



# ST. HELENA ST. PATRICK *E*

WELCOME TO OUR PARISHES!

## *Our Lord Jesus Christ,* KING OF THE UNIVERSE

“And the king will say to them in reply, ‘Amen, I say to you, whatever you did for one of the least brothers of mine, you did for me.’” - Mt 25:40

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

NOVEMBER 22, 2020

### CONTACT US |

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Fullerton, ND 58441

**Rev. Jason Asselin, J.C.L.**  
[sthenelencatholicparish.org](http://sthenelencatholicparish.org)

### LIVE THE LITURGY - INSPIRATION FOR THE WEEK

Titles and privileges, palaces and guards, banquets and benefits, servants and fine living, are all things earthly folks associate with kings and royalty. These have no place in Christ. To understand the kingdom of Christ and what it means to have Christ as our king, one must be willing and able to understand transformation, engagement and empowerment. To live in the kingship of Christ, we have to live deeply and contemplatively; allowing God to change not only how we act, but how we feel, think, and see. It is not an easy journey or one that is always welcomed. Sometimes, it is easier and safer to live as if Christ were our earthly king. It's a more black and white world. But the kingdom of Christ exists in a world of gray where the hungry, thirsty, those who are strangers, naked, ill, and imprisoned find a welcome home. It is a kingdom that doesn't always make sense, where the last are first and the weakest are most strong. World economics and secular philosophy doesn't like this kind of king. Maybe that is why they crucified him the first time and continue to. Whatever we do to the least of God's children, we do to God. Do you really want to inherit the kingdom?

Location Change! Please note: 5:00pm Mass on Saturday is now at St. Helena's in Ellendale



## ST. HELENA PARISH

### Mass Schedule

**Saturday** (vigil) 5pm, St. Helena

**Sunday** 8:30am (1st, 3rd, 5th Sundays)

10:30am (2nd, 4th Sundays)

**Tue–Fri** 8:00am

### Confession Schedule

**Saturday** 3:30–4:30pm

**Sunday** Before 8:30 am mass (1st, 3rd, 5th Sundays)

**Tuesday** 7:00–8:00pm

**Tues–Fri** Before 8:00 am daily Mass | By appointment, call parish office



## ST. PATRICK PARISH

### Mass Schedule

**Sunday** 10:30am

(1st, 3rd, 5th Sundays)

8:30 am (2nd, 4th Sundays)

**Thursday** 9:00am

### Confession Schedule

**Sundays** after 10:30 am Mass

By appointment - call parish office

## FROM OUR PASTOR

### Influential Persons (3 of 3)

Dear friends in Christ,

Gymnastics is an amazing sport. Balance, strength, and mental focus are on display. Our hearts are torn when the perfect routine is spoiled by a fall or a misstep. The dreams of a young athlete can slip away so quickly.

*Mental gymnastics* is a term we use to describe the process of resolving complicated situations. Sometimes this term has a negative connotation, sometimes it indicates something difficult. The challenges we face in the world require a similar balance, strength, and mental focus. We become weary trying to discern right from wrong, good from bad, and true from false. How is it possible to wrap my head around such things!

We must properly form our consciences. What does it mean to form our conscience? The Catechism states:

*The education of the conscience is a lifelong task... Prudent education teaches virtue; it prevents or cures fear, selfishness and pride, resentment arising from guilt, and feelings of complacency, born of human weakness and faults. (1784).*

*In the formation of conscience, the Word of God is the light for our path, we must assimilate it in faith and prayer and put it into practice. We must also examine our*

*conscience before the Lord's Cross. We are assisted by the gifts of the Holy Spirit, aided by the witness or advice of others, and guided by the authoritative teaching of the Church (1785).*

The mountain of bad news, even within the Church, seems to force us into mental gymnastics. We hear again about the disgraced careers of cardinals, bishops, and priests. We are forced to sift what the Holy Father said versus what others have put into his mouth. We continue to face the effects of a global pandemic and political chaos. Today we celebrate the Solemnity of Christ the King—the only remedy for our weary hearts and confused world. Jesus Christ is the positive influence we all need.

**Advent begins next week.** This year, 2020, has been challenging. Therefore, I invite you to enter the Advent Season with the Holy Family: Jesus, Mary, and Joseph. Advent prepares us for a PERSON, not a day. I am happy to offer **REJOICE! Advent Meditations with the Holy Family.** Daily prayer books are available for each household. Undoubtedly your family has experienced some chaos this year. Let's slow down this Advent. Let's stretch our hearts and our faith and spend time each day getting to know the Word of God. Yes, this too requires balance, strength, and mental focus.

Fr. Asselin

### Advent begins on Nov 29<sup>th</sup>

Rejoice with the Holy Family! This year we will be offering a beautiful meditation journal with daily reflections, prayers and illustrations. Supplemental videos are also available. Each day, you will walk with the Holy Family and enjoy: A Word, A Reflection, A Psalm, A Reading, and space to write down how the Lord is speaking to you this Advent. More information coming soon!



## PARISH EVENTS CALENDAR |

- 11-24—Eucharistic Adoration 7:00-8:00 pm
- 11-25—No CCD, Thanksgiving Break
- 11-26—Thanksgiving Day Mass 9:00 am, St. Helena
- 12-1—Eucharistic Adoration 7:00-8:00 pm



### *Please Consider* Online Giving

Our parishes are grateful for your continued support. Thank You!  
[sthelenascatholicparish.org/give](http://sthelenascatholicparish.org/give)



### Altar Society News

Matthew and Brandy Maxon had a baby girl! There is a tote in the entry of the church to welcome Olivia LoraAnne. Please feel free to add items for her.

### Christmas Flowers

We are ready to order flowers for the Christmas season. A sign-up sheet is found in the church entry.

**Online orders & payments will be available soon.** White or Red Poinsettias are available for \$25.

### REDEEMED Trusted Sisters Women's Conference:

Mark your calendar: The REDEEMED Women's Conference has been rescheduled for Feb19-20, 2021 at the Delta Hotel in

Fargo. Featured speakers will include Dr. Helen Alvaré, Dr. James Link, Marcie Stockman (foundress of Well Read Mom), and Andrea Thomas of the Vigil Project. The event will also include performances and worship led by the Vigil Project. This conference will be available to attend both in person as well as via livestream. More information at: [fargodiocese.org/redeemedwom](http://fargodiocese.org/redeemedwom)

### Find us on Facebook StHelenaND



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family movies to inspire! Go to [formed.org/signup](http://formed.org/signup)  
Select your parish  
Register with your name and email address  
Check that email account for a link to begin using FORMED

### Connect with us on FLOCKNOTE

Our parish is using Flocknote to communicate important information about parish events. Receive text messages or emails, join the groups you want. You can Text to Join. Text the word: Helena to: 84576  
Uno the sheep is waiting for you to join!



## ST HELENA MINISTRY SCHEDULE

Nov 28 & Nov 29 5:00pm 8:30am

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Usher	Volunteer	Richard Reis
Collection		Rick Ulmer
Lector	Volunteer	Richard Reis
EMHC		
Gift Bearers		
Altar Servers	Volunteer	Riley T, Jack B



## ST. PATRICK MINISTRY SCHEDULE

Sunday November 29 (10:30 am)

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Lector	Chuck
Gift Carriers	Harper and Porter
Altar Servers	Boston, Lennon

For the Month of November

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Breakfast Server	Megan and Laura
Collection Counters	Christy and Allen Glynn
Church Cleaners	Pat and Christy
Altar Society Meeting	None this month



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## WEEKLY MASS INTENTIONS

**Tue. Nov 24**

8:00 am †Tucker Bruington

**Wed. Nov 25**

8:00 am †Elias Vetter

**Thu. Nov 26, Thanksgiving Day**

9:00 am (St. H) †Paul & †Joanne Merkel

**Fri. Nov 27**

8:00 am †Hazel Linder

**Sat. Nov 28**

5:00 pm †John Martinson

**Sun. Nov 29, First Sunday of Advent**

8:30 am (St. H) †Thomas Kelly

10:30 am (St. P) For the Parishioners

### Mass intentions needed:

The greatest prayer this side of heaven is the Mass. Remembering our deceased family members and friends at the altar during the celebration of Mass is a wonderful blessing. The usual offering for a Mass is \$10. Please use the envelopes in the back of the church to request a Mass for your loved ones.

### Remember the Dead

Don't forget to pray for your deceased loved ones during the month of November. Visit a cemetery or pray from your own home. A plenary indulgence may be obtained for the Souls in Purgatory each day this month (confession, prayers for the Pope, and being detached from sin are the requirements.)



### Please Pray

*...for all who are sick, elderly or alone*

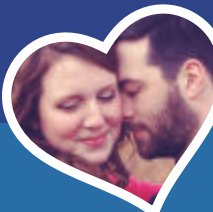
Dennis Horsager, Joanne Brokaw, Loretta Dingwall, Linda Siro, Cindy Kelly Heupel, Edna Scherman, Val Hunt, Carla Engelstad, Susan Lacina, Richard Rodlund.

If you or someone you know would like to be added to, or removed from this list please call the parish office.



Participate in Weekly Mass or the Rosary on the radio  
**Real Presence Radio**  
 AM 1280/Fargo or AM 1370/Grand Forks  
 Sunday Mass 7am  
 Daily Rosary 8:30pm Lamb Radio  
 FM 88.9/Aberdeen - Sunday Mass (Sacred Heart Parish, Aberdeen) 9:30am  
 Morning Prayers including Rosary 6am

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