

ATLANTA METROPOLIS PHILOPTOCHOS VIRTUAL SPIRITUAL RETREAT

MARCH 19 & 20, 2021



The Three Spiritual Disciplines: Prayer, Fasting, Almsgiving

Presented by:

Frederica Mathewes-Green



Frederica Mathewes-Green is a wide-ranging author whose work has appeared in such diverse publications as the Washington Post, Christianity Today, Smithsonian, Sojourners, Touchstone, and the Wall Street Journal. She has been a radio and TV commentator, a columnist, records a podcast for Ancient Faith Radio, and was a consultant for Veggie Tales. Frederica is an author and speaker in the national forum on topics related to Eastern Orthodox belief and practice. She holds a Master of Theological Studies from Virginia Theological Seminary and a Doctor of Literature (honorary) from King University. Her husband, Fr. Gregory Mathewes-Green is an Eastern Orthodox priest and pastor emeritus of the parish they founded, Holy Cross Orthodox Church in Baltimore MD. She converted to Orthodoxy from the Episcopal Church in 1993 along with her husband and some parishioners from their former parish. Their three children are grown and married, and they have 14 grandchildren.

To register and for detail information about the retreat, ctrl+click to follow this link: [Virtual Spiritual Retreat 2021 - Greek Orthodox Metropolis of Atlanta - Atlanta, GA \(atlmopolis.org\)](https://atlmopolis.org/virtual-spiritual-retreat-2021) or enter <https://atlmopolis.org/virtual-spiritual-retreat-2021>