



ST. HELENA ST. PATRICK *E*

WELCOME TO OUR PARISHES!



19TH SUNDAY IN ORDINARY TIME



Peter said to him in reply,
"Lord, if it is you, command
me to come to you on the
water." He said, "Come."
Peter got out of the boat
and began to walk on the
water toward Jesus.
- Mt 14:28-29

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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AUGUST 9, 2020

CONTACT US |

LIVE THE LITURGY

St. Helena Catholic Church
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St. Patrick Catholic Church
207 Monroe St N
Fullerton, ND 58441

Rev. Jason Asselin, J.C.L.

There is something very sacred about silence. Silence connects us. It is where the heartbeat of all of creation — and its life blood and source — are embraced and where oneness is experienced. When in the presence of an environment that is silent, the worries, tribulations, struggles, and challenges of life seem to fade away, and we can experience a peaceful whisper. We can call that whisper God. Through the practice of contemplative prayer, we can find our way to that inner place of silence even in the midst of great distraction, busyness, and noise. The silence becomes one with us and grounds us. When we become friends with silence, friends with God, we can hear the gentle whisper of God's voice saying, "Come, stay here. Trust me and you will not fall."

sthelenascatholicparish.org



StHelenaND

Fall Dinner & Religious Education
Important Information See page 3



ST. HELENA PARISH

Mass Schedule

Saturday (vigil) 5pm, St. Helena

Sunday 8:30am (1st, 3rd, 5th Sundays)

10:30am (2nd, 4th Sundays)

Tue–Fri 8:00am

Confession Schedule

Saturday 3:30–4:30pm

Sunday Before 8:30 am mass (1st, 3rd, 5th Sundays)

Tuesday 7:00–8:00pm

Tues–Fri Before 8:00 am daily Mass | By appointment, call parish office



ST. PATRICK PARISH

Mass Schedule

Sunday 10:30am

(1st, 3rd, 5th Sundays)

8:30 am (2nd, 4th Sundays)

Thursday 9:00am

Confession Schedule

Sundays after 10:30 am Mass

By appointment - call parish office

SACRAMENTS

FROM OUR PASTOR

Sharing a favorite recipe

Dear friends in Christ,

I bet your grandmother made the best pickles, or fill-in-the-blank. That was true for my grandma Asselin. Why are these favorites so difficult to duplicate or share? Is it the quality of ingredients nowadays, compared to the “farm days?” Maybe grandma never really followed a recipe, and just had that special knack for putting everything together.

German potato salad might be a good example. Several years ago, the mother of a priest-friend made her famous potato salad. Some of the parishioners wanted to learn from this wise, aged mother how to make the coveted dish. They set up a date; we’ll see you tomorrow for the lesson!

The students thought they would be prepared and speed-up the process: they cooked the potatoes the night before and brought them to “school” the next day. Well, they quickly learned that their zeal just cost them a bag of potatoes. The teacher of the secret recipe said, “You can’t use those! The potatoes need to be hot to make it work.” Thus, the first lesson was learned.

The students also came prepared with pen and paper, not wanting to miss the slightest step. Well, lesson #2 was soon learned... there wasn’t a “stone tablet” listing every detail. Was their mission falling apart? Would they ever be able to make the perfect pot of potato salad?

This somewhat silly illustration connects with the Scripture passages. The Lord tells the prophet Elijah, “Go outside and stand on the mountain before the Lord; the Lord will be passing by.” I know that I would have said, excuse me, what color is his vehicle, what kind of tunic will he be wearing? Is he wearing crocks or sandals? More info please! The Gospel

also reminds us that recognizing the Lord isn’t always easy, even for the disciples.

We would like a copy of the **recipe for Prayer**. What is it? How do I do it? What ingredients do I need? Fortunately, we do have a few stone tablets given to us—but those don’t speak directly about praying. So, unfortunately we might be trying to make German potato salad like the students mentioned above. However, the Scripture readings contain some tricks and tips (get out your notebook!)

Elijah did as the Lord commanded him. Here’s the first lesson for prayer: **show up!** Even if we don’t feel like it, showing up is the first step to encountering God.

The second lesson is to set aside our predetermined ideas, our wants, and our own intended results. Only in the tiny whispering sound does Elijah encounter the Lord. It’s not about the big plans, fancy desires, and flashes of lightening.

Showing up and allowing God to speak to us are just two lessons. There are many more teachings about prayer; so many that we never fully master this art on earth.

A final lesson comes to us in the Gospel when Jesus says, “O you of little faith, why did you doubt?” Making German potato salad was not as easy as the students expected. Cultivating a life of prayer is all about building a relationship with Jesus, our Savior. And that isn’t easy either.

Fr. Asselin



PARISH EVENTS CALENDAR |

FALL DINNER & RELIGIOUS EDUCATION Important Updates

- **St. Helena's Fall Dinner** is cancelled for 2020. This is a beloved community event and we plan to offer the meal again next year.
- **The annual raffle drawing** is still on! The drawing will be held on Sunday, September 27 after Mass. Tickets and a letter will be sent to households soon.
- **Religious education** will begin on Wed., Sep 16 with in-person instruction. Details and parent meeting to be announced.
- **Sacrament preparation** for 2nd and 3rd graders will continue. St. Helena's is scheduled to host the confirmation Mass this year. We will publish details when they become available from the Diocese.



*Please Consider
Online Giving*

Our parishes are grateful for your continued support. Thank You!
sthelenascatholicparish.org/give



Food Pantry Volunteers

St. Helena's Parish is scheduled to help with the Ellendale Community Food Pantry distribution on **Sat, August 22 10am-Noon**. Please consider helping if you can.

Youth: March for Life

Youth in grades 9-12 are invited to a pilgrimage to the annual March for Life in Washington D.C. The trip will begin in Fargo on Jan. 25 and return Jan. 31. Fr. Greg Haman will be the spiritual director. In addition to participating in the March for Life and Mass for Life at the Basilica of the Immaculate Conception, youth will also see the sights in D.C., Emmitsburg, MD, and Gettysburg. The cost for the 7-day pilgrimage is \$800 and includes air and ground transportation, lodging, meals, and tour fees. Register today! Registration forms at: www.fargodiocese.org/march-for-life

Summer Dress for Mass

Now that warm weather is here it's time to consider what is appropriate for Mass in the summer. Our attire in church should reflect three things: Our respect for God's house, our respect for Jesus's Real Presence in the Eucharist, and our respect for our brothers and sisters in the Body of Christ. When in doubt about what to wear, choose in favor of modesty.

August 15, Is NOT a Holy Day of Obligation in 2020



Connect with us on FLOCKNOTE

We use Flocknote to communicate important information about parish events. Receive text messages or emails, join the groups you want. You can Text to Join. Text the word: Helena to: 84576 or visit: flocknote.com/sthelenal

Follow us on Facebook
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ST HELENA MINISTRY SCHEDULE

Sunday August 16 (8:30 am)

Usher	Darell Wall
Collection	Rick Ulmer
Lector	CarolLee Carruth
EMHC	Daryl Monette
Gift Bearers	Grueneich Family
Altar Servers	Devin W, Carly K, Riley T

St. Helena Breakfast Servers

Breakfasts Beginning on Sept. 20

Sept. 20 Sonja B, Amy G, Margret D, Cay D

WEEKLY GIVING

August 2 \$710.50

Thank you for your generosity!

ST. PATRICK MINISTRY SCHEDULE

Sunday August 16 (10:30 am)

Lector	Kayce
Gift Carriers	Kayce and Maddie
Altar Servers	Madi , Archur

For the Month of August

Breakfast Server	Linda and Ruby
Collection Counters	Laura and Brian
Church Cleaners	Linda and Judy
Altar Society Meeting	None this month

God's Gift Appeal 2020

Seek First the Kingdom of God

Report as of 7/31/2020

St. Helena's: \$13946: 83% of goal 40% participation

St. Patrick's: \$13558: 236% of goal 62% participation

Please consider making a donation if you have not already done so. Thank you.

Advertiser of the Week

Chad's Electric

Thank you for supporting our bulletin!

WEEKLY MASS INTENTIONS

Tue. Aug 11

8:00 am Shannon Fettig

Wed. Aug 12

8:00 am Philanne Lux

Thu. Aug 13

8:00 am (St. H) †Fr. Louden Flisk

9:00 am (St. P) †George Ryan

Fri. Aug 14

8:00 am †Sylvester & †Marie Radermacher

Sat. Aug 15

5:00 pm †Pete & †Shelda Flynn

Sun. Aug 16

8:30 am (St. H) †Thomas Kelly

10:30 am (St. P) For the Parishioners

Holy Father's Prayer Intention for August

The Maritime World

We pray for all those who work and live from the sea, among them sailors, fishermen and their families.

Mass intentions needed:

The greatest prayer this side of heaven is the Mass. Remembering our deceased family members and friends at the altar during the celebration of Mass is a wonderful blessing. The usual offering for a Mass is \$10. Please use the envelopes in the back of the church to request a Mass for your loved ones.



Please Pray

...for all who are sick, elderly or alone

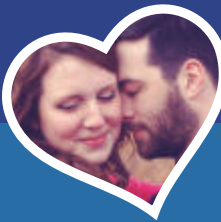
Joanne Brokaw, Loretta Dingwall, Linda Siro, Cindy Kelly Heupel, Edna Scherman, Deacon James & Val Hunt, Carla Engelstad, Susan Lacina, Richard Rodlund.

If you or someone you know would like to be added to, or removed from this list please call the parish office.



Participate in Weekly Mass or the Rosary on the radio
Real Presence Radio
 AM 1280/Fargo or AM 1370/Grand Forks
 Sunday Mass 7am
 Daily Rosary 8:30pm Lamb Radio
 FM 88.9/Aberdeen - Sunday Mass (Sacred Heart Parish, Aberdeen) 9:30am
 Morning Prayers including Rosary 6am

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