Metropolis of Atlanta Philoptochos  
Virtual Spiritual Retreat Schedule

Reminder:
Please include your email address and list of names for the Saturday of Souls Service when you register for the Retreat.

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Friday March 19, 2021
6:30 pm - 7:50 pm  Salutations to the Theotokos Service
From St. Barbara Greek Orthodox Church, Durham, NC.
Officiants: Rev. Father Gregory Georgiou and Very Rev. Father D. Stavroforos Mamaies (Parish Priest)
Chanter: Nicholas Georgiou

8:00 pm  Zoom Spiritual Retreat Begins
Welcome and Introduction of Speaker Frederica Mathewes-Green

9:00 pm Closing Remarks

Saturday, March 20, 2021

8:00 am- 9:45 am. Saturday of Souls Service
From St. Barbara Greek Orthodox Church Durham, NC.
Officiants: Rev. Father Gregory Georgiou
Chanter: Nicholas Georgiou

9:45 am -11:15 am Virtual Spiritual Retreat begins.
Introduction Remarks and Session 1:
Speaker Frederica-Mathewes-Green:
The Three Disciplines: Prayer, Fasting, and Almsgiving

11:15 am-11:45 am Break

11:45 am-1:15 pm Session 2
Speaker: Frederica Mathewes-Green

1:15 pm-1:30 pm Closing Remarks