

Ground Rules and Expectations

Groups of Hope

Ground Rules

- **Confidentiality** - What is said in the group stays in the group, unless someone is in danger of hurting themselves or someone else.
- **Respect** - We're not here to debate or reinterpret what others have to say. Focus on how God is speaking to you and share about that.
- **No Correcting or Giving Advice** - We're here to listen to one another, not to critique or psychoanalyze each other.
- **Turn Off Your Video if Needed** - We all have bouts of "Zoom Fatigue." If you need, turn off your video, or turn away from your screen for a period of time, while staying attentive to what others are saying.

Expectations

- **Be Present as Fully as Possible** - Go to a quiet place for the meeting. Silence and put away your phone, watch and/or other electronic devices. Don't open other apps. Don't browse the internet.
- **Be Courteous and Concise** - Allow everyone time to share by not dominating discussion. Perhaps choose to share one thought instead of every thought. If there is more time after all have had a chance to share, share another thought.
- **Be Active Listeners** - God speaks through others. When someone else is speaking, be attentive.