

Metropolis of Atlanta Philoptochos

Virtual Spiritual Retreat Schedule

Reminder:

Please include your email address and list of names for the Saturday of Souls Service when you register for the Retreat.

Friday March 19, 2021

6:30 pm -7:50 pm Salutations to the Theotokos Service

From St. Barbara Greek Orthodox Church, Durham, NC.

Officiants: Rev. Father Gregory Georgiou and Very Rev. Father D. Stavroforos
Mamaies (Parish Priest)

Chanter: Nicholas Georgiou

8:00 pm Zoom Spiritual Retreat Begins

Welcome and Introduction of Speaker Frederica Mathewes-Green

9:00 pm Closing Remarks

Saturday, March 20, 2021

8:00 am- 9:45 am. Saturday of Souls Service

From St. Barbara Greek Orthodox Church Durham, NC.

Officiants: Rev. Father Gregory Georgiou

Chanter: Nicholas Georgiou

9:45 am -11:15 am Virtual Spiritual Retreat begins.

Introduction Remarks and Session 1:

Speaker Frederica-Mathewes-Green:

The Three Disciplines: Prayer, Fasting, and Almsgiving

11:15 am-11:45 am Break

11:45 am-1:15 pm Session 2

Speaker: Frederica Mathewes-Green

1:15 pm-1:30 pm Closing Remarks