

# Living Catholic Culture Today

*Exploring the richness of Catholic culture in our everyday lives*

*A monthly retreat series hosted by the Regnum Christi women of Greater Cincinnati*

- This month's retreat explores the cultural aspect of *Faith over Fear* ~  
*Discovering our personal growth in response to the Covid19 Culture*

## Introduction

What is Culture?

*Culture is a group's lived response to life's most fundamental questions of meaning and purpose... Who am I? What is my purpose?*

## Meditation Points – Fr Thomas Flynn, LC

Gospel Luke 24:36+

Point 1: Why are you frightened?

Quote from Pope Benedict Meeting with Young People and Seminarians  
Address at St Joseph Seminary, Yonkers, NY on April 19, 2008

[http://www.vatican.va/content/benedict-xvi/en/speeches/2008/april/documents/hf\\_ben-xvi\\_spe\\_20080419\\_st-joseph-seminary.html](http://www.vatican.va/content/benedict-xvi/en/speeches/2008/april/documents/hf_ben-xvi_spe_20080419_st-joseph-seminary.html)

Point 2: Jesus invites us to come closer

Quote from Regnum Christi Member Handbook #74

Point 3: Jesus opens our minds.

Quotes from Regnum Christi Member Handbook #247-8

Concluding Thought: What are you seeking? Is my heart full of joy?

After encountering the Risen Lord, the disciples went back to the temple and were full of joy. The hope that never disappoints is Jesus Christ! No more fear!

Phil 4:6-7

*Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.*



REGNUM CHRISTI  
OHIO VALLEY

[www.rcohiovalley.org](http://www.rcohiovalley.org)

# Living Catholic Culture Today

*Exploring the richness of Catholic culture in our everyday lives*

## Conference Points – Janet Lees

A fundamental question in crisis, Covid19 or otherwise, is... Do I trust God? Do I believe in God's goodness?

CCC 397 Man, tempted by the devil, let his trust in his Creator die in his heart and, abusing his freedom, disobeyed God's command. This is what man's first sin consisted of. All subsequent sin would be disobedience toward God and lack of trust in his goodness.

## Learning from the Saints

St Ignatius ~ Of consolation and desolations, why does God permit desolation?

- 1) Bring us closer to Him
- 2) Purify us of sin and attachment
- 3) Know that He is God

## Small Group Discussion Questions

- 1) What is my fundamental belief about God? How do I see God's identity?
- 2) What has been my experience since March 13<sup>th</sup> when stay home orders began? Has this been a time of consolation or desolation, or perhaps both?
- 3) What has this time taught me about God's identity? Consider a spiritual examen. How has my trust in Him, my Creator been restored in my heart? How am I loving? Where have I been loved? How am I allowing God to work in my life?
- 4) Looking ahead to the new "normal", what has God created anew in me? What will I carry into the new "normal" as we approach a post-Covid culture? For this question, perhaps organize your thoughts around either;  
~ the 3 points of reasons for desolation from St Ignatius or  
~ the perspective of the Regnum Christi formation pathway, considering my personal growth intellectually, humanly, spiritually and in my state in life?

Join us next month on Wed, June 10<sup>th</sup> for *Aging Gracefully*



REGNUM CHRISTI  
OHIO VALLEY

[www.rcohiovalley.org](http://www.rcohiovalley.org)