ, King of the Universe**

2 SM 5:1-3 / COL 1:12-20 / LK 23:35-43

7:30 am Intentions of Valerie Derbyshire *by Parish Staff*

9:00 am Robert Mucha *by Mucha Family*

11:00 am Nelson Tirado *by C. Tirado*

**Monday, November 25**

DN 1:1-6, 8-20 / LK 21:1-4

8:30 am Nelson Tirado *by C. Tirado*

**Tuesday, November 26**

DN 2:31-45 / LK 21:5-11

8:30 am Nelson Tirado *by C. Tirado*

**Wednesday, November 27**

DN 5:1-6, 13-14, 16-17, 23-28

7:00 pm Nelson Tirado *by C. Tirado*

**Thursday, November 28**

SIR 50:22-24 / 1 COR 1:3-9 / LK 17:11-19

9:00 am All Parishioners of OLMC *by Parish Staff*

**Friday, November 29**

DN 7:2-14 / LK 21:29-33

8:30 am Intentions of Brian & Tina Johnson *by Ron & Ann Johnson*

Nelson Tirado *by C. Tirado*

**Saturday, November 30 - Feast of St. Andrew, Apostle**

ROM 10:9-18 / MT 4:18-22

8:30 am Nelson Tirado *by C. Tirado*

5:00 pm In Memory of Helen Muller *by Deacon Ed & Mary Lou Muller*

**Sunday, December 1 - First Sunday of Advent**

IS 2:1-5 / ROM 13:11-14 / MT 24:37-44

7:30 am Deceased Members of Muller & Weisser Families *by Deacon Ed & Mary Lou Muller*

9:00 am Robert Metroke *by Ron & Ann Johnson*

11:00 am Susan McGovern *by Meyer & Hartmann Families*  
Nelson Tirado *by C. Tirado*

**PLEASE REMEMBER TO PRAY FOR THE FOLLOWING**

Ann Bott, Walter & Concetta Brock Jr., Bradley Burchfield, Ted Cassera, Joseph Colon, Olivia Compton, Fr. Angelus Croce, Stephanie Cuomo, Ingrid Diaz, Kara Deserto, Doug Ernst Sr., Richard Hennings, Barbara Ingallinera, Eva Kieger, Ava Kljajic, Michael Kochanski, Bruce Konar, Joshua Koontz, Alex Krucinski, John Kucinski, Kden LeoGrande, Pete Mahler, Maria Mallozzi, Mary Jo Manno, Deacon Charles Mathias, Susanne Martone, Bob Metroke, Greyson Christopher Mueller, Deacon Ed Muller, Bill Nagy, Mary Ellen Nienstedt, Stephen Osborn, Jason Parker, Harry Pasternak Sr., Lorraine Paxton, Clarence Remke, Peter F. Reynolds, Tammy Rivers, Charles Schult, William Schult, Carol Rock, Colleen Romano, George Romano, Olga Romeo, Linda Ross, Rose Marie Sciascia, Carole Salvatore, John Samsock, Greg Schmiditty, Marianne Skrocki, Debbie Smith, Stephanie, Andrew Sorce, Richie Sorce, Dale Swoboda, Roberta Treptau, Connie VanHoven, David & Vince Ventresca, Fred Worman, Brooke Zaleski

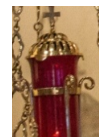
**A GOOD STEWARD**

<b>Sunday, November 17</b>	<b>\$ 2,669.00</b>
<b>Online Giving</b>	<b>\$ 250.00</b>
<b>Catholic Home Missions</b>	<b>\$ 544.00</b>
<b>Online Giving</b>	<b>\$ 60.00</b>

*Thank you for your generosity!*

*\*Second collection next weekend is for Diocesan Assessment*

*This Week the  
Sanctuary Lamp Burns for  
The Intention of  
Barbara Froetscher and Her  
Family*



**WOMEN AND MEN OF THE ARMED FORCES**

We ask God the Father, through the intercession of St. Michael the Archangel, to protect all the men and women in our Armed Forces. May they be brought back safely to those whom they love: Major Brandon Bennett, NJ Army National Guard (Federal); Larisa Furs, US Navy; Lt. Jason Gieniewski, US Army; Pvt. Daniel Michael Mobilio, Army; Captain Richi M. Pazdzierski, US Army; Captain Jane Petrick, Army; Lt. Daniel T. Pevarnik, Jr., National Guard; Pvt. Chance Phillips, Army; Captain Cheryl Ryan, US Army; Seaman Recruit Tyler Joseph Salonia; Ethan Swartz; Michael Valeich, Staff Sergeant; Pvt. Kyle Titus, US Army; Pvt. Zachary Wharton, Robert Williams, Airman



**HAPPY THANKSGIVING**

Give thanks to the Lord,  
for He is good; His love endures forever.  
- Psalm 118:1



**Thanksgiving Day Mass on Thursday, November 28th will be at 9 am.**

**Thanksgiving Food Baskets**

**\*Pickup dates are Monday, November 25th and Tuesday, November 26th from 10:30am - 12:30pm.**



**Annual Tree Lighting & Covered Dish**

This year our **annual tree lighting** will take place on **Saturday, November 30** after the **5 pm Mass** and the **covered dish dinner** will be on the following **Saturday, December 7th** immediately after the **5pm Mass**. Please plan on attending. Volunteers are needed for set-to and clean up. Sign-up sheets will be at the doors of the Church. Thank you!



**GIVING TREE**



Our annual Giving Tree will be set up near the altar the weekend of November 30th and December 1st. If possible, please take an ornament to help the needy. On the back of the ornament are details of what is needed. Please return the wrapped gifts by Sunday, December 15th with the tags attached. Thank you for your generosity!

**Youth Group Announcement**

**\*\*The Youth Group Cookie Bar is back!\*\***



We will be selling homemade cookies on Saturday, December 7th at the Pot Luck Dinner.

**Knights of Columbus Announcements**



The Knights of Columbus, are holding a 35/10/5 raffle to help finance our many charities. The tickets are only \$10 and the drawing will take place on Tuesday, December 3. With the purchase of one ticket, you have 3 chances to win some money just in

time for your Christmas shopping. With the purchase of 2 tickets, you will double your chances of winning. As always, The Knights appreciate your past and present support.

**Confirmation Fundraiser Pick-up Information**

Anyone who ordered candy, Christmas wreaths and grave blankets can pick them up on the weekend of December 8th & 9th after each Mass in the Community Center.



**MOVIE TIME!**



Our Lady of Guadalupe DVD will be shown after the 9 AM and 11 AM Masses on December 1st. Light refreshments provided by Knights of Columbus.

**Wine & Cheese Social**

The next gathering of the OLMC Wine & Cheese Social will be **Saturday, December 14th**, immediately following the 5 pm Mass. Please join us for this great way to socialize with members of the OLMC community. Children welcome! Non-alcoholic beverages served. A donation of \$5 to cover expenses is suggested.



**\*Special for Christmas celebration**

**2019 Bishop's Annual Appeal "For I Was Hungry..."**

This time of year, as we come together to celebrate Thanksgiving, please consider making a gift to the Bishop's Annual Appeal as a way to give thanks for our many blessings. Each year, tens of thousands of people in profound need seek out the services of our Catholic Charities and, with the help for the Bishop's Annual Appeal, they find an open door and a compassionate response. Please make a pledge to our Annual Appeal today! For your convenience, you can make an online gift or pledge at [www.2019appeal.org](http://www.2019appeal.org).

### **SITTING BEFORE THE BLESSED SACRAMENT**

Catholics believe that Eucharistic adoration is the act of being in a state of worship before the consecrated Eucharistic host. The consecrated host is placed in a monstrance that holds it in place for worshipers to see. The host displayed in this manner is given the utmost respect by those in its presence.

Catholics believe that the consecrated host contains the body, blood, soul and divinity of Christ. This is why Catholics engage in the practice of Eucharistic adoration. They want to be in the presence of Jesus Christ.

There are times when a Catholic is wrestling with a tough issue, is in conflict about some aspect of life or must do something he doesn't want to do. Sitting or kneeling before the monstrance containing the consecrated host is a perfect way he can bring his feelings in line with what God wants him to do.

Think of the Catholic woman who is at odds with her spouse. Catholics believe that marriage is for a lifetime. Divorce is not an option. But what does a woman do when she is angry at her spouse and feels defeated in her marriage? One productive action is to go to a Catholic church that has 24-hour Eucharistic adoration and sit before the Blessed Sacrament. God will impart his will for her life – not verbally – but He will do it nonetheless. As the woman sits before the Blessed Sacrament, she can offer up her emotional suffering. Her marriage and her negative feelings are in the hands of her Creator.

Some Catholics enjoy taking their lunch breaks at adoration. It is a soul-refreshing exercise of faith. Who better to be in the presence of than Jesus Christ in the Eucharist? Jesus' living water replenishes the tired worker's spirit and mental health. In fact, sometimes when a Catholic is feeling "mentally under the weather," he can sit before the Blessed Sacrament, adore it, and regain the ability to cope. This is a product of faith and logic. Faith, because the Catholic believes in the real Presence of Christ in the Eucharist and logic because the best person to seek help from is the Great Healer – God himself.

When I became a Catholic six years ago, I had no understanding of Eucharistic adoration. But now, I believe that it is an essential part of experiencing healthy spirituality. Jesus in the Eucharist wants to heal our inner wounds. In Eucharist adoration this often takes place.

By Catholic convert

### **Confession to a Priest**

In John 20:21 – 23, our Lord gave the apostles authority to forgive sins: "'Peace be with you. As the Father has sent me, even so I send you.' And when He had said this, He breathed on them, and said to them, 'Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained.'"

In the Catholic Church, Venial (lesser) sins do not have to be confessed to a priest and can be confessed to God in prayer throughout the day. Mortal (greater) sins must be confessed to a priest in order to be forgiven.

Mortal sin has three parts:

1. It is of grave matter.
2. It is committed with the full knowledge of the sinner.
3. It is committed with the deliberate consent of the sinner.

Venial Sin is everything else.

Confession to a priest is also based on accountability. As a human being, I have an amazing ability to deceive myself into believing that my sin wasn't that terrible. Or, in the alternative, I can convince myself that my sin is unforgivable. Of course, neither is true. This is why the accountability of confessing sins to a priest over-rides the "Jesus-and-me" Lone-Ranger mentality and places our sins in the hands of the priest who is authorized by God to forgive us.

### **SACRAMENTAL NEEDS**

**Sacrament of Anointing:** Please call the parish priest as soon as there is any serious illness.

**Ministry to the Sick:** Please call the parish office for a priest visit to the physically handicapped, aged, hospitalized, sick and shut in.

**Sacrament of Reconciliation:** The Sacrament of Reconciliation is celebrated individually every Saturday afternoon at 4:15pm or by individual appointment with Fr. Abuchi at any time.

**Baptisms:** Parents may contact the parish before or after their child's birth. The Sacrament of Baptism is celebrated every Sunday at the 11 am Mass or after. We also accommodate other days. You will be invited to attend a Pre-Baptismal session either before or after the birth of your child.

**Sacramental Marriage** ~ The couple should contact the office several months before the desired date for the marriage to insure proper preparation for this Sacrament. Those who are civilly married may also contact the priest to help them convalidate their marriage in the Church.

**Sponsor Certificates:** Letters of recommendation for sponsors of the Sacraments can be issued only to active registered members of the parish who are receiving the Sacraments on a regular basis.



## Remembering the great king who once lived and changed the course of human history

By remembering someone's name and using it when you see them again, a person will feel important and respected. That remembrance can make an impression on them. In turn, not remembering someone's name will make them feel slighted and very unimportant to you. And we also want to be remembered too, don't we? Great leaders often wonder how they will be remembered. What will be the legacy that survives their turn in power? Thus, former presidents establish presidential libraries to collect and preserve the documents and records of their time in office. And cruel dictators like Sadaam Hussein, erect statues of themselves to reinforce their presence while in office, and to preserve their memory after they are gone. Even ordinary lives like ours seek to be remembered in some small way. We name our children after their ancestors so that the family names live on. We give money to a college, out of love and gratitude for that learning institution, yes, but also in exchange for having a building or scholarship named after us. And at last, we want our name engraved on a granite headstone in a cemetery, so that our name will not be forgotten too soon after we die. No one wants to be forgotten.

And today we continue to remember the King who changed the course of human history more than two thousand years ago. He is Jesus Christ. Of course, Jesus also does not want to be forgotten. The night before His crucifixion, Jesus had gathered His followers and instituted the Eucharist, a holy act of remembrance still practiced by the Church to celebrate the presence and power of the living Christ. And engraved on many church communion tables and altars are the words of Jesus from that first Eucharist, "Do this in remembrance of me." We also remember His words to Pontius Pilate, "My kingdom is not of this world." In fact, "the kingship of Christ is non-political, universalist and above any kind of nationalism. It aims at a special kind of justice, not based on fallible human laws. His aim is to help and protect the weak and restore dignity to the poor and the helpless."

Jesus' crucifixion is a mockery of justice, the result of the cruel schemes and weak leaders in the justice system. But Jesus hangs on a cross beside this thief. In the darkness of that bleak day hanging beside each other at Calvary, this thief summoned his strength and his hope to ask of Jesus only one act of grace, "Jesus, remember me when you come into your Kingdom." "It was an audacious request, when you think about it. But it was also a profound act of faith." As a matter of fact, the people who were mocking Jesus saw only the final hours of Jesus' life, this repentant thief dared to believe Jesus would live on after death. He asks only to be remembered when Jesus comes to His rightful throne. "He just does not want to be forgotten, and is willing to trust that somehow, in some mysterious way, Jesus might be person who would remember him after death closed out this dreadful final day." And so the answer of Jesus to this thief, and to all of us who listen with baited breath and honest faith for His response, is the ultimate word of grace and comfort. "Today you will be with me in Paradise." "That Jesus would remember us when all human memories have ceased would be incredible enough, wouldn't it? But Jesus offers more. He promises that those who trust Him with this type of gallant faith will actually be with Him after death." But the question is what can you do to remember Jesus and to honor Him as the king? Can you see Jesus in the faces of the people especially the needy, the sick, the heartbroken, the abandoned and so forth?

–Fr. Abuchi



### **QUOTE OF THE WEEK**

*"He will provide the way and the means, such as you could never have imagined. Leave it all to Him, let go of yourself, lose yourself on the Cross, and you will find yourself entirely."*

–**Saint Catherine of Siena**