

# PARENTING RETREAT

## NOVEMBER 19 - 20, 2021

Parenting is a challenge, whether you're dealing with toddlers or teens! Join Dr. Mamalakis for a discussion on responding to all our children's misbehaviors in a way that helps them become successful adults. Whether it's setting limits, navigating technology, or helping them manage their anger and frustration, we will learn skills and strategies to raise Orthodox Christians in a crazy world. There will be plenty of time for questions and answers.



- \$35 Registration Fee Per Family •
- FREE Child-Care Provided •
- Friday Dinner & Saturday Lunch •

## SAVE THE DATE

Holy Trinity Greek Orthodox Cathedral | 600 East Boulevard, Charlotte, NC 28209

### KEYNOTE SPEAKER

Dr. Philip Mamalakis



Dr. Mamalakis has an M.Div. from Holy Cross and a Ph.D. from Purdue University in child development and family studies, specializing in marriage and family therapy. He has a private practice in Newton, Massachusetts. He is also the author of the book, "Parenting Toward the Kingdom: Orthodox Christian Principles of Child-Rearing."



HOLY TRINITY  
Greek Orthodox Cathedral