

Living Catholic Culture Today

Exploring the richness of Catholic culture in our everyday lives

A retreat series hosted by Regnum Christi women of Greater Cincinnati

- This month's retreat explores the cultural aspect of ***Christian Unity ~ Healthy Communion in the Age of Me, Myself and I***

What is Culture?

Culture is a group's lived response to life's most fundamental questions of meaning and purpose... *Who am I? What is my purpose?*

Points for Reflection

Unity Definition:

- I'm aware of others
- I'm not focused only on myself
- The state of being united or joined as a whole
- Absence of division

Pope Francis

"We have to pray together as Catholics and also with other Christians, pray that the Lord give[s] us the gift of unity, unity among us. But how will we have unity among Christians if we are not capable of it among ourselves, as Catholics? Or in our families? So many families fight and are divided! Seek unity, the unity that builds the Church. Unity comes from Jesus Christ. He sends us the Holy Spirit to create unity" (General Audience, June 19, 2013).

Virtues that help create Unity

- Knowledge: Understand what people are going through
 - For this very reason make every effort to supplement your faith with virtue and virtue with knowledge (2 Peter 1:5)
- Empathy: Put myself in their shoes
 - So whatever you wish that others would do to you, do also to them, for this is the Law and the Prophets. (Mt 7:12)

Discussion Questions

- Share a time when you felt unified with your brothers and sisters in Christ. What were the outcomes of those feelings?
- Consider your personal life of prayer, your unique union with Jesus. Is there anything about your union with Jesus that you would like to be different? Have you talked to Him about it?
- As the time of holidays approaches, what can I do in my prayer and actions to bring about more unity in my family? What virtues might I practice in addition to growing in knowledge and empathy?

Join us next month Wed, Dec 9th @ Holy Spirit Center

My Soul in Stillness Waits

An Advent Celebration for the Whole Family



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