

REGNUM CHRISTI GIFTS DISCERNMENT PROCESS FOR SMALL GROUP STUDY

OBJECTIVES:

Sessions 1 – 8

1. Provide a foundational formation step for our emerging leadership needs that God calls each of us to by beginning a transition of thought from *“What do I want for my life?”* to *“What does God want for my life?”*
2. Develop a practical and effective cycle of *“contemplation to apostleship”* to better serve the **RC mission** in the way He wants to call us individually and as a united movement that serves the Church.
3. Develop an understanding of how our God given spiritual gifts/charisms help us to serve others and the Church personally, in our lives and with specific “RC” apostolates that you are called to. (**Mission**)
4. Develop an overview understanding of our **S.H.A.P.E and Kingdom Purpose** to better understand how we are God’s *“Masterpiece.”*
5. Take two Assessments to begin this journey in Eucharistic Adoration (**for those that have not done so or would like to take them again**)
 - a. *Kingdom Purpose Assessment (S.H.A.P.E.)*
 - b. *Catherine of Siena Called and Gifted Inventory (Spiritual Gifts Assessment)*
6. Continue to deepen our RC integral Formation by using our spiritual charisms for how/where God calls us.
 - a. *The purpose of **spiritual formation** is to achieve in each RC member a deep and solid spiritual life, built on their knowledge, love and imitation of following Christ.*
 - b. *The purpose of **apostolic formation** is to form in each member, the heart of an apostle, full of zeal for the salvation of mankind, and to be effective in some work of evangelization at the service of the church.*
 - c. *The purpose of **intellectual formation** is a broad and deep understanding of Catholic doctrine in perfect harmony with the Magisterium of the Church.*
 - d. *The purpose of **human formation** is to acquire a rich and balanced personhood, full of human virtues and values, which will serve as a solid base for the supernatural action of grace. As Regnum Christi women, we must come to know ourselves and accept this knowledge to effectively work in concert with God’s grace, to be more like Jesus Christ as we serve our families and the Church.*
7. Develop an overview understanding of the most common 24 spiritual charisms God gives for the service of others identified and taught by Catherine of Siena Institute (CoS) for over twenty years to Catholic Dioceses across the U.S.
 - a. **NOTE:** This is the **framework or foundation** of the materials we will be exploring, but not the entirety of the program. We have purposely customized these materials for Regnum Christi and used multiple references in addition to CoS materials.
8. Understand how “we” can personally align our **Regnum Christi Vision, Mission and Spirituality** to a more purposeful driven service to the Church through our individual involvement and sharing of spiritual charisms.

Sessions 9 – 13 (Additional Materials will be provided for these sessions at a later date to further customize to Regnum Christi)

Develop an understanding of *“Discernment in Depth”* and how God is calling you personally and collectively to intentional discipleship and “Mission” with all the spiritual gifts/charisms He has provided to you.

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	AGENDA SESSION TOPIC(S)	RESOURCES TO BE USED FOR PREPARATION BEFORE AND DURING MEETINGS RED = Materials from Convention to be found on rcohiovalley.org BLUE = Materials in the Catherine of Siena Called and Gifted Small Group Process CD's and booklets	SESSION OBJECTIVES
Session 1	Introduction; Overview of Process; The Mission of the Laity, Office of the Church; Sharing your Spiritual Gift for Discernment	<ol style="list-style-type: none"> 1. <u>Introduction Convention Talk:</u> (Introduction Word Document; Power Point Slides 3-5; and video Talk Introduction.) 2. <u>Called and Gifted I - Session 1</u> 	<ol style="list-style-type: none"> 1. Provide a RC specific understanding to “Why” we are embarking upon this formation journey. 2. Clarify the difference between the Mission of the Laity; the Office of the Church; and Why we are called to share our spiritual Gifts/Charisms.
Session 2	S.H.A.P.E and “Kingdom Purpose Assessment”	<ol style="list-style-type: none"> 1. <u>Convention -Talk 1 - Masterpiece; Mission and Role of RC Member</u> (Word Document Talk 1; Power Point slides 6-14; and video Talk 1.) 2. <u>Reference Book:</u> <i>S.H.A.P.E Finding & Fulfilling your unique Purpose for Life</i>, by Erik Rees (Chapters 1, 2 and 10) 	<ol style="list-style-type: none"> 1. Develop an understanding of how we are God’s Masterpiece, our Mission and the Unique Role of the RC Woman. 2. Develop and introductory understanding of our S.H.A.P.E. (<i>Spiritual gifts; Heart; Abilities; Personality; Experiences</i>)
Session 3	Discerning the Will of God	<ol style="list-style-type: none"> 1. <u>Convention Talk 2 - An Overview of Discerning the Will of God;</u> (Word Document Talk 2; Power Point slides 15 – 30; and video Talk 2.) 2. <u>Reference Book:</u> <i>Discerning the Will of God</i>; Fr. Timothy Gallagher 	<ol style="list-style-type: none"> 1. Develop an overview understanding of Discernment based upon the spiritual exercises of St. Ignatius. 2. Gain insight into fruitful discernment for our spiritual growth.
Session 4	Understanding your Inventory Scores; Charisms and the Holy Spirit	<ol style="list-style-type: none"> 1. <u>Convention Talk 3 – Understanding the Spiritual Gifts or Charisms;</u> (Word Document Talk 3; Power Point slides 32-55; video Talk 3.) 2. <u>Called and Gifted I – Session 2</u> 	<ol style="list-style-type: none"> 1. Develop a basic understanding of: <ol style="list-style-type: none"> i. Understanding your scores ii. The Holy Spirit and Charisms iii. Charism Characteristics iv. Types of Charisms
Session 5	Pastoral, Organizational, and Communication Charisms	<ol style="list-style-type: none"> 1. <u>Convention Talk 4 - Understanding the Spiritual Gifts continued:</u> (Word Document Talk 4; Power Point Slides 56-73; video Talk 4) 2. <u>Called and Gifted I – Session 3</u> 	<ol style="list-style-type: none"> 1. Develop a basic understanding of: <ol style="list-style-type: none"> i. Pastoral Charisms ii. Organizational Charisms iii. Communication Charisms
Session 6	Discerning Charisms; Charisms of Understanding and Healing	<ol style="list-style-type: none"> 1. <u>Convention Talk 5 – Understanding the Spiritual Gifts continued.</u> (Word Document Talk 5 pages 1-18; Power Point slides 74-96; and video 1st ½ of talk 5.) 2. <u>Called and Gifted I – Session 4</u> 3. <u>Called and Gifted I Session 5 - through the “Creative Charisms only.”</u> 	<ol style="list-style-type: none"> 1. Develop a basic understanding of: <ol style="list-style-type: none"> i. Healing Charisms ii. Charisms of Understanding iii. Creative Charisms

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Session 7	Creative and Lifestyle Charisms;	<p>1. <u>Convention Talk 5 – Understanding the Spiritual Gifts continued:</u> (Word document Talk 5 pages 18-23; Power Point slides 97-102; video Talk 5 (2nd 1/2.)</p> <p>2. <u>Called and Gifted I – Session 5 “Lifestyle charisms only”</u></p>	<p>1. Develop a basic understanding of:</p> <p>i. Lifestyle Charisms</p>
Session 8	<p>Pulling it all Together and Discernment to date:</p> <p>Team sharing and Dialogue;</p> <p><i>Personal sharing of the Discernment Process and Validation of the Gifts in each other.</i></p>	<p>1. <u>Convention Talk 6 - Pulling it all Together:</u> (Word document Talk 6; Power Point slides 103 - 122; video Talk 6.)</p> <p>2. <u>A review of the 5 Steps of Discernment and Personality from Session 4 CD will be reviewed in more depth here in this final session of Called and Gifted I</u></p>	<p>1. Develop a basic understanding of:</p> <p>i. Five Steps of Discernment</p> <p>ii. Personality and Discernment</p> <p>iii. How Discernment changes your Life</p> <p>iv. Next Steps for Discerning your charisms</p>
Session 9	Review of the Nature of Charisms; Charism vs. Mystical Experience; Signs of a Charism; Why Discern Charisms	<p><u>Additional resources will be provided to continue to incorporate this process within the RC Movement</u></p> <p><u>Discernment in Depth - Called and Gifted II – Session 1</u></p>	TBD
Session 10	Releasing Control/Prayer for Healing	<p><u>Additional resources will be provided to continue to incorporate this process within the RC Movement</u></p> <p><u>Discernment in Depth - Called and Gifted II – Session 2</u></p>	TBD
Session 11	The Lay office; the Ordained and Consecrated Office; Collaboration and Interdependence (<i>Building Communion and Unity between the Branches</i>)	<p><u>Additional resources will be provided to continue to incorporate this process within the RC Movement</u></p> <p><u>Discernment in Depth - Called and Gifted II – Session 3</u></p>	TBD
Session 12	Gift Mix	<p><u>Additional resources will be provided to continue to incorporate this process within the RC Movement</u></p> <p><u>Discernment in Depth - Called and Gifted II – Session 4</u></p>	TBD
Session 13	Discerning your vocation.	<p><u>Additional resources will be provided to continue to incorporate this process within the RC Movement</u></p> <p><u>Discernment in Depth - Called and Gifted II – Session 5</u></p>	TBD