

AN ACT OF SPIRITUAL COMMUNION

(by Fr. James Eblen)

Lord Jesus Christ, I give you thanks and praise,
for the ways you make yourself present to me.

By your words in Scripture you speak to me,
renewing my faith and my hope.

I thank you especially for your presence in Eucharist
under the signs of bread and wine.

At this moment I cannot receive you in the Sacrament,
but I love you and I believe that you are with me even now.

I remain with you through the power of the Holy Spirit
which makes all of us One Body in Christ.

I rejoice and give thanks for my union with you now
and I pray that one day I may see you face to face. Amen.

AN ACT OF SPIRITUAL COMMUNION

(by Fr. James Eblen)

Lord Jesus Christ, I give you thanks and praise,
For the ways you make yourself present to me.

By your words in Scripture you speak to me,
Renewing my faith and my hope.

I thank you especially for your presence in Eucharist
Under the signs of bread and wine.

At this moment I cannot receive you in the Sacrament,
But I love you and I believe that you are with me even now.

I remain with you through the power of the Holy Spirit
Which makes all of us One Body in Christ.

I rejoice and give thanks for my union with you now
And I pray that one day I may see you face to face. Amen.