

## **Books on the Spiritual Life and Prayer:**

Fr. Thomas Dubay, Fire Within: St. Teresa of Avila, St. John of the Cross and the Gospel-On Prayer, Ignatius Press.

St. John of the Cross, The Collected Works of St. John of the Cross (includes The Ascent of Mount Carmel, The Dark Night, The Spiritual Canticle, The Living Flame of Love, Letters, and The Minor Works) Revised Edition, ICS Publications; Revised edition

St. Teresa of Avila,

- Interior Castle
- The Way of Perfection
- The Book of My Life (Autobiography)
- Letters

St. Therese of Lisieux,

- The Story of a Soul

Fr. Jacques Philippe, any and all of his books

- my favorite is "Interior Freedom"

Peter Kreeft, Prayer for Beginners

## **Books for Mental Prayer:**

Father Gabriel of St Mary Magdalen, O.C.D., Divine Intimacy, Baronius Press

Thomas a Kempis, Imitation of Christ

Francis de Sales, The Devout Life

Fr. John Bartunek, The Better Part: A Christ-Centered Resource for Personal Prayer

A good Catholic daily devotional