


REGNUM CHRISTI  
Legionaries • Consecrated Members • Lay Members

Regnum Christi Team Leader Training

Formation of the Team and its Members

January 11, 2020

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The Regnum Christi Federation – a spiritual family

- Legion of Christ
- Society of Apostolic Life of Consecrated Women of Regnum Christi
- Society of Apostolic Life of Consecrated Men of Regnum Christi
- Associated Faithful

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**Associated Faithful -**

*Ch 1, 2. 1. ° lay faithful who do not assume the evangelical counsels by a sacred bond, and who personally embrace a vocation to fully live their baptismal commitments in the midst of temporal realities according to the spirit and mission that inspires this Federation; (Statutes)*

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Renewal produced 2 documents directly relevant to we the associated faithful/lay RC:

- Statutes of the RC Federation (Statutes)
- Rule of Life of the Lay Faithful Associated to the Regnum Christi Federation (Rule)

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- The Contribution of the Lay RC members:
- ***Chapter 1, 5. §4. The associated faithful contribute their secular nature and their apostolic action. The laypeople extend Christ's presence in the midst of the world and seek to transform temporal realities with the message of the Gospel, especially family life, professional life and life in society. (Statutes)***

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All members of Regnum Christi Federation:


***Chapter 2, Article 1***

***Ultimate purpose***

- ***7. We seek to give glory to God and make the Kingdom of Christ present in the hearts of all people and in society, by our sanctification in the state and condition of life to which God has called us, and by personal and communal apostolic action. (Statutes)***

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***Our Mission***

- ***8. To fulfill our mission, we seek to make present the mystery of Christ who goes out to people, reveals the love of his heart to them, gathers them together and forms them as apostles and Christian leaders, sends them out and accompanies them as they collaborate in the evangelization of people and of society. (Statutes)***

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Beautiful 20 minute presentation on these 2 sections by Fr. Brett Taira, LC – Heart of the RC Federation

Easy way to begin exposing your teams to the Statutes and putting in words what we feel in our hearts about the Movement.

<https://soundcloud.com/brett-taira-lc/heart-of-the-regnum-christi-federation>

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- Note the key words of our mission
- *8. To fulfill our mission, we seek to make present the mystery of Christ who goes out to people, **reveals** the love of his heart to them, gathers them together and **forms** them as apostles and Christian leaders, **sends** them out and accompanies them as they collaborate in the evangelization of people and of society. (Statutes)*

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**Chapter 2, Article 2, Appropriate formation**

- *30. § 1. . . . This formation must help us discover the full meaning of our lives in Christ, be configured to him, and fulfill our mission. Formation should be integral and include all the dimensions of the person.*
- *§ 2. Each federated institution is responsible for the formation of its members . . . (Statutes)*

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**Chapter 1, Article 2, Formation**

- *6. Lay members of Regnum Christi begin a journey of formation . . . This journey helps them to grow in human and Christian maturity according to their state in life, to collaborate effectively in the apostolate, and to illuminate and transform the realities of the world in Christ.*
- *7. § 1. Lay members of Regnum Christi assume personal responsibility for their own formation. (Rule)*

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**Formation Within The Team  
Intellectual/Human**

Study Circles  
Team Analysis  
Team Dialogue

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## Study Circles

- **Materials**
  - Statutes/Rule of Life
  - Writings of the Popes, current awareness
  - Gifted and Blessed/Temperments, understanding ourselves
  - Shorter Books that delve into spiritual aspects (ie: Fr. Jacques Phillippe)
  - RC Essays that help us understand particular aspects of RC (ie: [Sharpening Your Tongue](#))
- **When** - work these into team life as appropriate for your team
  - After an encounter for a specific amount of time (30-40 mins)
  - Replace an encounter once a month
  - Separate meeting time from encounter
- **Structure** – depends on material chosen
  - Choose something designed as group study w/ discussion questions
  - Have a team member volunteer to create a few questions each chapter
  - Independent reading or read together as a group

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## Team Analysis

- **Additional opportunity for bonding as a team**
  - Have snacks!
  - Group conversation and social time with a purpose
  - Discussion of team apostolic activity
  - Discussion of study circle materials
- **When – what works best for team**
  - Dayton teams use the 5<sup>th</sup> Monday in the months it occurs

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## Team Dialogue

- Team leader stays in contact with individuals; accompanying them on the path regarding the team
- Forging a deeper bond between the members and team leader through better understanding of each person
- Keep individual member connected to greater whole of RC

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## Formation Within The Team

### Spiritual

Monthly Retreats  
Spiritual Exercises  
Spiritual Direction

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## Monthly Retreats

Structured/planned time to be with Christ

- Mornings/Evenings of Reflection
- RCSpirituality.org – can be done individually or as a team

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## Spiritual Exercises

Critical component of an RC member's spiritual life

- Discuss schedule/opportunities often in Encounter/Team Analysis
- Creative ways to assist/enable team members to attend
- Scholarship/fundraising so money is not an obstacle

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## Spiritual Direction

DO NOT inquire about what is being discussed during direction

- Discuss in Team Dialogue – have a spiritual guide? Are able to make it there?
- Discuss in Team Analysis – Do women need babysitters? Carpooling? Group schedules?

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## Formation Within The Team

### Other Types

Regnum Christi Conventions  
Days of Formation  
National & Local Websites

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## Other Types

Regnum Christi Conventions

- sense of broader RC lay initiatives/apostolates
- RC family time!
- Sense of belonging

Days of Formation


- Focused on particular topic
- Further education and knowledge

National & Local Websites

- Highlight current happenings within movement
- Archived formation documents/materials
- Blogs

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### ***Chapter 3, Article 1***

***35 §1. Accompaniment is required to form convinced apostles who aspire to the fullness of life in Christ. Accompaniment is understood as close, stable personal attention marked by selfless service. It seeks to help the other be open to the action of grace and contribute their own human collaboration, so they can respond to the questions and challenges they encounter on their journey of human and spiritual growth. (Statutes)***

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