

# Coming Together *Safely*

Welcome! Please follow these guidelines to maintain a safe worship environment for all



## If you are sick, please stay home

The Obligation to attend Sunday Mass and Holy Days of Obligation continues to be suspended as long as the pandemic continues



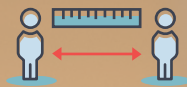
## Follow best hygienic practices

Use hand sanitizer • Avoid touching your face  
Cover coughs and sneezes



## Wear a mask

Recommended for all over the age of two



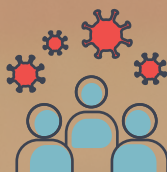
## Practice social distancing

Remain 6 feet away in all directions from others not in the same household



## Follow signs

Please enter and exit through designated doors to maintain proper flow of traffic



## Go in peace

Save social gatherings for when it is safe to do so

**NOTE: See other side for safe Communion protocols**

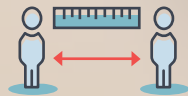
# *Safely returning to* **Communion**

*Please follow these guidelines for all to safely receive the Sacrament*



## **Sanitize**

*Apply hand sanitizer before entering the worship space*



## **Maintain Social Distance**

*Please wait in pew to be dismissed by an Usher*



## **Keep your mask on**

- *Approach the minister wearing your mask*
- *Keep your mask on and reply “Amen” when the minister says, “Body of Christ”*
- *Remove your mask*



## **Receive host in the palms of your hands**

- *Extend both hands, palms up, far in front of you*
- *Remain still as the minister places the Host in your hand*
- *Consume the Host, and replace the mask*



## **Please remember to maintain a social distance**

**NOTE: See other side for safe Mass protocols**



ARCHDIOCESE  
OF  
SAINT PAUL &  
MINNEAPOLIS