

Praying with Scripture: Lectio Divina

(1) Listen Attentively

(what does it say?)

1. Scripture: One person reads the Scripture and after a pause, reads it a second time. All listen, attentive to the Lord now speaking to them. Listen for a word or phrase that speaks to you.
2. Silence for ~1 minute. Repeat the word or phrase that spoke to you quietly within your heart.
3. Sharing: Each share the word or phrase, with **no elaboration**.

(2) Jesus Speaks to Me

(what does it mean for me?)

4. Scripture: Another person reads the same passage once.
5. Silence for ~2 minutes. All reflect, asking, "What has the Lord said to me or shown me in this reading in the context of my life today?"
6. Sharing: Each share **briefly**: "I hear the Lord saying to me or showing me ..."

(3) Jesus Invites Me to...

(what should I do?)

7. Scripture: Another person reads the same passage once.
8. Silence for ~2 minutes. All reflect on "I believe the Lord wants me to do / to be / to change ... today / this week / this Advent."
9. Sharing: Each share their reflection, **allowing time for all to share**.

(4) Conclusion

Pray in silence for your group. End with an **Our Father** and **Amen**