

Our Lady of Mount Carmel

Sunday, January 19, 2020
Second Sunday in Ordinary Time



PARISH STAFF

Father Abuchi F. Nwosu Pastor
fatherabuchi@aol.com
Father Peter Oddo Weekend Assistant
Deacon Anthony Barile
Deacon Al Kucinski
Deacon Edward Muller
Dan Salvatore Coordinator of Religious Education
Caroline Mazzola Secretary
Ann Johnson Secretary

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RELIGIOUS EDUCATION OFFICE

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Email olmcced@gmail.com

OLMC JOY CLUB (Just Older Youth)

Patricia Cholasta 973-534-7733

YOUTH MINISTER

Aneesha Begraft mtcarmelyouths@gmail.com

KNIGHTS OF COLUMBUS, Council 9920

Vincent Kornmeyer Grand Knight
olmckofc9920@gmail.com

WEEKEND MASSES

Saturday 5:00 pm

Sunday 7:30, 9:00 & 11:00 am

DAILY MASSES

Monday-Saturday 8:30 am (except Wednesday)

Wednesday 7:00 pm

First Friday Mass 2:00 pm

@Homestead Nursing Home

Holy Days 8:30 am & 7:00 pm

EUCCHARISTIC ADORATION

Monday 9:00 am - 12:00 pm

SACRAMENT OF RECONCILIATION

Saturday 4:15 - 4:45 pm

SACRAMENTS OF BAPTISM, MARRIAGE & ANOINTING OF THE SICK

Please contact the office to arrange.

Masses for the Week 

Saturday, January 18

1 SM 9:1-4, 17-19; 10:1 / MK 2:13-17

8:30 am Oliver Drustan *by Parish Staff*

5:00 pm Helen Weisser & Robert Muller
by Deacon Ed & Mary Lou Muller

Sunday, January 19

IS 49:3, 5-6 / 1 COR 1:1-3 / JN 1:29-34

7:30 am Eleanor Ann Sylvester *by Sylvester Family*

9:00 am Gloria Biamonte
by Mr. & Mrs. Marty Chapkosky

11:00 am Katie Smith *by Parish Staff*

Monday, January 20

1 SM 15:16-23 / MK 2:18-22

8:30 am Georgette Simond *by Patricia Cholasta*

**Tuesday, January 21 – Memorial of Saint Agnes,
Virgin and Martyr**

1 SM 16:1-13 / MK 2:23-28

8:30 am Intentions of Ron Johnson
by Ann Johnson

**Wednesday, January 22 – Day of Prayer for the Legal
Protection of Unborn Children**

1 SM 17:32-33, 37, 40-51 / MK 3:1-6

7:00 pm Respect For Human Life *by Parish Staff*

Thursday, January 23

1 SM 18:6-9; 19:1-7 / MK 3:7-12

8:30 am Barbara Abler *by Patricia Cholasta*

**Friday, January 24 – Memorial of St. Francis de Sales,
bishop and doctor of the Church**

1 SM 24:3-21 / MK 3:13-19

8:30 am Respect For All Human Life *by Parish Staff*

**Saturday, January 25 – Feast of the Conversion of
Saint Paul, Apostle**

ACTS 22:3-16 or ACTS 9:1-22 / MK 16:15-18

8:30 am Intentions of Elizabeth Johnson
by Ron & Ann Johnson

5:00 pm Doug Ernst *by Dan & Dina Salvatore*

Sunday, January 26

IS 8:23—9:3 / 1 COR 1:10-13, 17 / MT 4:12-23 or 4:12-17

7:30 am Rich Sinski *by Jo Ann Lacovara-Friel*

9:00 am Fr. John Quinlan *by Parish Staff*

11:00 am Mary Hodak *by Parish Staff*

PLEASE REMEMBER TO PRAY FOR THE FOLLOWING

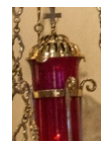
Ann Bott, Walter & Concetta Brock Jr., Bradley Burchfield, Ted Cassera, Joseph Colon, Olivia Compton, Fr. Angelus Croce, Stephanie Cuomo, Ingrid Diaz, Kara Deserto, Ray Doyle, Richard Hennings, Barbara Ingallinera, Eva Kieger, Ava Kljajic, Michael Kochanski, Bruce Konar, Joshua Koontz, Alex Krucinski, John Kucinski, Kden LeoGrande, Pete Mahler, Maria Mallozzi, Mary Jo Manno, Deacon Charles Mathias, Susanne Martone, Greyson Christopher Mueller, Deacon Ed Muller, Mary Ellen Nienstedt, Stephen Osborn, Jason Parker, Harry Pasternak Sr., Lorraine Paxton, Peter F. Reynolds, Tammy Rivers, Charles Schult, William Schult, Carol Rock, Colleen Romano, Olga Romeo, Linda Ross, Rose Marie Sciascia, Carole Salvatore, John Samsok, Greg Schmiditty, Marianne Skrocki, Debbie Smith, Stephanie, Andrew Sorce, Richie Sorce, Dale Swoboda, Roberta Treptau, Connie VanHoven, David & Vince Ventresca, Fred Worman, Brooke Zaleski

A GOOD STEWARD

Sunday, January 12	\$ 2,617.00
Online Giving	\$ 250.00
Diocesan Assessment	\$ 604.00
Online Giving	\$ 140.00

Thank you for your generosity!

*This Week the
Sanctuary Lamp Burns for
The Intentions of Andrew Sorce
and Family*



WOMEN AND MEN OF THE ARMED FORCES

We ask God the Father, through the intercession of St. Michael the Archangel, to protect all the men and women in our Armed Forces. May they be brought back safely to those whom they love: Major Brandon Bennett, NJ Army National Guard (Federal); Larisa Furs, US Navy; Lt. Jason Gieniewski, US Army; Pvt. Daniel Michael Mobilio, Army; Captain Richi M. Pazdzierski, US Army; Captain Jane Petrick, Army; Lt. Daniel T. Pevarnik, Jr., National Guard; Pvt. Chance Phillips, Army; Captain Cheryl Ryan, US Army; Seaman Recruit Tyler Joseph Salonia; Ethan Swartz; Michael Valeich, Staff Sergeant; Pvt. Kyle Titus, US Army; Pvt. Zachary Wharton, Robert Williams, Airman



Cremation and the Order of Christian Funerals

In April 1997, the Congregation for Divine Worship and the Discipline of the Sacraments granted an indult for the United States to allow the diocesan bishop to permit the presence of the cremated remains of a body at a Funeral Mass.

The practice of cremation has grown and become more commonplace in the United States, and it is often presented as a more affordable alternative to traditional burial. What is often overlooked is the Church's teaching regarding the respect and honor due to the human body. The *Order of Christian Funerals'* Appendix on Cremation states: "Although cremation is now permitted by the Church, it does not enjoy the same value as burial of the body. The Church clearly prefers and urges that the body of the deceased be present for the funeral rites, since the presence of the human body better expresses the values which the Church affirms in those rites" (no. 413).

Ideally, if a family chooses cremation, the cremation would take place at some time after the Funeral Mass, so that there can be an opportunity for the Vigil for the Deceased in the presence of the body (during "visitation" or "viewing" at a church or funeral home). This allows for the appropriate reverence for the sacredness of the body at the Funeral Mass: sprinkling with holy water, the placing of the pall, and honoring it with incense. The Rite of Committal then takes place after cremation (see Appendix, nos. 418-421). Funeral homes offer several options in this case. One is the use of "cremation caskets," which is essentially a rental casket with a cardboard liner that is cremated with the body. Another is a complete casket that is cremated (this casket contains minimal amounts of non-combustible material such as metal handles or latches).

When cremation takes place before the Funeral Mass, and the diocesan bishop permits the presence of cremated remains at the Funeral Mass, the Appendix provides adapted texts for the Sprinkling with Holy Water, the Dismissal for use at the Funeral Mass (or the Funeral Liturgy outside Mass), and the Committal of Cremated Remains. The introduction provides further specific details about how the funeral rites are adapted. In all, the rite notes:

The cremated remains of a body should be treated with the same respect given to the human body from which they come. This includes the use of a worthy vessel to contain the ashes, the manner in which they are carried, and the care and attention to appropriate placement and transport, and the final disposition. The cremated remains should be buried in a grave or entombed in a mausoleum or columbarium. **The practice of scattering cremated remains on the sea, from the air, or on the ground, or**

keeping cremated remains in the home of a relative or friend of the deceased are not the reverent disposition that the Church requires. (no. 417). Thus the Church prohibit such practices.

Youth and Family Experience

March for Life 2020-Friday, January 24th

This year our Lady Queen of Peace parish, Branchville, NJ will be running 2 buses: the 1st trip to Washington, DC will leave the day before and will be providing a special opportunity for families to have an overnight trip which provides the opportunity to attend the Youth Rally for life and the mass for life with numerous Cardinals, Bishops and hundreds of priests joined by contemporary Christian musicians and youth evangelists giving witness talks before the March. The second bus will be our traditional one-day trip to the March for Life, leaving in the early morning of the March. For more information, please contact Our Lady Queen of Peace parish office (973)948-3185 ext. 1.

Remember Me in Your Prayers

Have you ever thought about sending or requesting Mass for a friend, a loved one living or deceased as a Christmas gift? Why not offer such a beautiful gift to them. The reason that this tradition has been passed on for centuries is because of the many spiritual fruits that result from this form of prayer. The celebration of the Eucharist is the highest form of worship in the Catholic Church because we unite ourselves with Christ's sacrifice on the cross in worship of His Father.

1.) It doesn't cost anything...but if you're able to give, an offering is appreciated: There is no price tag on the Mass, however, it is customary to give an offering when requesting a Mass for an intention. That said, money should never be the reason for deciding against this beautiful tradition. Simply make your request known and talk with a priest who will make sure that a Mass is able to be said.

2.) A Mass can be offered for a person who is still living: Though we often think of having a Mass said for those who have passed away, Masses can be offered for those who are still alive. The Council of Trent says that Mass may be said "for the living and the dead, for sins, punishments, satisfactions, and other necessities." In other words, if you know someone who could benefit from the spiritual graces that come with having a Mass said on their behalf, there is no need to delay in doing so.

3.) You can have a Mass said in Thanksgiving or for a celebration: Again, most people remember to have a Mass said for the death of a loved one and a few may think to have a Mass offered for a special intention for a friend who is suffering, but rarely do we think of having a Mass offered for a celebration! Is there a better way to show our gratitude to God? Masses can be said for birthdays, anniversaries, in celebration of the reception of the sacraments, or for prayers that have been answered!

Memorial of Saint Francis de Sales, bishop and doctor

Francis was destined by his father to be a lawyer so that the young man could eventually take his elder's place as a senator from the province of Savoy in France. For this reason Francis was sent to Padua to study law. After receiving his doctorate, he returned home and, in due time, told his parents he wished to enter the priesthood. His father strongly opposed Francis in this, and only after much patient persuasiveness on the part of the gentle Francis did his father finally consent. Francis was ordained and elected provost of the Diocese of Geneva, then a center for the Calvinists. Francis set out to convert them, especially in the district of Chablais. By preaching and distributing the little pamphlets he wrote to explain true Catholic doctrine, he had remarkable success.



At 35, he became bishop of Geneva. While administering his diocese he continued to preach, hear confessions, and catechize the children. His gentle character was a great asset in winning souls. He practiced his own axiom, "A spoonful of honey attracts more flies than a barrelful of vinegar."

Besides his two well-known books, the *Introduction to the Devout Life* and *A Treatise on the Love of God*, he wrote many pamphlets and carried on a vast correspondence. For his writings, he has been named patron of the Catholic Press. His writings, filled with his characteristic gentle spirit, are addressed to lay people. He wants to make them understand that they too are called to be saints. As he wrote in *The Introduction to the Devout Life*: "It is an error, or rather a heresy, to say devotion is incompatible with the life of a soldier, a tradesman, a prince, or a married woman.... It has happened that many have lost perfection in the desert who had preserved it in the world."

In spite of his busy and comparatively short life, he had time to collaborate with another saint, Jane Frances de Chantal, in the work of establishing the Sisters of the Visitation. These women were to practice the virtues exemplified in Mary's visit to Elizabeth: humility, piety, and mutual charity. They at first engaged to a limited degree in works of mercy for the poor and the sick. Today, while some communities conduct schools, others live a strictly contemplative life.

Francis de Sales took seriously the words of Christ, "Learn of me for I am meek and humble of heart." As he said himself, it took him 20 years to conquer his quick temper, but no one ever suspected he had such a problem, so overflowing with good nature and kindness was his usual manner of acting. His perennial meekness and sunny disposition won for him the title of "Gentleman Saint."

Saint Francis de Sales is the Patron Saint of: authors, deafness, journalists, writers.

Youth Group Announcement

****SAVE THE DATE****



Please join the Youth Group for their Chili Cook-off, on Saturday February 1st, after the 5pm Mass. Please consider entering a Chili. There are sign up sheets at the side doors of the church if you would like to enter a chili. The cost is \$10 to enter a chili, which includes tasting and voting for your favorite. \$5 to taste and vote only. After all votes are in, you can eat more of your favorite chili. Prizes will be given to the top 3 chili's. Chili's can be dropped off before Mass. For questions or more information please email: mtcarmelyouths@gmail.com

WORLD APOSTOLATE OF FATIMA, USA

First Saturday of Reparation at the Blue Army Shrine –
February 1, 2020

Why Five First Saturday's? Because Our Lord and Lady (of Fatima) asked for it. When questioning why five First Saturday's, Our Lord replied to Sr. Lucia on May 29, 1930: "My daughter, the reason is simple...1. Against Her Immaculate Conception; 2. Against Her Virginity; 3. Against Her Divine Maternity, refusing at the same time to recognize Her as the mother of all mankind; 4. Those who publicly seek to sow in the hearts of children indifference, contempt or even hatred of this Immaculate Mother; 5. Offenses of those who insult Her directly in Her sacred images." Begin your New Year by honoring Our Lord and Our Lady's plea. Bring your children and friends. The world needs this. The 15 minutes of meditation on the rosary requested by Our Lady will be a visual presentation. Confessions 10:30; Rosary with 15 minute meditation 11:30; Mass 12:15 noon; Brown Scapular Enrollment, talk at Holy House regarding its relics; Divine Mercy Chaplet. 674 Mt. Rd. E., Asbury, NJ 08802 (908)689-1700 ext. 224.



I look to Him! And who do you run to when your life is shattered, when your life crumbles with failures, mistakes or sins?

Born on August 9, 1963 in Newark, New Jersey, Whitney Houston was an American singer and actress whose first albums, released between 1985 and 1992, amassed global sales in excess of 86 million copies. "Houston almost seemed destined from birth to become a singer. Her mother, cousin and godmother, Aretha Franklin, were all legendary figures in American gospel, soul and pop music. Cissy Houston was the choir minister at New Hope Baptist Church, and it was there that a young Whitney got her start." Even as a child, Whitney was able to wow audiences; she later told Diane Sawyer that a rapturous response from the congregation at New Hope had a powerful effect upon her: "I think I knew then that my singing ability was an infectious thing that God had given me."

By the time she turned 15, Whitney was performing often with her mother and trying to get a record deal of her own. In 1985, the artist released her debut album, *Whitney Houston*, and almost immediately became a pop sensation. Over the next year, her hit singles "Saving All My Love for You" and "How Will I Know" helped the album reach the top of the charts. Whitney won a Grammy in 1986 for "Saving All My Love for You." By 1992, Houston was on top of the world. That year she also married Bobby Brown. With this marriage her life began to get complicated as the couple battled with substance abuse and erratic behavior. In the late 1990s and early 2000s, Houston's rocky marriage alongside addiction threatened to derail her career. Thus, leading to several concert cancellations.

After almost a decade of struggling with her personal life, Houston seemed to be pulling herself together. She released a new album, *I Look To You*, in 2009. "The song clearly speaks about her struggles and what she had gone through. Notice how she looks up as she sings. What was she looking up to? She was looking up to God: "I look to you, after all my strength is gone, in you I can be strong. And when melodies are gone, in you I hear a song. And every road I've taken led to my regret. And I don't know if I'm gonna make it. Nothing to do but lift my head. I look to you" she sang. Unfortunately, she died struggling with the same addiction.

Who else do you run to when your life is shattered, when your life crumbles with failures, mistakes or sins? John tells us in today's gospel it is in the Jesus, the lamb who takes away the sins of the world. Houston realized this when she sang, "I look to you." Some people try to hide, or run away, from their failures, from their mistakes or from their sins. This is a common tactic. But the truth is that nothing drags so heavy as a sack of old failures. So, running away from it is not the solution. When it comes to sins, running away from it is good but covering up the sins committed makes it even worse. Some resort to alcohol, drugs, sinful habits to escape their problems. Many modern minds think doing good deeds will atone for the sins committed. Yes, good deeds are great but it doesn't work that way with God. For instance, dropping money in the basket at church, or giving a dollar to the beggar at the street intersection, while noble and good in its own right, does not atone for cheating in business, or lying or oppressing, or bullying others. So how can we deal with our mistakes, our sins? There is only one way. And that is the way our gospel lesson shows us today. John introduced Jesus Christ to the world with these words, "Behold the lamb of God, who takes away the sins of the world." It is only Jesus Christ, who can remove our sins. It is only Him that can forgive us. That is why we confess our sins. You must also forgive yourself and turn to Him. Like Houston, turn to Him, look to Him when you fail, sin or tired of trying. God wants to forgive us always and to set us on a right course again.

—Fr. Abuchi



QUOTE OF THE WEEK

"If the heart wanders or is distracted, bring it back to the point quite gently and replace it tenderly in its Master's presence. And even if you did nothing during the whole of your hour but bring your heart back and place it again in our Lord's presence, though it went away every time you brought it back, your hour would be very well employed."

—Saint Francis de Sales