



**Is God calling you to be a priest?**  
 "Trust in the Lord with all your heart. . . He will direct your path."  
 (Proverbs 3:5-6)

[www.beapriest.ca](http://www.beapriest.ca)

Canadian Federal Government website for Mental Health help across Canada:

<https://www.canada.ca/en/public-health/topics/mental-health-wellness.html>

**To Eat or Not to Eat**

The original sin is eating that which is forbidden. But the first creature's disobedience is reversed by the obedience of Jesus who refrains from all food and drink for forty days in the desert. For the followers of Jesus no blessings of creation are forbidden. Taking up the Lenten fast, therefore, demands an examination of our assumptions about his discipline of restraint.

Our assumptions are revealed in our language. We say about rich chocolate desserts that they are "sinful." Do we assume that the eating of anything so luscious and delightful is lacking in virtue? Do we harbor some suspicion that God does not delight in our taking delight?

God truly rejoices in our happiness. One paradox of fasting is that in refraining from that which we enjoy day after day we come to cherish and value it even more. This is not unlike the deeper appreciation we have for friends and loved ones who move away or die. In a very real sense the festal excess of Easter depends upon the joyful restraint of Lenten fasting.

One of the prefaces of the eucharistic prayer call Lent "this joyful season." Christian fasting allows the pangs of separation from snacks and even meals to trigger a sense of thanksgiving to God who has given us such delights.

How can fasting be a joyful practice instead of a burdensome obligation?



**Accepting God's Invitation...**



**...to journey through Lament to Hope  
 A Lenten ZOOM Experience  
 Brought to you by Shalom Place**

Through the experience of scripture, journaling, reflection, sharing and prayer, we will name and acknowledge our laments and losses and open ourselves to hearing God's invitation to move to hope with trust and confidence. Come prepared to have time, space and quiet to journal and share in small groups as you are comfortable.

**March 17, 2021 from 10 AM - 12 PM  
 Facilitated by Janet Norman**

Janet Norman is a retired diaconal minister. Janet served at St. Andrew's United Church in Sault Ste. Marie for 33 years. She is keen to encourage others as they explore their connection with God. Janet uses a variety of resources to help people explore their spirituality: scripture, storytelling, journaling, silence, prayer, hymns, poems, art and movement.

**~please register through:  
 shalomplace.ca or through email to:  
 shalomssm@shaw.ca or call  
 705-254-4690 by Monday, March 15.  
 Free-will offerings gratefully  
 accepted! (All participants must be  
 familiar with ZOOM to register.)**

**ST. VERONICA'S CHURCH**

**INFORMATION**  
**559 Douglas St**  
**Sault Ste Marie**  
**P6C 1V3**  
 Ph: (705) 253-9411  
 Hall: (705) 253-4352  
[veronicassm@shaw.ca](mailto:veronicassm@shaw.ca)

**Parish Priest:**  
 Fr. Ron Ambeault

**Parish Council Chair:**  
 Santa De Marco

**Children Sacramental  
 Prep. Coordinator**  
 Fran Boyle

**CWL President:**  
 Rose Linklater

**Knights of Columbus**  
 John Sullivan

**Parish Secretary:**  
 Lisa Maville

**SUNDAY FEBRUARY 28, 2021  
 SECOND SUNDAY OF LENT**



**"The worst enemy of a fragile faith is fear.  
 Do not be afraid!"  
 - Pope Francis**

**Reconciliation**  
 By Appointment

**Baptism :**  
 Expectant parents welcome to register, and speak with Fr. Ron after Mass

**Matrimony :**  
 Must register at least eight months in advance. Book the Church before the hall.

**Communion at Home :**  
 Lay ministers are available to bring Communion to shut-ins. Phone the parish office.

**Prayer-Line :**  
 Rose Marie Spina  
 254-4064  
 Angela Filice 253-8607  
 (Italian)

**Visiting & Card Ministry:**  
 If you wish to send cards or have someone visit people who are confined to their homes. Contact the parish office.

**REGULAR CHURCH  
 OFFICE HOURS  
 CLOSED UNTIL  
 FURTHER  
 NOTICE**

**WEEKLY OFFERINGS**

During this time, we will be collecting donations during Mass or you can please choose to drop off your donation envelopes at our office any time by depositing your envelope in the mail slot of the office door. Thank you to all who give!  
 Website: [veronica.church](http://veronica.church)

**MASS AT ST. VERONICA'S CHURCH EVERY SATURDAY AT 4:00 PM and EVERY SUNDAY AT 11:00 AM - Limit of 48 people per Mass on a first come first serve basis.**

**SATURDAY MASSES ARE LIVESTREAMED AT 4:00 PM  
 website: [veronica.church](http://veronica.church)  
 It will also be available to view Sunday on the website**

**TELEVISED MASS ON SHAW CABLE Channel 10  
 and on BLUE CURVE 105 Every Sunday at 9:00 AM**

## WEEKLY MASS SCHEDULE

**Livestreamed Saturday Masses at 4:00 PM**

**Website: [veronica.church](http://veronica.church)**

**Also available to view Sunday on the website**

**Televised Mass on SHAW CABLE CHANNEL 10 and  
BLUE CURVE CHANNEL 105 - Every Sunday at 9:00 AM**



**Third Sunday of Lent**

**Saturday, March 6, 2021**

**4:00 PM MASS**

**Ida Coccimiglio by her husband Antonio Coccimiglio.  
Settimio Mancuso by Beatrice Mancuso and family.  
Richard Tauvette by Laureanne Ryan and family.  
For the intentions of all parishioners of St. Veronica's.**

**Sunday, March 7, 2021**

**11:00 AM MASS**

**Alfred Mammarella by Alberta and family.  
For the intentions of all parishioners of St. Veronica's.**

### **AUTO-DEPOSIT E-TRANSFERS FOR DONATIONS**

A convenient way we are now accepting donations is through Auto-Deposit E-Transfer. Send your E-Transfer to: [veronicassm@shaw.ca](mailto:veronicassm@shaw.ca) and the donation will automatically be deposited into our Parish's account without the need to create a question or answer! If you are not registered with our Parish, please include your address with the E-Transfer for a tax receipt.

Thank you all for your continued support!

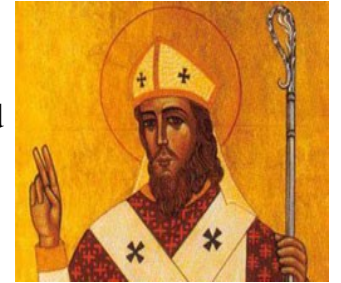
### **FUNDRAISER Livestream Equipment**

**Our Goal: \$15,000  
Raised to date: \$14,805**



### **Pope St. Hilary - Feast Day February 28**

Hilary was born in the late fifth century in Sardinia, Italy, and he became a papal legate to the Robber Council of Ephesus in 449, barely escaping with his life intact. Pope St. Leo the Great used Hilary on many assignments in this legate position, to which Hilary was undoubtedly faithful and obedient. His main legacy included strengthening the Catholic Church in France and Spain by calling councils. He also worked to rebuild Roman churches and constructed the chapel of St. John Lateran. In a feat of courage, St. Hilary publicly reprimanded Emperor Anthemius for supporting the Macedonian heresy that denied the divinity of the Holy Spirit.



### **ALPHA FOR TEENS CHALLENGE**

We are inviting all teenagers of Sault Ste. Marie in high school, as well as those who are in Grade 7 and 8, to hang out and participate in this excellent online program. Group discussions will be with your peer groups only.

We will be meeting for **8 sessions** starting on **Tuesday, March 2nd from 6:30 PM - 7:30 PM and meeting every Tuesday, except during Spring Break which is Tuesday, April 13th.**

Please feel free to ask any questions by emailing St. Veronica's Parish at: [veronicassm@shaw.ca](mailto:veronicassm@shaw.ca)

To register, please visit our website: [veronica.church](http://veronica.church)

