

# Our Lady of the Valley Church

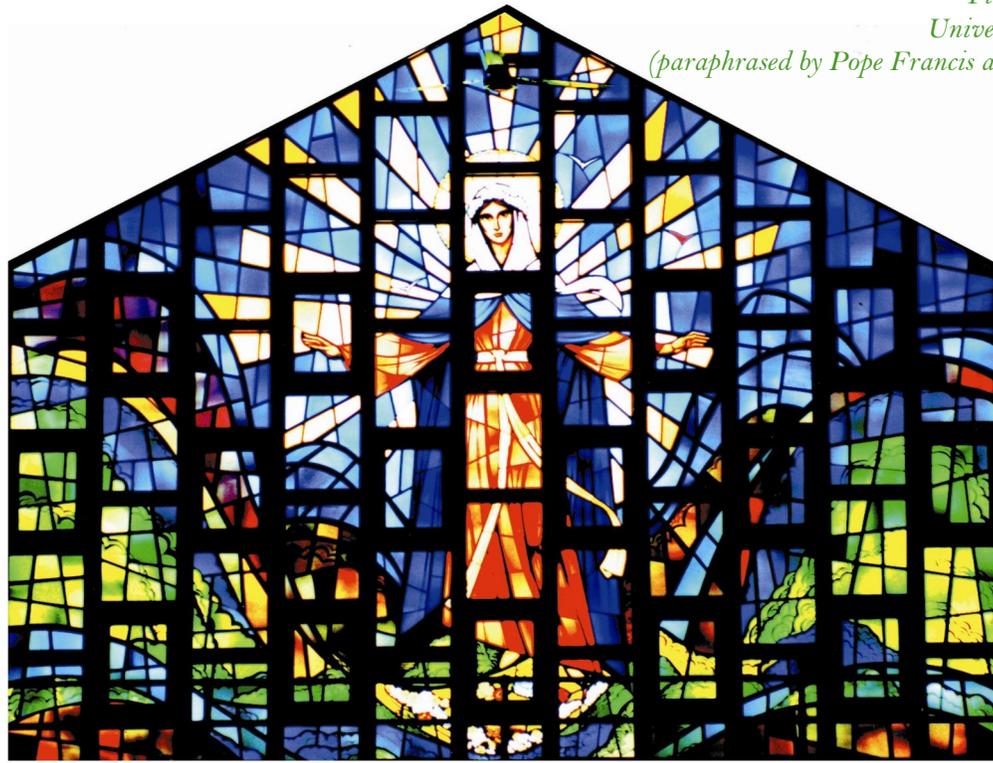
630 Valley Road - Wayne - New Jersey - 07470 - [www.olvwayne.org](http://www.olvwayne.org)

973-694-4585

**“The Church is Holy, not just because all are welcome.  
The Church is Holy, because all belong.”**

*Timothy M. Matovina  
University of Notre Dame*

*(paraphrased by Pope Francis at General Audience)*



## Schedule of Masses

### Weekdays

Monday - Friday 9:00 a.m.

### Weekends

Saturday: 5:00 p.m.

And Online Mass available

Sunday: 8:00 a.m. and 12:00 Noon

## Parish Office Hours

Monday through Friday

9:00 a.m. - 12:00 p.m.

1:00 pm. - 5:00 p.m.

## Sacrament of Reconciliation

Saturday - 12:00 p.m. in Church  
or by appointment

## Sacraments of Baptism, Marriage & Personal Appointments

Please call the Parish Office

***Remember Our Lady of the Valley Church in Your Will***

## OUR PARISH IS SERVED BY

**Rev. Peter VB. Wells, Pastor**  
Ext. 7246 - VonBreton@aol.com

**Rev. Duberney Villamizar, Parochial Vicar**  
Ext. 7204 - pvicar@olvwayne.org

**Deacon Vincent Cocilovo**  
vcocilovo@olvwayne.org

**Sister Dorothy Dee, SSJ, Pastoral Associate**  
Adult Formation/Ministry of Consolation  
Ext. 7245 - SrDorothy@olvwayne.org

**Judi Cocilovo, Director of Faith Formation / Youth**  
Ext. 7208 - jcocilovo@olvwayne.org

**Office of Faith Formation / Youth**  
Ext. 7248 - ourladyofthevalley\_faithformation@olvwayne.org

**Alyson Suchar, Parish Secretary**  
Ext. 7200 - secretary@olvwayne.org

**Barbara Mennella, Office Assistant**  
Ext. 7203 - reception@olvwayne.org

**John Peragallo III, Director of Music Ministry**  
John@peragallo.com

**Irene Luberto, Parish Financial Administrator**  
Ext. 7243 - finance@olvwayne.org

### TRUSTEES OF THE PARISH

**Marie Armenio**  
mrarmenio@olvwayne.org

**Mark Peischl**  
mark.peischl@gmail.com

**Pastoral Advisory Board**  
pastoralcouncil@olvwayne.org

## PRESIDER SCHEDULE

### Weekend of February 6 - 7:

#### Our Lady of the Valley

5:00pm Father Wells  
8:00am Father Duberney  
12:00 Noon Father Duberney

#### Holy Cross

10:00am Father Wells

## ACT OF STEWARDSHIP

Attendance January 23/24: 216

Stewardship totals are not available. We prayerfully request considering WeShare during this time or mailing envelopes into the office.

*As each one has received a gift, use it to serve one another as good stewards of God's varied grace. (1 Peter 4:8-10)*



## WEEKLY MASS INTENTIONS

Monday, February 1	9:00am	For the People
Tuesday, February 2	9:00am	For the People
Wednesday, February 3	9:00am	Kenneth Predmore, Sr.
Thursday, February 4	9:00am	Marion Mullen
Friday, February 5	9:00am	Don Casapulla John Fierro
Saturday, February 6	5:00pm	For the People
Sunday, February 7	8:00am	Joseph Caputo Dominick Gagliostro Frances Ivankovic Carmella Stefanelli
	12:00pm	Mary Ann Dowling James Rapp Anna Ruffolo Betty & Raymond Van Kerschaver

## BLESSING OF THROATS

Wednesday, February 3, is the Feast of Saint Blaise, one of the early martyrs of the Church. He is known as one of the 'Holy Helpers' invoked against various diseases. Although we know very little of Saint Blaise's life, he is reputed to have been a doctor who healed a boy choking on a fish bone; accordingly, this healer and martyr is invoked against illnesses of the throat. The traditional blessing of throats will take the place of the final blessing at each Mass this weekend, as well as at the 9:00 a.m. Mass on Wednesday, February 3.

In keeping with directives received from the Congregation for Divine Worship in Rome, and approved by Pope Francis, the individual blessing of throats with blessed crossed candles cannot be done this year due to the coronavirus. A general blessing over the entire congregation will be imparted instead.

Find us on



@olvwayne

## FOURTH SUNDAY IN ORDINARY TIME - JANUARY 31, 2021

## PARISH SACRAMENTAL & PRAYER

*"Is anyone among you suffering? They should pray...Is anyone among you sick? They should summon the presbyters of the church, and they should pray over them and anoint them with oil in the name of the Lord."  
(James 5:13,14)*

### Pray for the Sick:

<i>Kathy Corrao</i>	<i>Joe DeFalco</i>
<i>Barry Koerber</i>	<i>Linda Greco</i>
<i>Jenny Moskal</i>	<i>Maria Guarneri</i>
<i>Debbie Sleeman</i>	<i>Rita Rugel</i>
<i>Gary VanSteyn</i>	<i>Gerard Gagliano</i>
<i>Pat VanSteyn</i>	<i>Luke Logan Crawford</i>
<i>Paul Wilczewski</i>	<i>Leonie Houckes</i>
<i>Michael Waldinger</i>	<i>Anthony Spinella</i>
<i>Roger Rigolli</i>	<i>Debby Ciafaglione</i>
<i>Edward LaBarre</i>	<i>Kimberly Mathisen</i>
<i>Gloria Dykstra</i>	<i>Gavin William Pagano</i>
<i>Donald Boman</i>	<i>America Bernarda Paulino</i>
<i>Gloria Keenan</i>	

**UPDATED NOTE:** In order to be added to our prayer list, a member of the immediate family should request a person's name be added. The current names will remain on the list until March.

*Indeed for your faithful, Lord,  
life is changed, not ended,  
and when this early dwelling turns to dust,  
an eternal dwelling is made ready for them in heaven.  
(Roman Missal, Preface I for the Dead)*

### Pray for the Dead:

*Nancy Clarken*



## WEEKLY REMEMBRANCE

This week the Sanctuary Lamp which burns as a reminder of the Lord's presence in the Blessed Sacrament and the bread and wine offered at the Altar, which become the Body and Blood of Christ, are given in honor of:

*Liza Haddad*

From her Loving Aunt and Uncle

## LOVE THY NEIGHBOR

If you have not yet responded to the 2020 Diocesan Ministries Appeal, there is still time to do so since the 2020 Appeal funds ministries and programs through the end of the Diocesan fiscal year on June 30, 2021. Your gift is a great blessing and valued so we can serve Christ by serving his people. For your convenience, you can make an online gift at [www.2020appeal.org](http://www.2020appeal.org).

## FAITH FORMATION CLASSES 1-8

Faith Formation Classes Grades 1-8, don't forget to check into your class on time and complete the work in the time allocated.

Upcoming class dates:

**TODAY: January 31**

Sunday, February 7, 14, 21, 28

## CONFIRMATION CLASSES

The next Confirmation I and Confirmation II classes are scheduled for **TODAY: January 31**.

## HELPING HANDS NEEDED

The Father English Food Pantry of Catholic Charities, Catholic Family & Community Services, 435 Main Street, Paterson, is in dire need of volunteers to sort food donations and pack bags of food to be handed out to clients at the door. We have gone from providing food to 5,000+ in February to 21,000 in December. We are blessed with donations of food, but we don't have enough workers to get the food organized and packaged to be distributed to clients and two low income senior projects in Paterson.

Volunteers are needed Monday-Friday between 8:00 a.m. and 4:00 p.m. and Saturdays between 8:00 a.m. and 12:00 noon. You can come for an hour or more on any day. We practice Covid protocols. Each volunteer has a temp taken and completes a questionnaire. We all wear masks, use hand sanitizer, and practice social distancing. The building is sanitized on a regular basis.

Volunteers unpack donations, sort them and then package bags of food to hand out at the door. Volunteers do not come in direct contact with clients.

For further information, please contact Sister Maureen Sullivan, SC, Director of Volunteers for CFCS, at [msullivan@catholiccharities.org](mailto:msullivan@catholiccharities.org) or (973) 572-5283.

## THE HILL WE CLIMB

When day comes, we ask ourselves,  
where can we find light in the never-ending shade?  
The loss we carry. A sea we must wade.  
We braved the belly of the beast.  
We've learned that quiet isn't always peace,  
and the norms and notions of what "just" isn't always justice.  
And yet the dawn is ours before we knew it.  
Somehow we do it.  
Somehow we weathered and witnessed a nation that isn't broken,  
but simply unfinished.  
We, the successors of a country and a time where a skinny black girl descended from slaves and  
raised by a single mother can dream of becoming president,  
only to find herself reciting for one.  
And, yes, we are far from polished, far from pristine,  
but that doesn't mean we are striving to form,  
a union that is perfect.  
We are striving to forge our nation with purpose.  
To compose a country committed to all cultures, colors, characters,  
and conditions of man.  
And so we lift our gaze, not to what stands between us,  
but what stands before us.  
We close the divide because we know to put our future first,  
we must first put our differences aside.  
We lay down our arms so we can reach out our arms to one another.  
We seek harm to none and harmony for all.  
Let the globe, if nothing else, say this is true.  
That even as we grieved, we grew.  
That even as we hurt, we hoped.  
That even as we tired, we tried.

That we'll forever be tied together, victorious.  
Not because we will never again know defeat,  
but because we will never again sow division.  
Scripture tells us to envision that everyone shall sit under their  
own vine and fig tree, and no one shall make them afraid.  
If we're to live up to our own time, then victory won't lie in the blade,  
but in all the bridges we've made.  
That is the promise to glade, the hill we climb, if only we dare.  
It's the past we step into and how we repair it.  
We've seen a force that would shatter our nation, rather than share it.  
Would destroy our country if it meant delaying democracy.  
And this effort very nearly succeeded.  
But while democracy can be periodically delayed,  
it can never be permanently defeated.  
In this truth, in this faith, we trust,  
for while we have our eyes on the future,  
history has its eyes on us.  
This is the era of just redemption.  
We feared at its inception.

## THE HILL WE CLIMB (CONTINUED)

We did not feel prepared to be the heirs of such a terrifying hour.  
But within it we found the power to author a new chapter,  
to offer hope and laughter to ourselves.  
So, while once we asked, how could we possibly prevail over catastrophe,  
now, we assert, how could catastrophe possibly prevail over us?  
We will not march back to what was,  
but move to what shall be: a country that is bruised but whole,  
benevolent but bold, fierce and free.  
We will not be turned around or interrupted by intimidation  
because we know our inaction and inertia  
will be the inheritance of the next generation, become the future.  
Our blunders become our burdens.  
But one thing is certain.  
If we merge mercy with might, and might with right,  
then love becomes our legacy and change our children's birthright.  
So let us leave behind a country better than the one we were left.  
Every breath from my bronze-pounded chest,  
we will raise this wounded world into a wondrous one.  
We will rise from the golden hills of the West.  
We will rise from the windswept Northeast  
where our forefathers first realized revolution.  
We will rise from the lake-rimmed cities of the Midwestern states.  
We will rise from the sun-baked South.  
We will rebuild, reconcile, and recover.  
And every known nook of our nation and every corner called our country,  
our people diverse and beautiful, will emerge battered and beautiful.  
When day comes, we step out of the shade of flame and unafraid.  
The new dawn balloons as we free it.  
For there is always light, if only we're brave enough to see it.

If only we're brave enough to be it.

Amanda Gorman  
U.S.A. Junior Poet-Laureate  
January 20, 2021 Presidential Inauguration

# HOLY SPIRIT SCHOOL



## Holy Spirit School

330 Newark Pompton Turnpike, Pequannock ~ Where faith and academics meet

**Celebrates Catholics School's Week**

**January 31<sup>st</sup>, 2021-February 6<sup>th</sup>, 2021**



### Pre-K3 and Pre-K4

- AdvancED accredited
- Social and emotional development
  - Warm nurturing environment
- Flexible hours with half and full days
- Before and after care 7:30-8:30 am and 3:00-6:00 pm
  - Child friendly playground
  - Kindergarten readiness program
  - Art, music, gym, computer classes

### Kindergarten through 8th Grade

- AdvancED accredited
- Technology equipped facility
- Well-equipped science lab/ STEM Activities
- Extra-curricular activities, including CYO basketball, cheerleading, instrumental music, and performing arts, multimedia, and chess clubs
  - Comprehensive full-day kindergarten
- Before and after care 7:00-8:00 am and 3:00-6:00 pm

Faith \* Excellence \* Service \*

For further information contact Sister Marie Antonelli, M.P.F – Principal at [srmarie@hsspeg.org](mailto:srmarie@hsspeg.org) requesting a phone conference.

[www.HolySpiritSchoolPequannock.org](http://www.HolySpiritSchoolPequannock.org)

Now accepting applications for Fall 2021

## ST. PAUL INSIDE THE WALLS

***Foundations of Catholic Thought*** Join us on Saturday, February 6, from 10:00 a.m. - 12:00 p.m., for a virtual event, *Foundations of Catholic Thought: Hermeneutics (The Art of Biblical Interpretation)*. All are welcome to attend this event hosted by Fr. Paul Manning and Brian Honsberger. The cost is \$10 per person. To register visit: [insidethewalls.org/cat...](https://insidethewalls.org/cat...)

***One Way*** Time is running out to register for February's *One Way on Prayer: Your Relationship with the Trinity*, which will be held online. All are welcome to participate, even if you have not taken part in previous sessions. *One Way* will be held on Wednesday, February 10, 17, and 24, at 7:30 p.m. Register in advance to receive the secure Zoom link by visiting: [insidethewalls.org/one...](https://insidethewalls.org/one...)

We also offer an in-person track for young adults, ages 21-39, on Sunday mornings. Young adults can register by visiting: [insidethewalls.org/one...](https://insidethewalls.org/one...)

***Men's Evening of Lenten Recollection With a Father's Heart: An Evening of Reflection on St. Joseph*** is an opportunity for men from around the diocese to enter deeper into Lent on Friday, February 26, from 7:00 p.m. - 9:00 p.m. Together, we grow in faith, journey closer to God, and strengthen our family bonds. *Conditions at the time of the event will determine if it's to be live or virtual.* If live, the night will include a Lenten meal of delicious bread and hearty soup. Sign up visit: [insidethewalls.org/len...](https://insidethewalls.org/len...)

***Catholicism from Scratch*** *Catholicism from Scratch* consists of six, self-contained sessions on specific topics, focusing on the basics of Catholicism, for those who need a brush-up, those who missed it the first time around, or those who never heard it before. Our next session will be on Saturday, February 27, from 10:00 a.m. to 12:00 p.m. Register in advance to receive the secure Zoom link at: [insidethewalls.org/cat...](https://insidethewalls.org/cat...)

***Being Single, Being Faithful*** Whether single by choice or by circumstance—never married, widowed, divorced, or separated—we must live every “single” day to the fullest. We can find fulfillment in Christ and His Church by embracing the opportunities in the Church for spiritual growth, meaningful service, and a sense of community. The next meeting is on Saturday, February 27, from 10:00 a.m. - 12:00 p.m. For updates on meetings, please visit: [insidethewalls.org/bei...](https://insidethewalls.org/bei...)

***Redeeming Love: A Catholic Understanding & Approach to Questions about Identity, Sexuality, and Gender*** In today's society, questions about identity abound, especially in the areas of sexuality and gender. Our young people are barraged with messages not so subtly suggesting how they should understand themselves and their feelings. What does Catholic teaching have to offer on these sensitive and critically important questions, and how can we share this with the young people we serve? Find out on Saturday, April 17. This is part of the Diocesan Catechetical and Parish Leadership Conference, with renowned speaker Damon Owens, but all are welcome to learn about this very relevant and important topic of today. *Conditions permitting, this will be an in-person event; if not, it will be a virtual conference and those who register will be sent a link in order to access it.*

To learn about our speaker and for more information on the conference, please visit: [insidethewalls.org/202...](https://insidethewalls.org/202...)

# SPIRITUAL REFLECTION

## Fear

“If today you hear God's voice, harden not your hearts.” Words from the Psalm for Sunday.

As a composer, I can understand some of the devices I might use to make a musical setting of this Psalm. But when I hear them I don't really concentrate on any one or the other word. I am taken away by their meaning.

Sunday's Readings give a similar command. We are told to hear with our hearts the word of God, not to get sidetracked.

By what?

The First Reading offers an answer. Moses quotes God's words:

I will raise up for them a prophet like you from among their kin,  
and will put my words into his mouth.

Moses has acted as intermediary between God and the people, and now they are promised another mediator between them and the God they fear.

Fear?

Yes. If you have a bible handy, look at people's reaction to God's gift of the ten commandments (Exodus 19:16). There the Lord descended upon Mount Sinai in great fire and thunder and the blare of trumpets! The people understandably became afraid and trembled and stood far off.

“Don't make us listen to that voice again, or see that great fire again, because we might die from it.”

In today's First Reading, Moses reminds them of this reaction. Fear had frightened the people away from God. They did not even hear the word of God because dread had deadened their hearts.

Do we ever find God too large and threatening for our small selves? Do we ever want to ignore such a voice, especially when it is speaking commandments that go against what we find much easier?

Television and so many movies depict the joys of sins that make them part of the landscape and hard to resist! We can be lured. Maybe we take the name of the Lord our God in vain. Or miss Mass on Sunday. Or—you know the rest—dishonor our parents or desire to commit adultery, or steal or lie, or lust after already committed wives or husbands in spite of their relationships—or ours. Isn't such behavior common in today's world?

But God's voice is a lure also, especially as it evokes the psalm setting, as in the Second Reading. We are to be wrapped in the luxury of God's words, to bask in the beauty of a love that only wants our own good. St. Paul says “I should like you to be free of anxieties.”

So, would we have been afraid of Jesus as well? In the Gospel, we find him teaching “as one having authority.” I suppose the answer, then, is yes. He drove a devil out of the man in the synagogue, who, notice, was violently afraid, no joke about it. Jesus gave a command and “the unclean spirit convulsed [the man] and with a loud cry came out of him.”

Notice: God and Jesus become stern for our good, not because they are destroyers. Destruction is what they are trying to get us to leave behind.

We sing joyfully to the Lord, the psalm says.

All rebukes from the Lord are for our own good. If today we hear God's voice and listen to it and don't harden our hearts out of fear, maybe we will find this out.

John Foley, SJ