



RULE OF LIFE OF THE LAY FAITHFUL ASSOCIATED TO THE REGNUM CHRISTI FEDERATION

Chapter One of the Federation's "Rule of Life of the Lay Faithful" discusses the identity and way of life of the lay members of Regnum Christi. It covers spiritual life, formation, apostolate, team life, and personal & communal accompaniment.

Chapter 1. Identity and way of life of the lay members of Regnum Christi

Article 4. Personal Accompaniment

Accompaniment

11. Accompaniment (see Statutes of the Regnum Christi Federation 35 §1*) is a responsibility shared by the lay member, who should seek it, and Regnum Christi, which should offer it. This accompaniment is realized especially in personal and sacramental attention, team life, and apostolic formation and follow-up.

Spiritual direction

12. Lay members of Regnum Christi seek regular spiritual direction as a traditional means offered by the Church for spiritual growth. Through it, they learn to discern God's will and to embrace it with love.

Dialogue with the team leader

13. Lay members of Regnum Christi are accompanied by their team leader, who through frequent dialogue helps them as a friend and brother or sister on their journey of personal and apostolic growth.

* Statutes of the Regnum Christi Federation 35 §1

Accompaniment is required to form convinced apostles who aspire to the fullness of life in Christ. Accompaniment is understood as close, stable personal attention marked by selfless service. It seeks to help the other be open to the action of grace and contribute their own human collaboration, so they can respond to the questions and challenges they encounter on their journey of human and spiritual growth.

TEAM LEADER GUIDELINES

Second Part: The Team Leader

Priority Tasks – page 5

Giving personal attention to the members means looking out for their growth in holiness, forming formators, and helping them on their path to vocational plenitude. It means keeping up with each member's personal situation and needs, and walking with them as they follow Christ in the different circumstances of their lives. It also includes the work of transmitting the mystique of belonging, growth, and generosity to members and friends. To carry out this task, the team leader uses dialogue with the team members and times of fellowship with them.

Give personal attention – page 7

29. The fundamental task of the team leader is to help the members to:

- Mature in their Christian commitment
- Live their apostolic commitment coherently
- Become more integrated with the Movement
- Maintain a strong zeal for the salvation of souls
- Generously join into the Movement's joint action

In short, it is about helping the team members become true men and women of the Kingdom who live the mission with passion and love. The life of the Movement depends on it, since Regnum Christi is not its works and buildings, but rather its men and women.

30. In this task of accompanying, the team leader should always bear in mind the member's personal situation. Following the rhythm of God's grace, she should help the member to model her life more and more after the ideal of the woman of the Kingdom. While holding up this ideal, she should also bear in mind that this is achieved step by step in a gradual way. Her task is to help her members aspire to this ideal without resting on their laurels.

31. After personal witness, the most important means that the team leader has to achieve her objectives, and which she should apply with responsibility, constancy, and maturity, is personal dialogue with each member. In dialogue, the team leader exercises her function as a formator in all matters having to do with Regnum Christi. It is recommended to meet monthly with each member for a maximum of thirty minutes.

Purpose: Care for each member of the team to know her better, be up to date on her personal situation, and help her to live out the commitments faithfully, grow in her spiritual life; know, love, and spread the Movement; and participate in apostolic action.