

Uniform Dress Code

Philosophy of the Dress Code

As a member of the Light of Christ Catholic Schools, St. Mary's Central High School believes it is important for students to adhere to a dress code. The dress code is within a framework that carries on a tradition of pride in being part of a Catholic school community.

- St. Mary's Central High School believes that a student's appearance has an impact on his or her attitude and behavior at school.
- Respect for the school community, for the students themselves and for what the school is giving the students is manifested by an attitude of "dressing up" rather than "dressing down" for school.
- Students are expected to come to school appropriately dressed and groomed. This is primarily the responsibility of the students and parents. The administration and faculty will enforce the policy collectively.
- The dress code is designed to help students develop a sense of modesty and decorum. It should educate them in what is appropriate dress for the proper time and place.
- The school does not see this as an infringement on personal fashion desires, for the student has many off-campus hours to dress as he or she wishes.
- Attending SMCHS is a privilege and the school expects its students to conform to a consistent and acceptable dress code.
- As a sign of mutual respect, as one way of creating an environment of excellence, and of providing an opportunity for the individual student to make a personal commitment to what the school is about, the following dress code has been developed.

All tops listed below must be purchased from the Uniform Center, located in Arrowhead Shopping Center, Bismarck, North Dakota.

All shorts and skirts/skorts listed below must be purchased from the link provided on the school web site for Tommy Hilfiger.

All pants purchased must comply with the guidelines provided in this section, and may be purchased from a vendor of choice.

Polo Shirts

- Long and short sleeved
- Royal blue, white, gray, or black
- May be tucked or untucked

Shorts

- Khaki or black (boys and girls), Charcoal (boys only)
- Length may not be altered or rolled
- Belts are encouraged when shirt is worn tucked in

Skirts/Skortis (girls only)

- Khaki, black, and blue plaid
- All skirts are to be worn on the hip and come no more than 2-3 inches above the top of the knee cap.
- Skirt length may not be altered and may not be rolled.
- Tights/nylons/leggings/knee/crew socks may be worn (in accordance with Christian decency).
- Tights/nylons/leggings must be full length free of patterns or designs, and in black, gray, or white colors.

*Please note as indicated via email sent April 2019 all Uniform Center skirts were phased out at the end of 2018-2019 school year and are no longer permitted to be worn.

Oxford shirts

- Long and short sleeved
- Must be buttoned and tucked in at all times
- White, French blue, black, and purple (girls only)

Sweaters

- Assorted cardigans and V-neck sweaters
- Royal blue and black (boys and girls), black and berry (girls only)

Underclothing

- Solid white, black, royal blue, gray t-shirts only must be tucked in (boys)
- Girls white and colored long-sleeve t-shirts (purchased at Uniform Center) may be worn as an undergarment (girls only) and tucked in
- T-shirts with logos are NOT permitted
- Undergarments may not be worn alone

Outerwear

- Royal blue, black or gray (boys and girls) and white (girls only) quarter and full-zip sweatshirts;
- Royal blue, black, gray, and white crewneck sweatshirts
- Black and gray (boys and girls), white (girls only) puffy vests
- Blue, or black medium weight jackets
- Only uniform issued sweatshirt and jackets are allowed
- May be worn at any time in school

Shoes

- Close-toed shoes are advisable due to the nature of North Dakota weather and the inherent risks that could be encountered during the school day (i.e. science labs).
- Athletic, or tennis, shoes are allowed.
- Footwear must be worn at all times in the school.

Pants (May be purchased at vendor of choice)

- Colors: Khaki, Gray/Charcoal, and Black (light khaki to British khaki but **NO** —khaki green)
- Plain or pleated front (Docker's style)
- Any cut is allowed but no skin or undergarments are allowed to show, front or back
- Hemmed, with or without cuffs
- Wearing a belt is strongly encouraged (must wear belt all day on Mass days)
- Must be of modest fit-**NOT skin tight** (i.e., pants so tight that your calves, thighs, and/or backside are visible such as elastic/stretch/tight-fitting leggings or jeggings)
- The following styles are not permitted: denim, cargo, sweatpants, bibs, leggings, jeggings, joggers, and pajama pants
- The following features and fabric types are not permitted: rivets, frayed ends, tears, drawstring waistband, corduroy, spandex, knit, elastic bottom, holes, and flannel
- Pants that contain extra zippers or pockets will not be in compliance
- Pants must be the appropriate size for the individual and will be worn at the waist
- Pants must be free of contrasting stitching or trim
- Pants must be at least ankle-length
- Pants must not be faded, distressed, or stonewashed

General guidelines

- No caps/hats or bandanas of any type will be worn in the building during school hours
- Accessories must be appropriate and in good taste. Accessories (i.e., chains, etc.) that can be construed as weapons are prohibited.
- Hairstyles and colors that draw attention are prohibited.
- Tattoos must be covered at all times.
- These guidelines are effective during school hours (8:10 a.m. - 3:07 p.m.), including lunch period and off periods.

Boys

- All boys must be clean-shaven.
- Hair should be no longer than collar length and not cover the eyes. Side burns should be no lower than the ear lobe. Hairstyles and colors that draw attention are prohibited.
- Earrings or other body piercings are not allowed during school hours (8:10 a.m. - 3:07 p.m.), or while performing in a school event.

Girls

- Hairstyles, colors, and make-up that draw attention are prohibited.
- Other than earrings worn in the ear, no other body piercings are allowed during school hours (8:10 a.m. - 3:07 p.m.), or while performing in a school event.

Mass Day Attire

- Mass Day attire must be worn throughout the school day
- Girls – Pants (see SMCHS guidelines) or uniform skirt; **oxford shirt**; if desired, a cardigan or vest may also be worn.
- Puffy vests are not allowed during or on Mass Day.
- Boys – Pants (see SMCHS guidelines); oxford shirt with tie; if desired, a sweater or vest may also be worn. Quarter-zip sweatshirt allowed over oxford shirt and tie.
- Oxford shirts must be buttoned and tucked in and belts worn during school hours.

Jeans Day

- Students may wear long blue jeans or jean capri pants (girls only) in good condition (jeans shorts are not allowed).
- Must be of modest fit-**NOT skin tight** (i.e., pants so tight that your calves, thighs, and/or backside are visible such as elastic/stretch/tight-fitting leggings or jeggings)
- The following features and fabric types are not permitted: rivets, frayed ends, tears, drawstring waistband, corduroy, spandex, knit, elastic bottom, holes, and flannel
- Shirts or sweatshirts worn by students must be any Saints logo apparel (i.e. Saints t-shirt). These items are separate from the SMCHS Uniform attire.
- Uniform attire may be worn.

Game Day Team Dress

On game days student-athletes in season may wear the following:

- SMCHS school uniform shorts, pants, or skirts (girls only).
- Team members and head coach, under the guidance of the activities director will determine attire within the parameters of the SMCHS Uniform Policy. Team apparel that does not fall within the Uniform Policy, but is approved by administration, may be worn on game day (i.e. football jersey, warm-up jacket).
- Team apparel must be worn on game days consistent with all team members.
- No team sweatpants may be worn during the school day.
- Co-op athletes must obtain approval from the Athletic Director to wear team apparel on game day.

Dress Code Violation Consequences:

Warning: The violation will be addressed and documented. (This is an alert given to the student that a subsequent violation will be entered into FACTS as a 1st offense.)

1st violation: The violation will be addressed and documented.

2nd violation: The violation will be addressed and documented. Student will serve 1 hour of service to the school. Subsequent violations will include an additional hour of service per offense and may include a formal meeting with administration, which will further address the consequences of the violation.

If a student misses their scheduled service, the time doubles.

*If a student needs to borrow an item of clothing from the office for any reason it will be documented in FACTS as a warning or dress code violation.