



ST. HELENA ST. PATRICK *E*

WELCOME TO OUR PARISHES!



5TH SUNDAY OF LENT

Jesus told her, "I am
the resurrection and
the life; whoever
believes in me, even
if he dies, will live."
- Jn 11:2

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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MARCH 29TH, 2020

CONTACT US | LIVE THE LITURGY

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St. Patrick Catholic Church
207 Monroe St N
Fullerton, ND 58441

Rev. Jason Asselin, J.C.L.

sthelenascatholicparish.org

We face death every day. Whether it comes with the actual death of someone we love (or someone we don't even know), a failed relationship, the loss of a job, a broken dream, or pondering our own mortality, death is always around us. What does death say to us? What we believe about our death experiences is going to say volumes about how we live our lives. Jesus comes to us today just as he did many years ago to people who were struggling with loss and death and wondering what to do. He calls us out of our tombs, where we have been closed up in fear and despair, and shouts, "Come out!" Jesus leads us out of death and gives us hope. There is always hope. There is always transformation. Although we may not always see where the road of life is taking us or see God's presence with us on our journey, we will be brought to a new place and be given new life. Walk with God and listen to Him call you. Tomorrow, there awaits another surprise.

Please look for weekly/daily updates for Parish events via Flocknote. Sign up instructions on page 3.



ST. HELENA PARISH

Mass Schedule

Saturday (vigil) 7pm
(Prince of Peace Care Center)

Sunday 8:30am (1st, 3rd, 5th
Sundays)

10:30am (2nd, 4th Sundays)

Tue–Fri 8:00am

Confession Schedule

Saturday 1:30-2:30pm

Sunday Before 8:30 am mass
(1st, 3rd, 5th Sundays)

Tues–Fri Before 8:00 am daily
Mass | By appointment, call
parish office



ST. PATRICK PARISH

Mass Schedule

Sunday 10:30am
(1st, 3rd, 5th Sundays)

8:30 am (2nd, 4th Sundays)

Thursday 9:00am

Confession Schedule

Sundays after 10:30 am Mass
By appointment - call parish
office

FROM OUR PASTOR

30 Days of Silence (part 1)

Dear friends in Christ,

My seminary formation included a 30-day silent retreat, following the method of St. Ignatius of Loyola (the founder of the Jesuits). This retreat was not required, so most of you probably would have said NO THANK YOU, thinking it impossible to be silent for that many days in a row!

Considering the current situation (COVID-19), I wanted to share some reflections from my retreat experience. You might have some extra time at home, enjoy the story...

I was approved to make the retreat at Creighton University in Omaha. I was excited and began to think about what I should or *could* bring for this unique experience. Packing all the usual items, I decided to put the bicycle in the trunk, grab a few books and journey to the big city for the humid month of July.

Before entering the silence, we had a few days of conferences. We were given the name of our retreat director, and the schedule for the month-long event. Each day consisted of a one-on-one meeting with our retreat director, who would provide Scripture passages and other prayer resources. Those meetings were generally 35-45 minutes long. We were also required to make four hours of daily prayer!

Meeting my director on the first day went like this: I brought my bible, prayer book, spiritual reading and a notebook. I shared my excitement about having time to read a good spiritual book. Then I remember my director saying, "I'm sure the book is very good, but let's put it away for this retreat—let's allow Jesus himself to speak to you in these days." Ok, scratch that from my list! No other books needed except the Bible.

A quick internet search defines St. Ignatius' Spiritual Exercises as: "A set of Christian meditations, contemplations, and prayers... Composed with the intention of helping participants in religious retreats to discern the will of God in their lives, leading to a personal commitment to follow Jesus whatever the cost."

It may seem like a small sacrifice to set aside a book. However, the lesson I learned on the first day of my retreat was important: this retreat wasn't "ME" time, or an opportunity to focus on my own desires. The thirty-day retreat began with this small act of self-denial. My plan was to read a good spiritual book, go on a few bike rides, and do all of this in silence—no problem! The Spiritual Exercises are just that, *exercises*. The retreat is a regimen of prayer following four stages: Sin and God's mercy, episodes in the life of Jesus, the Passion of Jesus, and the Resurrection of Jesus and God's love.

Although part of my plan was foiled, I still looked forward to the first rest-day promised on day 10—an opportunity to talk and to go somewhere with the other guys on retreat. (Stay tuned for part two: Rest-day reactions).

CAPITAL CAMPAIGN UPDATE

Currently we have raised **\$131,634** with approximately **51%** of our parish participating. Donations of labor and time have been given. Most of the projects have been completed. **The deadline for the 10% incentive fund match is April 15.** If you wish to increase your donation or make your first donation, Thank you!

Miracles of Jesus

The signs worked by Jesus attest that the Father has sent him. They invite belief in him. Jesus did not come to abolish all evils here below, but to free men from the greatest slavery, sin. Catechism #548-9

PARISH EVENTS CALENDAR |

Public Masses and events are cancelled until further notice

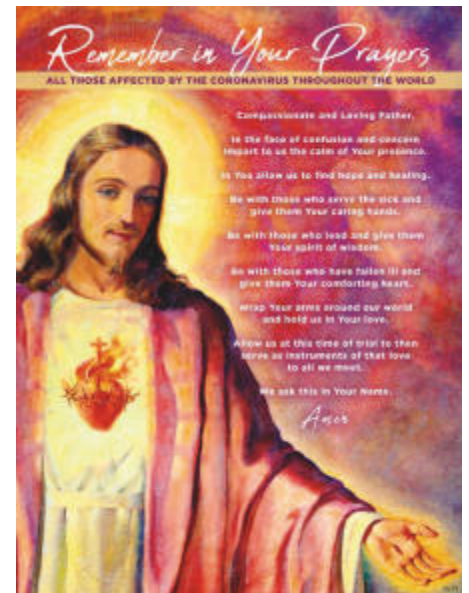
Confessions are available in the **sacristy**

Tue-Fri, 7:30 AM-8:00 AM

Tue, 7:00 PM-8:00 PM

Sat, 1:30 PM-2:30 PM

Father will continue to administer the sacraments for emergencies. Please call the office.



Prudent Stewards

A message from Fr. Asselin
I need to address the topic of weekly giving to our parishes. Obviously without Sunday Mass, we don't have our collection. Like everybody, we need to keep the monthly bills paid, the lights on, and the furnace running (hopefully not too much longer!) Please consider mailing your donations or dropping them off at the Parish Office. Another note, maybe it's time for us to consider an Online giving service. Your feedback on this topic is appreciated. Also, please hold the Lenten Baby Bottles until Mass resumes. We will collect your Lenten Almsgiving as soon as possible. Thank you for your generous support of our Parishes!

Middle School Youth Extravaganza - **CANCELLED**

Fall Dinner Raffle Donations

St. Helena's Altar Society is accepting donations for our annual Fall Dinner and Raffle. Contact Michele T. or Kathy M. if you would like to donate cash or other items for the raffle prizes.

Saturday Masses

It was announced last week that Fr. Wenceslaus Kantanga will return to his parishes in Ashley, Wishek and Zeeland. At this time we don't have an exact date of his return. Fr. Asselin will continue to serve St. David's in Ashley until further notice. Please note that the 7:00 pm Mass in Ellendale will continue to be offered at St. Helena's during the virus protection period.

Connect with us on FLOCKNOTE

We use Flocknote to communicate important information about parish events. Receive text messages or emails, join the groups you want. You can Text to Join. Text the word: Helena to: 84576 or visit: flocknote.com/sthelenal

Register for free: FORMED

FORMED.ORG is a digital media platform with thousands of Catholic titles. Audio, video and family movies to inspire! Go to formed.org/signup Select your parish Register with your name and email address Check that email account for a link to begin using FORMED

ST HELENA MINISTRY SCHEDULE

Sunday April 5 (8:30 am)

Usher	Rick Ulmer
Collection	Bob Radtke
Lector	Daryl Monette, Bernie Thielges
EMHC	Marilyn Wall
Gift Bearers	Richard Reis Family
Altar Servers	Mackenzie T, Jack B, Kali N, Carly K

St. Helena Breakfast Servers

March 29	Knights of Columbus
April 5	Joseph T, Brandon & Brett H, Kasi H, Anita Flynn (Adult Provider)

WEEKLY GIVING

Sunday, March 15

Adult
Children's
Plate
Total

Thank you for your generosity!

ST. PATRICK MINISTRY SCHEDULE

Sunday April 5 (10:30 am)

Lector	Chuck and Kayce
Gift Carriers	Brian and Linda
Altar Servers	Alivia, Kate

For the Month of March

Breakfast Server Apr 26	Alana and Amy Anliker
Collection Counters	Bob Hagen and Ruby
Church Cleaners	Amy A and Corrine
Altar Society Meeting	April 26th after Mass

God's Gift Appeal 2020

Seek First the Kingdom of God

Report as of 3/20/2020

St. Helena's: \$ 6,286: 37% of goal
18% parish participation

St. Patrick's: \$6,683: 116% of goal
38% parish participation

Please consider making a donation if you have not already done so. Thank you.

WEEKLY MASS INTENTIONS

Tue. Mar 31

8:00 am †Eugene Schwangler

Wed. Apr 1

8:00 am †Dean Zieska

Thu. Apr 2

8:00 am (St. H) †Rose Reis

9:00 am (St. P) Open

Fri. Apr 3

8:00 am Philanne Lux

Sat. Apr 4

7:00 pm †George Ryan

Sun. Apr 5

8:30 am (St. H) For the Parishioners

10:30 am (St. P) Open

NOTE: PUBLIC MASSES SUSPENDED, STAY TUNED FOR ANY LIVE STREAMING MASS OPPORTUNITIES.

Advertiser of the Week

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Holy Father's Prayer Intention for April

Freedom from Addiction

We pray that those suffering from addiction may be helped and accompanied.



Please Pray

...for all who are sick, elderly or alone

Jack Kelsh, Joanne Brokaw, Loretta Dingwall, Linda Siro, Cindy Kelly Heupel, Edna Scherman, Deacon James & Val Hunt, Carla Engelstad, Susan Lacina, Richard Rodlund.

If you or someone you know would like to be added to, or removed from this list please call the parish office.



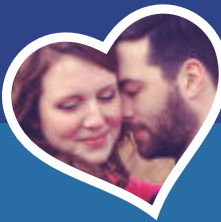
Participate in Weekly Mass or the Rosary on the radio
Real Presence Radio
 AM 1280/Fargo or AM 1370/Grand Forks
 Sunday Mass 7am
 Daily Rosary 8:30pm Lamb Radio
 FM 88.9/Aberdeen - Sunday Mass (Sacred Heart Parish, Aberdeen) 9:30am
 Morning Prayers including Rosary 6am

SPREAD THE WORD
 A Thriving, Vibrant Community Matters



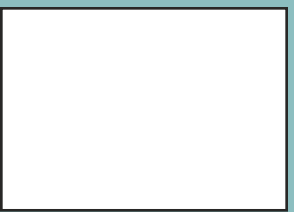
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