



ST. HELENA ST. PATRICK

WELCOME TO OUR PARISHES!



13TH SUNDAY IN ORDINARY TIME

“Whoever gives only a cup of cold water to one of these little ones to drink because the little one is a disciple--amen, I say to you, he will surely not lose his reward.” - Mt 10:42

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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JUNE 28, 2020

CONTACT US |

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Fullerton, ND 58441

Rev. Jason Asselin, J.C.L.

sthelenascatholicparish.org



StHelenaND

LIVE THE LITURGY

“Are you unaware that we who were baptized into Christ Jesus were baptized into his death?” What do you understand these words to mean? Many see these words as an indication of what may come in eternal life. In actuality, they have more to do with our lives here and now. We are called to die to ourselves and offer our lives as gifts given generously to others. It is not about us. We are asked to serve God and not continue in our service of sin. Life is about learning to do what we really do not want to do because it brings us deeper into the mystery of God, ourselves, and others. Learning how to accept and live with the “small deaths” and sacrifices we encounter teaches us how to live with and approach our final death. We can do so with a heart that has been touched by and is open to mercy or one that is self- focused and closed.

Fall Raffle— St. Helena will be having a raffle this fall. Prizes need to be listed to get the permit and get tickets printed. If you wish to donate a prize please contact Michele T or Kathy M.



ST. HELENA PARISH

Mass Schedule

Saturday (vigil) 5pm

Sunday 8:30am (1st, 3rd, 5th Sundays)

10:30am (2nd, 4th Sundays)

Tue–Fri 8:00am

Confession Schedule

Saturday 3:30–4:30pm

Sunday Before 8:30 am mass (1st, 3rd, 5th Sundays)

Tuesday 7:00–8:00pm

Tues–Fri Before 8:00 am daily Mass | By appointment, call parish office



ST. PATRICK PARISH

Mass Schedule

Sunday 10:30am

(1st, 3rd, 5th Sundays)

8:30 am (2nd, 4th Sundays)

Thursday 9:00am

Confession Schedule

Sundays after 10:30 am Mass

By appointment - call parish office

FROM OUR PASTOR

Sunday Mass Obligation

Dear friends in Christ,

Last week I opened the discussion about Sunday Mass attendance for Catholics. Why is it an obligation for us to attend Mass every Sunday and Holy Day? I used the metaphor of muscles to provoke some thoughts about required Mass attendance on Sunday. Do we come to Mass voluntarily or involuntarily? Well, every analogy is imperfect.

Why does a bodybuilder go to the gym every day? There's an obvious answer and there might be an underlying motive: does he desire prize money from competitions, is he trying to impress the ladies, or is he trying to stay in good health? The same reasoning can be applied to Mass attendance: are we here to get something out of it or is there more? The primary reason for going to Mass is to worship God. Boring! Well, maybe it is boring if we don't know the story. Walking into a gym is daunting if all you see is a room full of strange contraptions with bars, pulleys, chains, and racks of disks. Only when you understand what to do with the machines will they become useful.

Let's be honest, few people today think the Mass is terribly useful. We are inclined to fill ourselves with entertainment and the Mass is anything but entertaining (unless father does—fill-in-the-blank). It is equally boring to hear the commands: eat your beans, brush your teeth, take out the garbage! Every child has heard similar words. Parents assign chores to teach long-term responsibility. Yes, there are immediate benefits when jobs are completed—the dirty dishes in the sink disappear and the dirty laundry stops smelling-up the house. But mom and dad hope that enduring habits are formed.

The Catholic Church requires Mass attendance for a similar reason: to teach us responsibility. An intriguing way to think about this requirement is found in a Life Teen article (link on parish website [Holy Days page](#)). Ponder a wedding and all the people it takes to make it happen. What if a bridesmaid falls ill, or a photographer (gasp!) cancels last-minute! The wedding could still take place. The only thing that would prevent the wedding is a missing bride or groom. Christ is the Bridegroom and He speaks about the Church as his bride. So, what happens if we stop showing up?

Mass is a particular form of worship that cannot be done alone, or without the prayers of the priest and the community. If we consider another teaching of the Church we might be surprised. We are not required to receive Holy Communion every week. Again, Mass is primarily about the worship of God and giving him thanks for everything. It also means that sometimes when we attend Mass we might not be able to receive Holy Communion.

The obligation to attend Mass is dispensed right now. The number of attendees has slowly been increasing since we began public worship. At some point the obligation will return. Long-term habits are built on small steps. All relationships have ups and downs, blessings, trials, and tribulations. During Mass, the priest turns to the people and says, *“Pray brothers and sisters, that my sacrifice and yours may be acceptable to God, the Almighty Father.”* Each one of us brings a unique sacrifice to the Altar of worship. Come let us adore Him.

Fr. Asselin

A Fall Dinner Suggestion Box is located in the church entry. Please place your suggestions as to if or how the dinner could be held this fall. The decision will be made at the August Altar Society meeting as to how the dinner will look for 2020. We need every one's input as this involves the entire parish. Attendance at the August meeting is encouraged. Watch bulletin for more details.

PARISH EVENTS CALENDAR |

COVID Updates

On June 12th Bishop Folda issued an update to the guidelines for public Mass. Here are the pertinent details:

- Masks are not required, you may wear them at your discretion. They are recommended.
- Holy Communion can be received on the tongue if desired.
- No congregational singing at this time.
- Altar Society is discussing the best practices for resuming breakfasts after Mass (St. Helena's).
- Although the obligation to attend Mass remains suspended at this time, Bishop Folda states, "it is appropriate to encourage the faithful who are not at higher risk to return to Mass."
- Confessions are now being held in the Confessional.

Summer Dress for Mass

Now that warm weather is here it's time to consider what is appropriate for Mass in the summer. Our attire in church should reflect three things: Our respect for God's house, our respect for Jesus's Real Presence in the Eucharist, and our respect for our brothers and sisters in the Body of Christ. When in doubt about what to wear, choose in favor of modesty.



3rd Annual Rural Life Celebration



Please join Bishop Folda at St. Philip Neri in Napoleon on Sunday, July 12. The Diocesan Rural Life Celebration will take place at the farm of Frank & Helen Braun. Arrive

at 1:30pm. Blessing of land, animals, and farm machinery will begin at 1:45pm followed by a 2:00pm Mass on the farm. A meal and entertainment will follow. The farm is located 3 miles North of Napoleon on ND Hwy 3. For more information visit fargodiocese.org/rural-life. Please RSVP at: (701) 754-2860 or evangelize@bektel.com. Bring a lawn chair or blanket. You may also bring a container of soil from

your fields or garden to be blessed. This event is FREE. We will follow North Dakota state guidelines for COVID-19 protections.

Putt 4 a Purpose-Golf Event

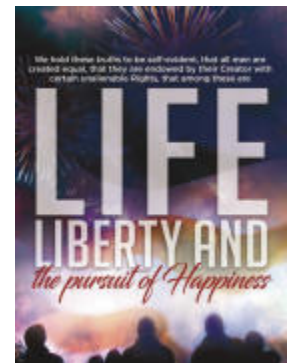
Bishop Folda invites you to Putt 4 a purpose, at the 14th Annual Bishop's Charity Golf Classic, benefiting Seminarian Education and Youth Programs. Join the fun and fellowship by heading to Rose Creek Golf Course in south Fargo on Monday, August 3rd for a round of golf, dinner and prizes. Register three golfers and bring your Priest, Deacon or Seminarian as your 4th player for free!

Resister online at: fargodiocese.org/puttpurpose For more information contact Steve Schons 701 356 7926 or email



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www.sthelenascatholicparish.org/give



steve.schons@fargodiocese.org

Fall Dinner Raffle Donations

St. Helena's Altar Society is accepting donations for our annual Fall Dinner and Raffle. Contact Michele T. or Kathy M. if you would like to donate cash or other items for the raffle prizes.

Connect with us on FLOCKNOTE

We use Flocknote to communicate important information about parish events. Receive text messages or emails, join the groups you want. You can Text to Join. Text the word: Helena to: 84576 or visit: flocknote.com/sthelenal



Follow us on Facebook:
StHelenaND

ST HELENA MINISTRY SCHEDULE

Sunday July 5 (8:30 am)

Usher	Russ Grueneich
Collection	Rick Ulmer
Lector	Daryl Monette
EMHC	Mary Johnson
Gift Bearers	Norton Family
Altar Servers	Riley T, Anton C, Joseph T

St. Helena Breakfast Servers

July 5	Kathy M, Brenda H, Peggy B, Chari K, (TBD)
July 19	Joletta G, Bernie T, Theresa K, LeAnn R (TBD)

WEEKLY GIVING

June 21 \$1052.00

Thank you for your generosity!

ST. PATRICK MINISTRY SCHEDULE

Sunday July 5 (10:30 am)

Lector	Ruby
Gift Carriers	None
Altar Servers	Owen, Porter

For the Month of July

Breakfast Server	Christy and Laura
Collection Counters	Amy A and Laura
Church Cleaners	Layna and Corrine
Altar Society Meeting	None this month

God's Gift Appeal 2020

Seek First the Kingdom of God

Report as of 6/19/2020

St. Helena's: \$13136: 78% of goal 38% participation

St. Patrick's: \$10558: 183% of goal 48% participation

Please consider making a donation if you have not already done so. Thank you.

Advertiser of the Week

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WEEKLY MASS INTENTIONS

Tue. June 30

8:00 am Mark Rivard

Wed. July 1

8:00 am †Jim Gusaas

Thu. July 2

8:00 am (St. H) †

9:00 am (St. P) †Parents Gene & Faye Lonski

Fri. Jul 3

8:00 am Philanne Lux

Sat. July 4

5:00 pm †Dean Zieska

Sun. Jul 5

8:30 am (St. H) †Sylvester & †Marie Radermacher

10:30 am (St. P) For the Parishioners

Holy Father's Prayer Intention for July Our Families

We pray that today's families may be accompanied with love, respect and guidance.

Mass intentions needed:

The greatest prayer this side of heaven is the Mass. Remembering our deceased family members and friends at the altar during the celebration of Mass is a wonderful blessing. The usual offering for a Mass is \$10. Please use the envelopes in the back of the church to request a Mass for your loved ones.



Please Pray

...for all who are sick, elderly or alone

Joanne Brokaw, Loretta Dingwall, Linda Siro, Cindy Kelly Heupel, Edna Scherman, Deacon James & Val Hunt, Carla Engelstad, Susan Lacina, Richard Rodlund.

If you or someone you know would like to be added to, or removed from this list please call the parish office.



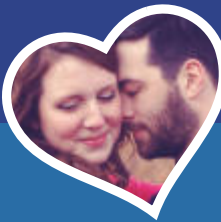
Participate in Weekly Mass or the Rosary on the radio
Real Presence Radio
 AM 1280/Fargo or AM 1370/Grand Forks
 Sunday Mass 7am
 Daily Rosary 8:30pm Lamb Radio
 FM 88.9/Aberdeen - Sunday Mass (Sacred Heart Parish, Aberdeen) 9:30am
 Morning Prayers including Rosary 6am

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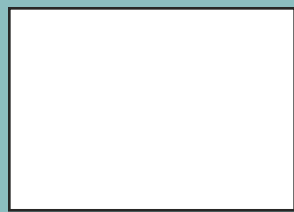
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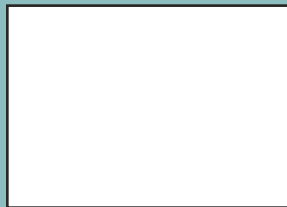
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